



TEAM MANUAL

CONTENTS

| | | |
|----------|--|----|
| 1 | GENERAL INFORMATION | 4 |
| 1.1 | Host Country Spain | 4 |
| 1.2 | Host City Madrid | 5 |
| 2 | TRANSPORTATION | 6 |
| 2.1 | Arrivals | 6 |
| 2.1.1 | Official Airport and Welcome Services | 6 |
| 2.1.2 | Arrival by Road | 7 |
| 2.1.3 | Visa Requirements | 7 |
| 2.1.4 | Insurance | 8 |
| 2.2 | Local Transportation | 8 |
| 2.2.1 | Shuttle service | 8 |
| 2.2.2 | Transportation of vaulting poles | 8 |
| 2.3 | Departure | 8 |
| 3 | ACCREDITATION | 9 |
| 3.1 | General | 9 |
| 3.2 | Team Accreditation Centre | 9 |
| 3.3 | Registration procedure | 9 |
| 3.4 | Accreditation procedure | 10 |
| 3.5 | Access Areas for Teams and Special Passes | 10 |
| 4 | ACCOMMODATION | 11 |
| 4.1 | General Information | 11 |
| 4.2 | Official Team Hotel | 11 |
| 4.3 | Accommodation costs | 11 |
| 4.3.1 | Travel subvention | 12 |
| 4.4 | European Athletics regulations – finances & competition | 12 |
| 4.4.1 | Payment procedures | 12 |
| 4.4.2 | Extra Charges | 12 |
| 4.4.3 | Rooming list | 13 |
| 4.4.4 | Meals | 13 |
| 4.5 | Services in the Team Hotel | 13 |
| 4.5.1 | Information Desk | 13 |
| 4.5.2 | Meeting rooms | 13 |
| 4.5.3 | Rooms for physiotherapy | 14 |
| 4.5.4 | Internet access | 14 |
| 4.5.5 | Check-in / check-out times | 14 |
| 5 | TECHNICAL INFORMATION | 15 |
| 5.1 | Technical Information Centre (TIC) | 15 |
| 5.1.1 | Virtual TIC | 15 |
| 5.1.2 | Orientation Tour and Technical Update | 16 |
| 5.1.3 | Written Questions | 16 |
| 5.1.4 | Team Leaders' WhatsApp Group | 16 |
| 6 | COMPETITION & TRAINING VENUES, EQUIPMENT & IMPLEMENTS | 17 |
| 6.1 | Competition Venue | 17 |
| 6.2 | Warm-up Venue | 17 |

| | | |
|----------|--|-----------|
| 6.3 | Official training at the Competition Venue | 17 |
| 6.4 | Training Venue (all events except Pole Vault)..... | 18 |
| 6.5 | Equipment & Implements | 18 |
| 6.5.1 | Official Implements..... | 18 |
| 6.5.2 | Personal Implements..... | 19 |
| 6.5.3 | Markers..... | 19 |
| 7 | ENTRY SYSTEM & FINAL CONFIRMATIONS | 20 |
| 7.1 | Programme and Structure | 20 |
| 7.2 | Entry Procedures..... | 20 |
| 7.2.1 | Final Entries..... | 21 |
| 7.2.2 | Changes in logistics data | 21 |
| 7.2.3 | Final Confirmation..... | 21 |
| 7.2.4 | Relays Declaration Forms..... | 22 |
| 7.2.5 | Failure to Participate..... | 22 |
| 7.2.6 | Withdrawal | 22 |
| 8 | COMPETITION PROCEDURE | 23 |
| 8.1 | Timetable..... | 23 |
| 8.2 | Competition Bibs..... | 23 |
| 8.3 | Competition clothing | 23 |
| 8.3.1 | Competition shoes | 23 |
| 8.4 | Call Room | 24 |
| 8.4.1 | Call Room Procedures | 24 |
| 8.5 | Coaching Zones | 25 |
| 8.6 | Specific Event Regulations | 25 |
| 8.6.1 | European Athletics Team Championships Regulations | 25 |
| 8.6.2 | Horizontal Field Events..... | 25 |
| 8.6.3 | Vertical Jumps | 25 |
| 8.6.4 | Track events | 26 |
| 8.7 | Lane Draw and Starting Order | 26 |
| 8.7.1 | Field Events | 26 |
| 8.7.2 | Track Events | 26 |
| 8.8 | Specific Event Procedures | 27 |
| 8.8.1 | Track Events | 27 |
| 8.8.2 | Trials in Field Events..... | 27 |
| 8.9 | Post Competition Procedures | 27 |
| 8.10 | Scoring, Promotion & Relegation | 27 |
| 8.11 | Protests..... | 28 |
| 9 | MEDICAL SERVICES & DOPING CONTROL..... | 29 |
| 9.1 | Medical Services | 29 |
| 9.1.1 | Medical Services in the Team Hotels | 29 |
| 9.1.2 | Medical Care at the Competition Venue | 29 |
| 9.1.3 | Responsible use and discarding of needles at European Athletics events | 29 |
| 9.2 | Physiotherapy Services..... | 30 |
| 9.2.1 | Physiotherapy Services in Team Hotels | 30 |
| 9.2.2 | Physiotherapy Services at Warm-up Venue..... | 30 |
| 9.3 | Doping Controls..... | 31 |

| | | |
|-----------|--|-----------|
| 9.3.1 | General Information | 31 |
| 9.3.2 | Additional Controls | 31 |
| 10 | CEREMONIES & SOCIAL FUNCTIONS | 32 |
| 10.1 | European Athletics & LOC Dinner | 32 |
| 10.2 | Opening Ceremony | 32 |
| 10.3 | Medal Ceremony | 32 |
| 10.4 | Closing Party | 32 |
| 11 | SAFEGUARDING | 33 |
| 12 | SUSTAINABILITY | 34 |
| 13 | APPENDICES | 33 |
| | Appendix 1 – Official event venues..... | 33 |
| | Appendix 2 – Official Implement List..... | 34 |
| | Appendix 3 – Timetable | 35 |
| | Appendix 4 – Competition and Warm-up Area | 36 |
| | Appendix 5 – Infield Layout & Stands Distribution | 37 |
| | Appendix 6 –Training Venue | 38 |
| | Appendix 7 –Pole Vault Competition Venue and Facilities (Royal Palace) | 39 |
| | Appendix 8 – Lane draw and starting order | 40 |

1 GENERAL INFORMATION

1.1 Host Country Spain

Spain is a vibrant country in Southwestern Europe, known for its rich history, diverse culture, and stunning landscapes. It is bordered by France, Portugal, Andorra and Gibraltar, with coasts along the Mediterranean Sea and Atlantic Ocean. Spain's history includes the Roman Empire, Moorish influence, and the unification of its kingdoms in the late 15th century.

The country is famous for its regional diversity, with languages like Spanish, Catalan, Basque, and Galician. Spanish cuisine is world-renowned, featuring dishes like paella, tapas, and churros. Spain also boasts impressive architecture, such as the Alhambra, Sagrada Familia, and Prado Museum.

The country is home to lively festivals like the running of the bulls in Pamplona and La Tomatina. Spain's sunny climate and beautiful beaches, along with its rich cultural heritage, make it a popular destination for travellers.

| | |
|------------------------|--|
| Form of Government | Parliamentary Monarchy |
| Location | Southwestern Europe |
| Area | 505,370 km ² |
| Population | 49.077.984 (1 January 2025) |
| Coastline | Mediterranean Sea & Atlantic Ocean |
| Climate | Continental & Mediterranean |
| Language | Spanish |
| Religion | Catholic |
| Capital | Madrid |
| Local Time | GMT +1 |
| Electricity | 220V (plugs type C & F) |
| Telephone Country Code | +34 |
| Mobile Phone Networks | Movistar, Orange, Vodafone, Yoigo, Pepephone |
| Currency | Euro (€) |

1.2 Host City Madrid

Madrid, the capital of Spain, is a vibrant city filled with history, culture, and modern charm. Located in the heart of the Iberian Peninsula, it is not only Spain's largest city but also one of Europe's most dynamic cultural centres. Known for its grand architecture, world-class museums, and lively atmosphere, Madrid attracts millions of visitors each year.

One of Madrid's most famous landmarks is the Royal Palace, a stunning example of European Baroque architecture. It is open to the public, offering visitors a chance to explore its opulent rooms and gardens. Nearby, the Almudena Cathedral stands as a symbol of the city's religious and cultural heritage.

Madrid is home to some of the world's finest art collections. The Prado Museum showcases masterpieces by Spanish artists like Velázquez and Goya, while the Reina Sofía Museum houses works by Picasso, including his iconic Guernica. These museums, along with the Thyssen-Bornemisza Museum, make Madrid a must-visit for art lovers.

The city's lively streets, such as Gran Vía, are lined with theatres, shops, and restaurants. Puerta del Sol, the city's central square, is another popular spot, often bustling with activity. Madrid also offers green spaces like Retiro Park, a peaceful retreat where visitors can relax or rent boats on its large lake.

Known for its vibrant nightlife, Madrid is a city that comes alive after dark. The neighbourhoods of La Latina and Malasaña are particularly popular for tapas bars and lively bars.

With its perfect blend of history, culture, and modern life, Madrid offers a unique experience for every visitor.

2 TRANSPORTATION

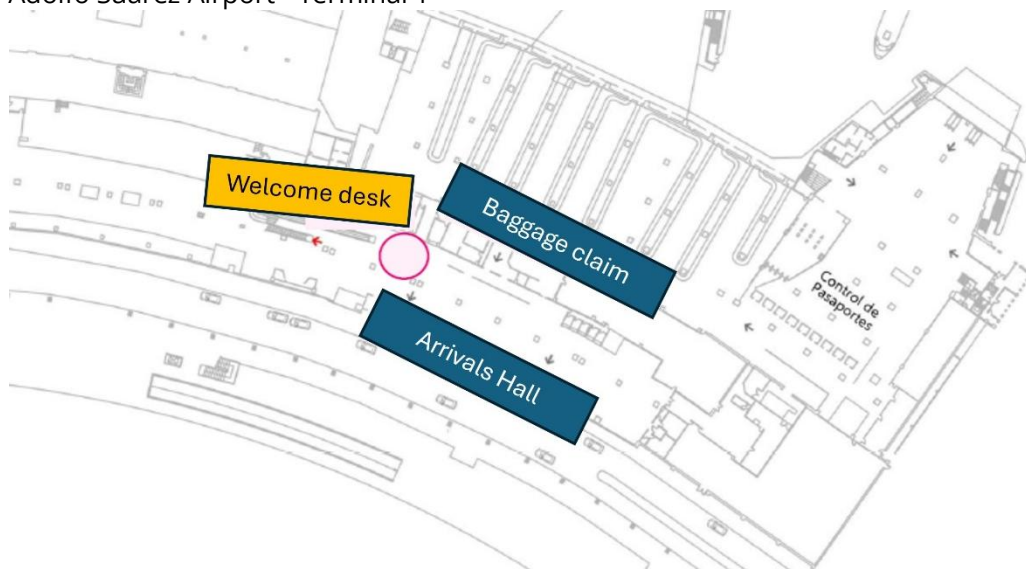
2.1 Arrivals

2.1.1 Official Airport and Welcome Services

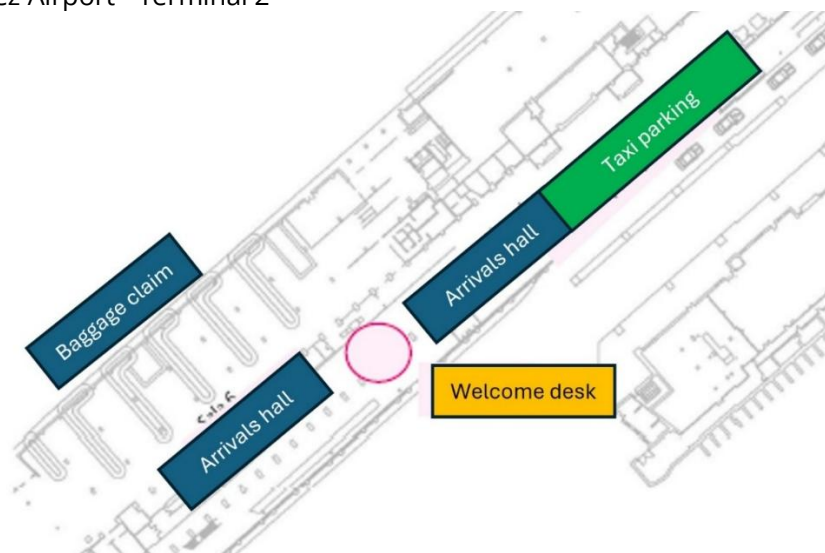
The official airport is Adolfo Suárez Madrid-Barajas Airport (MAD) which is about 10 minutes' drive to the Team Hotel and 30 minutes' drive from the competition venue.

Upon arrival at Adolfo Suárez Madrid-Barajas Airport the Teams will be met by the LOC at the Welcome Desk located in the arrivals area of Terminals 1, 2 and 4 (after baggage reclaim). Upon arrival Teams will be escorted to the Team buses pick-up point by LOC volunteers.

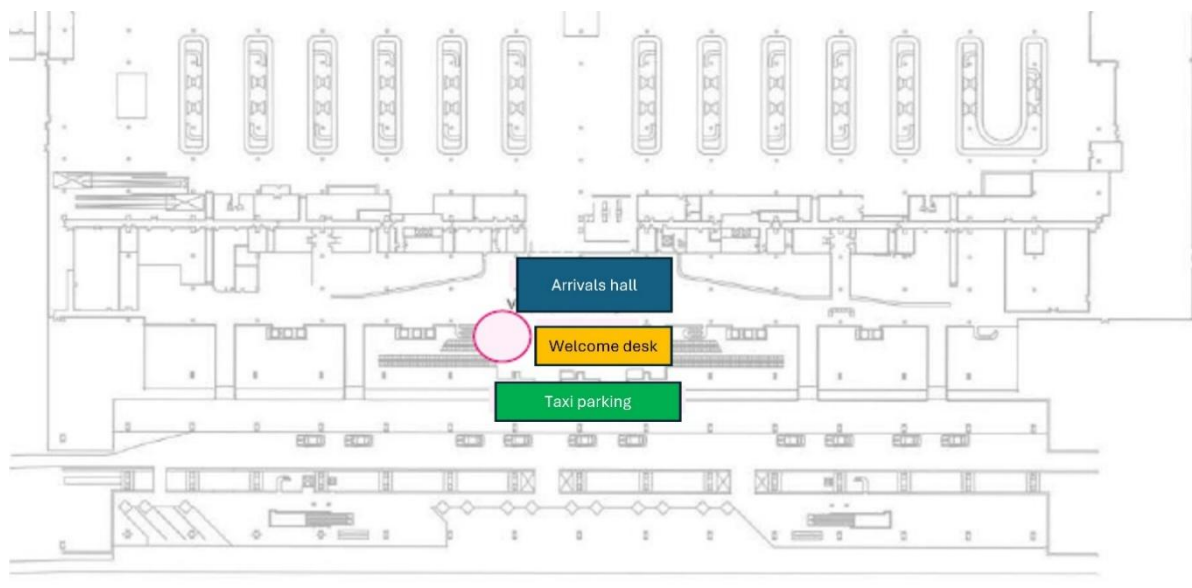
Madrid Adolfo Suarez Airport - Terminal 1



Madrid Adolfo Suarez Airport - Terminal 2



Madrid Adolfo Suarez Airport - Terminal 4



In case you need any support, please report to the Welcome Desk or contact the LOC transportation department by phone (+34 699 695 924).

For any last-minute changes after closing of the Final Entries please send updated travel details to teamservices@madridtech2025.com with copy to competition@european-athletics.org.

2.1.2 Arrival by Road

Teams arriving by road are kindly asked to go directly to the Team Hotel, where representatives from the LOC will welcome them. There will be a special car and bus parking for them nearby the hotel. The parking spaces are subject to a fee. In case of any specific request regarding parking please contact LOC Transportation department at teamservices@madridtech2025.com.

2.1.3 Visa Requirements

Representatives of Ukraine¹ require visa to enter Spain and should obtain them from the Spanish Embassy or Consulate in their country well ahead before departure to Madrid.

For more information and help with visa procedure please contact the LOC by e mail visas@madridtech2025.com.

Request for invitation letters shall be supported with the following information:

- Full name (first name and family name as shown in passport)
- Function
- Date of birth
- Passport number and Passport expiry date (passports should be valid for at least 6 months after the end of the competition).

¹ Except those holding a biometric passport

2.1.4 Insurance

According to the European Athletics Competition Regulations, the participating Member Federations are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from the European Athletics event and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.

2.2 Local Transportation

Transportation between the Team Hotel and the various venues, including official and social functions, will be guaranteed by the LOC shuttle service.

2.2.1 Shuttle service

Transfer times between the Team Hotel and the competition/warm-up and training venue will be between 30 and 45 minutes, depending on the traffic conditions.

Full details of the dedicated bus schedule to the competition and warm-up as well as the training venue will be displayed at the Information board in the Team Hotel and in virtual TIC.

2.2.2 Transportation of vaulting poles

Each Team is responsible for organising transportation of its poles until arrival to Madrid. To ensure a proper pick-up procedure, all Teams are responsible for including their arrival information in the Final Entries including registering the poles as bulky luggage/special travel needs.

The LOC will provide transport for the delivery of vaulting poles to the special Pole Vault Venue located next to the Royal Palace (see Appendix 7.), from Adolfo Suárez Madrid-Barajas Airport. All poles or bag of poles should bear the identification of the athlete (tag of the name, country, gender, event, and number of poles per bag).

2.3 Departure

A transportation service will also be in place for team departures. The frequency of this service will be based on the departure schedule, which will be posted at the Information Desk of the Team Hotel at least 24 hours before departure.

Teams will be asked to provide full travel details together with the Final Entries. Team leader will have to confirm departure details during the accreditation process. Any changes to the provided details shall be communicated to the LOC (through the TIC at the competition venue), at least 48 hours before departure.

Please contact the LOC Transportation department (teamservices@madridtech2025.com) in case you need any support.

3 ACCREDITATION

3.1 General

In general, an accreditation card is proof of authority to access specific zones to carry out a function. It will contain alpha-numeric and colour-coded cardholder categories and numbered accreditation zones. The listed zones on each card will indicate the specific access privileges for each individual.

Each Team Member will receive an accreditation card, which must be always worn and should be clearly visible. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. The holder is granted access rights only to the zones indicated on the front and shall use the designated entrances accordingly. The accreditation card remains European Athletics property and can be withdrawn at any time.

3.2 Team Accreditation Centre

The Team Accreditation Centre (TAC) will be located at the Team Hotel. This is where the Team Leader shall report as soon as possible after his/her arrival, to carry out the administrative procedures.

The Team Accreditation Centre's opening hours will be as follows:

| Date | Opening hours |
|--------------------|---------------|
| Tuesday, 24 June | 16:00 – 20:00 |
| Wednesday, 25 June | 09:00 – 20:00 |
| Thursday, 26 June | 09:00 – 20:00 |
| Friday, 27 June | 09:00 – 20:00 |
| Saturday, 28 June | 09:00 – 20:00 |

In case of arrival outside of the opening times, Team Leaders are kindly requested to report to the Team Accreditation Centre on the next morning.

3.3 Registration procedure

Registration of all Team Members must be done through European Athletics' Entries System, during the Final Entries which will be open from 27 May to 17 June 2025 (14:00 CET). More details as per chapter 7 of the Team Manual.

Please note:

Each accreditation requires a photo (passport type, in colour, recent, in focus, facing the camera, without sunglasses or hat/cap, taken no longer than 6 months ago), which needs to be uploaded by the Final Entries deadline. Please upload all photos as a jpeg file. Each photo must not exceed 1.0MB in size. Only completed registrations including approved photos can be produced in advance and thus speed up the issuing process on site.

Accreditation cards will be printed in advance, based on the information provided by the Member Federation through the European Athletics Entries System. No changes will be accepted after the Final Entries' deadline.

3.4 Accreditation procedure

The Team Leader will be asked to complete the following formalities before he/she can collect the accreditation cards for the whole team:

- Accommodation invoice,
- Uniform check,
- Collection of competition bibs and related updates (if applicable),
- Collection of special accreditation passes,
- Confirmation of departure travel details.

Please note:

- Anyone picking up one or more accreditations at the Delivery Desk has to sign for them,
- Unauthorised use of an accreditation card will result in the card being confiscated.

A lost accreditation card is a potential security risk and will be treated very carefully by the security authorities. Any lost or damaged accreditation cards should be reported immediately to the Team Accreditation Centre (TAC) or Technical Information Centre (TIC). In case of losing the accreditation card, a fee of 150,00 EUR will be charged for the replacement.

3.5 Access Areas for Teams and Special Passes

All team accreditation cards will allow access to the team seating area, warm-up area and training areas, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield – escorted by the Officials. Furthermore, the accreditation can be used to access the Team shuttle buses and catering services at the Team Hotel.

The Head of Delegation from each team is invited to the European Athletics Club and will be given the necessary access rights on the accreditation card.

European Athletics shall provide special passes as required for the following categories:

- Field events coaching area (1 per team per event),
- Mixed zone (for access to athletes at the end of the mixed zone)
- Medical pass (to access the medical room near to finish line; 1 per team).

Those special passes will be distributed during accreditation process upon signature of the Team Leader and will be recognised only in combination with personal accreditation.

4 ACCOMMODATION

4.1 General Information

The Team Hotel will officially open with full services on 24 June. If members of your Team are planning to arrive earlier, please contact the LOC (teamservices@madridtech2025.com) well in advance to make sure specific arrangements are made.

4.2 Official Team Hotel

The LOC has made accommodation arrangements for all teams in Madrid Marriott Auditorium Hotel.

Madrid Marriott Auditorium Hotel

Av. de Aragón, 400, San Blas-Canillejas,
28022 Madrid, Spain
www.marriott.com

Reservations will be made by the LOC based on the accommodation requirements indicated in the Final Entries.

4.3 Accommodation costs

European Athletics will pay to the organiser a contribution to the costs of up to 5 (five) nights' accommodation and board of participating Teams for a maximum of 23 (twenty-three) male athletes, 23 (twenty-three) female athletes and 12 (twelve) officials.

No contribution shall be made in respect of the Team representing the host European Athletics Member Federation.

For out-of-quota athletes and officials, and additional single rooms (subject to availability), the costs (per room) are to be covered by the participating Teams, as per the following rates:

| Single room | Twin room |
|----------------------|----------------------|
| 195,00 EUR per night | 270,00 EUR per night |

**All prices include meals, VAT and local taxes*

For the official period, each Team will be allocated a minimum number of single rooms equivalent to 10% of the total number of travelling athletes and officials, registered in the Final Entries. Additional single rooms can be requested and will be given according to availability, and as per the rate specified above.

In case of later arrival/early departure of the sharing person, the night the twin room is used as a single room will be charged at the rate of the twin room.

The official period is 5 (five) nights:

- From Wednesday 25 June to Monday 30 June 2025

If your team is planning to stay in the official Team Hotel outside the official period, a separate agreement will have to be made directly with the Local Organising Committee (LOC). Please contact teamservices@madridetch2025.com.

4.3.1 Travel subvention

Each participating Member Federation will be provided with the travel subvention (for in quota travelling athletes). The subvention will be calculated post Championships based on the mileage and specific rates.

Please, bear in mind that the subvention is to contribute to the travel costs of MFs and not supposed to cover all related costs. The payment of the subvention will be done at the end of the year to MFs accounts.

4.4 European Athletics regulations – finances & competition

We strongly encourage our Member Federations to enter the number of athletes and officials as detailed and precise as possible. European Athletics will strictly follow the following regulations:

610.9. The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.

610.10. Any Member Federation which, having agreed to participate, withdraws, and does not inform European Athletics and the organiser at least 30 (thirty) days before the first day of the European Athletics Team Championships, shall pay to European Athletics as compensation for irrecoverable costs of 10.000 (ten thousand) Swiss Francs. European Athletics may remit this amount to the organiser.

For further information on the participation conditions, please refer to the respective [Competition Regulations | European Athletics](#).

4.4.1 Payment procedures

The accommodation invoice will be sent to each Member Federation detailing the amount they owe after the Final Entries. Member Federations are kindly encouraged to make their payment by bank transfer to the account that is indicated on the final invoice.

Note: A copy of the bank transfer will be required on arrival.

The balance of the payment must be paid on-site. Payment can also be made by credit card or by cash in EUR by the Team Leader upon arrival at the Team Accreditation Centre.

4.4.2 Extra Charges

The Team Leader must settle phone bills and all other extra services at the hotel reception before departure. The Team Leader will be requested a credit card by the hotel reception desk for extras. All payments must be made in EUR.

4.4.3 Rooming list

Detailed information about athletes and officials' rooming list will have to be entered by the Member Federations during the Final Entries process.

After the closing of the final entries, further amendments to the room requirements, rooming list and/or travel details will have to be communicated to teamservices@madridtech2025.com with copy to competition@european-athletics.org.

4.4.4 Meals

Meals will all be served in buffet style. A large selection of suitable food will be available taking into consideration special diets, religion, and culture of the participants.

Mealtimes will be as follows:

- Breakfast 07:00 – 10:30
- Lunch 12:00 – 16:00
- Dinner 20:00 – 23:30

A late serving provision will be made for those athletes retained at the stadium due to doping controls.

For lunch and dinner, mineral water (still and sparkling) and coffee/tea/milk machine is available free of charge. All other drinks must be paid for.

Accreditation cards will allow access to meals.

4.5 Services in the Team Hotel

4.5.1 Information Desk

An Information Desk will be in the lobby of the Team Hotel with qualified personnel offering relevant information about all aspects of the European Athletics Team Championships. The Information Desks' opening hours will be as follows:

| Date | Opening hours |
|--------------|---------------|
| 24 – 30 June | 08:00 – 20:00 |

4.5.2 Meeting rooms

Rooms for meeting opportunities are available at all Team Hotel. Reservation shall be made via the Information Desk at a reasonable time in advance.

To ensure that all Teams have access to the meeting room, usage may be limited.

Teams requiring any additional service may make separate arrangements through the Information Desk. There is also the possibility to reserve office/meeting rooms for Teams, with exclusive right for the whole duration of the Championships. Please contact teamservices@madridtech2025.com.

4.5.3 Rooms for physiotherapy

Dedicated room for physiotherapy will be provided for the teams with medical staff to set-up their own massage beds.

There will also be LOC physiotherapy services offered in case of need (please see 9.2.1 Medical/Physiotherapy services).

4.5.4 Internet access

Free internet access will be provided at Team Hotel.

4.5.5 Check-in / check-out times

Check-in after 15:00 and check-out by 12:00.

Please contact the LOC via teamservices@madridtech2025.com for specific arrangements outside these times.

5 TECHNICAL INFORMATION

5.1 Technical Information Centre (TIC)

The TIC is located at the competition venue (see Appendix 4 and 7)

The main function of the Technical Information Centre is to ensure smooth communication between Team Officials and the LOC, the European Athletics Technical Delegates, and the Competition Management, regarding technical matters.

The TIC will be open according to the following schedule:

| Date | Opening hours |
|-------------------|-------------------------------|
| Thursday, 26 June | 17:00 – 20:00 |
| Friday, 27 June | 09:00 – 11:00 & 16:30 – 23:00 |
| Saturday, 28 June | 09:00 – 11:00 & 16:30 – 23:00 |
| Sunday, 29 June | 09:00 – 11:00 & 16:30 – 23:00 |

The TIC is responsible for, but not limited to, the following:

- display on the relevant notice board of official communications to the teams, including start lists, results and Call Room reporting times,
- distribution of urgent notices to the delegations from the Technical Delegates and Competition Management via the virtual TIC and dedicated Team Leaders' Group,
- managing Written Questions and TIC general inquiries etc. via Virtual TIC or in hard copies available in TIC,
- managing of Final Confirmations, Relay Order Declarations, and Withdrawal Forms via Virtual TIC,
- distribution of items confiscated at the Call Room,
- registration and collection of personal implements, and Informing teams in case of any personal implement is not approved after implement control,
- managing additional doping control requests,
- registration of Protests via Virtual TIC.

The distribution of competition related information and important notices of general interest (e.g. changes to the timetable) at the TIC will NOT be systematically made through printouts in the Team pigeonholes but will be displayed on the notice boards. It will still be possible to request occasional copies of specific event start lists and / or results at the TIC.

There will be a Sub-TIC located at the venue of the Pole Vault competitions (see appendix 7) and will be open according to the following schedule:

| Date | Opening hours |
|--------------------|---------------|
| Wednesday, 25 June | 17:00 – 20:00 |
| Thursday, 26 June | 14:00 – 20:30 |

5.1.1 Virtual TIC

Team Leaders will also be provided with an individual and personalised access to European Athletics online tool, where they will be able to:

- make their final confirmations,
- download information posted by the LOC / European Athletics (technical information, qualification procedures and starting heights, daily call room schedule ...),
- fill-in competition forms (question for Technical Briefing, technical enquiries to TIC, withdrawal forms ...),
- launch protests.

The platform will be accessible at a link to be communicated to the Teams after the Final Entries, together with a detailed user manual. The online tool is accessible via any device (e.g. PC, smartphone, etc) having access to the internet.

European Athletics strongly encourages the Team Leaders to use the Virtual TIC for filling-in all relevant competition forms, including the forms for the protests.

5.1.2 Orientation Tour and Technical Update

There will be an Orientation Tour organised on **Friday, 27 June 2025 at 9:30** for the team leaders to inspect access routes and other facilities which will be important to the teams. **Team leaders are to meet LOC members at the TIC**, from where they will be escorted to this visit. This competition venue inspection will be followed by a Technical Update. The inspection and the Technical Update will be held in English.

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the Orientation Tour and Technical Update.

There will be no dedicated transport provided for this activity. Team delegates shall use the Team Shuttle Service from the Team Hotel. Please refer to the Information Desk in the Team Hotel for detailed information.

5.1.3 Written Questions

Any enquiries concerning the technical conduct of the Championships must be made in writing (in English). The questions have to be filled-in online, via the Virtual TIC, by Wednesday, 25 June 2025 at 20:00.

All the latest updates (timetable amendments, starting heights and progression, etc.) and the answers to written questions will be provided to the Teams via Virtual TIC.

5.1.4 Team Leaders' WhatsApp Group

A WhatsApp group including all member federations' Team Leaders will be created on site, in order to offer an additional platform to address instant messages and announcements. Major information of interest for all will be communicated to the teams by the TIC/European Athletics via this group.

European Athletics kindly asks the Team Leaders to use this group only for questions or concerns of the interest of all teams. For the questions and concerns of his/her team only, a Team Leader is encouraged to use other means of communication with the European Athletics and the LOC (email, submitting a general inquiry form in Virtual TIC, etc.).

6 COMPETITION & TRAINING VENUES, EQUIPMENT & IMPLEMENTS

6.1 Competition Venue

Vallehermoso Stadium and its surroundings are shown in Appendix 4. The infield layout of the competition venue is shown in Appendix 5.

The Pole Vault competition will be organised on Day 0 (Thursday, 26 June) in the centre of Madrid, next to the Royal Palace. The layout of this special competition venue is available in Appendix 7.

6.2 Warm-up Venue

The facilities available at the Parque del Tercer Depósito (located right next to the competition venue) will accommodate the warm-up venue (appendix 4).

Due to the technical specifications of the warm-up venue, there are limited warm-up possibilities for long throws and jumps, nevertheless, the area will incorporate the following sites:

- Screen with Call Room timetable,
- Team boxes,
- Medical and physiotherapy point,
- Toilets,
- Refreshment point (soft drinks, fruits),
- Weightlifting area,
- 80m synthetic surface runway (6 lanes),
- Throwing circle (only accessible without implements).

Additionally, an LED screen will be placed in the central part of the area so the teams can conveniently follow the competition.

Equipment necessary for warm-up will be available at the warm-up venue. Officials will be present to help in the case of problems or special requirements. Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

Details about transportation for training sessions are included in the transport section of this manual. The transport schedule will be displayed at the information desks in each team hotel.

6.3 Official training at the Competition Venue

The competition venue (Vallehermoso Stadium) will be available for training (all disciplines, except throws and pole vault) according to the following schedule:

| Date | Opening hours |
|-------------------|---------------|
| Thursday, 26 June | 17:00 – 20:00 |
| Friday, 27 June | 09:00 – 11:00 |
| Saturday, 28 June | 09:00 – 11:00 |
| Sunday, 29 June | 09:00 – 11:00 |

The warm-up area will also be available during this time.

The training with official starters will take place at the Vallehermoso Stadium on:

| Date | Opening hours |
|-------------------|---------------|
| Thursday, 26 June | 18:00 – 19:30 |
| Friday, 27 June | 09:30 – 10:30 |

The pole vault facilities in the centre of Madrid (next to the Royal Palace) will be available for training according to the following schedule:

| Date | Opening hours |
|--------------------|---------------|
| Wednesday, 25 June | 17:00 – 20:00 |

6.4 Training Venue (all events except Pole Vault)

The training venue (incl. long throwing area) Pista Atletismo Moratalaz will be operational according to the following schedule:

| Date | Opening hours |
|--------------------|---------------------------------|
| Wednesday, 25 June | 09:00 – 12:00 and 17:00 – 20:00 |
| Thursday, 26 June | 09:00 – 12:00 and 17:00 – 20:00 |
| Friday, 27 June | 09:00 – 12:00 and 17:00 – 20:00 |
| Saturday, 28 June | 09:00 – 12:00 and 17:00 – 20:00 |
| Sunday, 29 June | 09:00 – 12:00 |

Dedicated training times for long throws have been established as follows:

| Date | 09:00-10:00 | 10:00-11:00 | 11:00-12:00 | 17:00-18:00 | 18:00-19:00 | 19:00-20:00 |
|--------------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Wednesday, 25 June | HT | DT | JT | HT | DT | JT |
| Thursday, 26 June | JT | HT | DT | JT | HT | DT |
| Friday, 27 June | DT | JT | HT | DT | JT | HT |
| Saturday, 28 June | HT | DT | JT | HT | DT | JT |
| Sunday, 29 June | JT | HT | DT | - | - | - |

Training for shot put and other track and field events (except Pole Vault) will be possible during the opening hours of the training venue.

Equipment and implements necessary for training will be available at the training venue. Officials and LOC Staff will be present to help in the case of problems or special requirements. Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

A weightlifting area and a medical point will be also located at the training venue.

6.5 Equipment & Implements

6.5.1 Official Implements

The implements provided by the LOC (see Appendix 2) are selected from those appearing on the current World Athletics-approved implements list.

6.5.2 Personal Implements

Personal Implements shall also be allowed, providing that they:

- are readily identifiable and are World Athletics certified,
- have been checked for compliance with World Athletics Rules,
- are made available to all the other competitors until the end of the respective discipline.

Personal implements will have to be submitted to the Technical Information Centre (TIC) latest by 10:00 on the day of the respective discipline.

If a personal implement cannot be accepted into the pool due to it not meeting the specifications or being unidentifiable, the relevant team will be notified through the TIC, with an explanation, and the implement will be returned.

Note: "World Athletics Certified" implements may include older models that previously held a certificate but are not in production any longer.

In order to speed up the checking in of eligible personal implements, please come prepared and consult the World Athletics list on the website (<https://www.worldathletics.org/library>) in advance to identify the implement noting its World Athletics certification number. If you do not find your implement in the list but you believe that it is/was certified, please contact the World Athletics Office at technicalofficer@worldathletics.org so that its status can be checked and confirmed to you and the LOC in due time.

6.5.3 Markers

Athletes will not be permitted to use their own markers during the Championships. Those athletes wishing to use a marker will be required to use the markers provided by the LOC at the event site. The number of markers per athlete is limited to two (including the tape markers in the High Jump). Relevant officials will also provide adhesive tape for the relay runners at the track.

7 ENTRY SYSTEM & FINAL CONFIRMATIONS

7.1 Programme and Structure

European Athletics Team Championships is a team competition between European Athletics Member Federations, divided into 3 (three) Divisions, and held in accordance with the applicable Rules of the World Athletics (WA) and the current regulations.

According to 603.1 each European Athletics Member Federation may enter one team comprising a maximum of 46 (forty-six) athletes (23 male and 23 female athletes), with one athlete per individual event and four athletes per relay. In addition, a Member Federation can enter the reserve athletes.

The participating teams shall be divided into the Divisions as the following:

- First Division with 16 teams,
- Second Division with 16 teams, and
- Third Division with the remaining teams (approximately 16).

Each Division is to be regarded as a separate match and scored accordingly.

The groupings are as follows for the 2025 edition of the Championships:

| DIVISION I | DIVISION II | DIVISION III |
|--------------------|--------------------|--|
| Czechia | Austria | Albania |
| Finland | Belgium | Andorra |
| France | Bulgaria | Armenia |
| Germany | Croatia | Athletic Association of Small States of Europe |
| Great Britain & NI | Cyprus | Azerbaijan |
| Greece | Denmark | Bosnia and Herzegovina |
| Hungary | Estonia | Georgia |
| Italy | Ireland | Iceland |
| Lithuania | Israel | Kosovo |
| Netherlands | Latvia | Luxembourg |
| Poland | Norway | Malta |
| Portugal | Romania | Montenegro |
| Spain | Serbia | Rep. of Moldova |
| Sweden | Slovakia | Republic of North Macedonia |
| Switzerland | Slovenia | San Marino |
| Ukraine | Türkiye | |

Note: Participation of BLR and RUS is subject to the lifting of the current sanctions.

7.2 Entry Procedures

Entries shall be made through the European Athletics Event Management System which will be accessible at the following link: <https://evententry.worldathletics.org/>. Member Federations' entries manager shall use their already known individual and personalised access.

Subject to the exceptions stated below, only athletes aged at least 16 (sixteen) years on 31 December of the year of the competition may participate in the European Athletics Team Championships.

Only athletes aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the Shot Put (men) and Hammer Throw (men).

7.2.1 Final Entries

Final entries indicating the names and individual logistical information (detailed travel arrangements, accommodation request and rooming list) of the competitors and of the officials must be received as per the deadline below:

- Opening of the Final Entries: Tuesday, 27 May 2025
- Deadline for the Final Entries: Tuesday, 17 June 2025 (14:00 CET)

Member Federations will be able to enter reserve athletes in the final entries system for replacements in case of medical or other relevant reasons (both travelling and non-travelling athletes). Please note only registered athletes will be eligible for a replacement. Athletes not registered in the final entries will not be accepted for replacement purposes.

All member Federations will be able to consult and print out their entries at any time during the opening period and will receive a pdf report after having sent their Final Entries. Detailed travel and rooming list information will have to be registered for each athlete and official during the Final Entries process.

7.2.2 Changes in logistics data

We do understand unexpected changes in the logistics plan could occur, especially in transportation (e.g., cancellation of flights). We would like to make sure these changes are well traceable, therefore please make sure that after the closing of the Final Entries any amendments and updates will have to be sent by email to teamservices@madridtech2025.com with copy to competition@european-athletics.org.

7.2.3 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Confirmation of athletes will not be accepted after the deadline, which is outlined below for all events. Final confirmations will have to be made online, via Virtual TIC.

Deadline for Final Confirmations:

| Competition day | Deadline for Final Confirmation |
|-------------------------------|---------------------------------|
| Day 0, Thursday, 26 June 2025 | 15:00, Wednesday, 25 June |
| Day 1, Friday, 27 June 2025 | 15:00, Thursday, 26 June |
| Day 2, Saturday, 28 June 2025 | 15:00, Friday, 27 June |
| Day 3, Sunday, 29 June 2025 | 15:00, Saturday, 28 June |

7.2.4 Relays Declaration Forms

The composition of each relay team as well as the order of running shall be officially declared via Virtual TIC no later than the published First Call time for the respective heat. The applicable deadlines will be published as part of the detailed Call Room schedule.

7.2.5 Failure to Participate

Any athlete who, after the Final Confirmation has been submitted, or after qualifying during a qualifying round or a heat for any event, fails to participate in the event without giving a valid reason (e.g. a medical certificate provided by and based on an examination of the athlete by the Medical Delegate appointed under World Athletics Rule 6 of the Competition Rules or CR6), shall be excluded from participation in all further events in the competition, including Relays (see World Athletics Rule 4 of the Technical Rules or TR4).

7.2.6 Withdrawal

Withdrawals after final confirmation, have to be submitted via Virtual TIC. If the athlete is entered in another event of the Championships, the reason for the withdrawal has to be specified in detail, being its acceptance of the responsibility of the Technical Delegates based on the World Athletics Rules.

8 COMPETITION PROCEDURE

8.1 Timetable

Please refer to Appendix 3 for the competition timetable.

8.2 Competition Bibs

Each competitor will receive 3 competition bibs with the country code. These must be pinned to the front and back of the competition clothing and to the athlete's bag.

Exceptions are made for jumping events: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing (plus their tracksuit and bag).

For all track events (including relays) each competitor will receive 3 bibs with the country code. On one of the bibs transponder plastic pocket will be attached behind the bib. This bib (with transponder pocket) must be worn as the front bib by the athlete. During the Call Room process, a transponder will be inserted into the plastic pockets by volunteers. This transponder is essential for the timing, ranking and analysis of the races. After the competition, the athletes should return the transponder at the entrance of the Kit Collection Area, where they will be collected by volunteers.

The competition bibs will be delivered to the teams during the accreditation process. Bibs must not be cut, folded, or covered in any way.

8.3 Competition clothing

Competitors must wear the Federation's official team clothing. World Athletics TR5 will be strictly applied. Please make sure to follow the World Athletics Advertising Regulations in force. Clothing and items not conforming to this rule and the current World Athletics Advertising Regulations will be removed/taped at the Call Room.

The European Athletics has a record of the Team vests of all Member Federations accessible at the following link: [EA Organisational Manual](#).

Member Federations shall confirm their team vests. If the uniform displayed differs from your current official uniform, the revised Team Vests form must be uploaded, in one single file, by **17 June 2025**. Otherwise, the existing records will be used as a reference. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.

The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition, but also during any victory lap, interviews at the Stadium and the Medal Ceremonies.

8.3.1 Competition shoes

All the competition shoes must comply with World Athletics TR5, including the sole and/or heel and the spikes dimensions. It is the athletes' responsibility to make sure that the shoes to be used for competition are on the current list of approved shoe models by the World Athletics ([List of approved athletics shoes](#)). In case of no compliance with the TR5 or the list of approved shoes, an athlete may be not allowed to compete or disqualified after the competition with the result being void.

The shoes may be checked after the competition within the Kit Collection/Post Event Area in case of doubts or upon special requests, as well as in case of a World or European Record. In the case of World Records, the shoes will be withheld by the relevant Referee and sent later to the World Athletics as per TR5.

8.4 Call Room

All athletes will have to report to the Call Room located between the competition venue and Warm-up area.

Access to the Call Room will be allowed to athletes only, controlled by accreditation cards and according to the detailed Call Room Schedule that will be published at the Virtual TIC on day-by-day basis.

In general, the following reporting times will be used but may differ slightly in the final Call Room Schedule (all times are prior to the actual starting time of the event) which will be circulated in due course via the Virtual TIC.

| Event | Call Room Closing | At competition site |
|-------------------------|-------------------|---------------------|
| Track events and Relays | 25-30 minutes | 6-7 minutes |
| Long and Triple Jump | 60 minutes | 40 minutes |
| Pole Vault | 65 minutes | 45 minutes |
| Other Field Events | 55 minutes | 35 minutes |

Athletes who fail to report on time to the Call Room without a valid reason may be excluded from participating in this and all further events in the Championships, including Relays.

Refreshments (still water) and toilets will be available in the Call Room.

8.4.1 Call Room Procedures

In the Call Room the judges will check the following in accordance with World Athletics Rules:

- Competition Bibs
- Shoes and Spikes
- Uniforms
- Bags (identification on and content of)
- Any other kind of advertising

For all races (including relays), athletes will receive their transponder (to be placed in the plastic pocket attached to the front bib) at the Call Room. After the competition, the athletes should return the transponder at the entrance of the Kit Collection Area, where they will be collected by volunteers.

Personal belongings (video cameras, tape recorders, radios, CD players, radio transmitters, MP3/MP4, cell phones or similar devices) will not be permitted in the infield as per World Athletics Rule 6 of the Technical Rules or TR6. Competition officials in Call Room will confiscate all not authorised items. Athletes will receive a receipt for any such items. Upon presentation of this receipt, the athletes will be able to collect such items from the TIC once their event has finished.

Please note that the accreditation cards of all athletes (competing in track and field events) will be collected in the Call Room. The cards will be redistributed to all athletes after their event in the Post Event Area.

8.5 Coaching Zones

To allow communication between athletes and coaches, seats have been reserved in the stands close to the field events. Special passes for the concerned field event will be distributed during the accreditation procedure, upon signature of the Team Leader. There will be one pass per athlete competing. The pass is only valid when accompanied by a team accreditation, this accreditation needs to be always visible.

For all field events (including Pole Vault), coaches are requested to report to TIC (or Sub-TIC in case of Pole Vault) at the closing time of the respective discipline to be escorted to the respective coaching zones.

8.6 Specific Event Regulations

8.6.1 European Athletics Team Championships Regulations

In addition to the Team Manual more information about the event is available through the [Competition Regulations](#) at European Athletics website.

8.6.2 Horizontal Field Events

All participating athletes will have three attempts (rounds 1, 2 and 3). Then, the best 8 athletes will have two more attempts (round 4 and 5). Finally, the best 4 athletes will have the final attempt (round 6). WA TR 25.22 will apply for ties.

8.6.3 Vertical Jumps

In the vertical jumps, the athletes will be divided in two groups (A and B). Both groups are to be held simultaneously. The overall standing of the competition will be based on the combined results of both groups.

The WA TR 26.2 shall be respected. Furthermore, each competitor is limited to a maximum of 4 (four) fouls throughout the whole competition. After the fourth foul he/she may not jump further unless he/she has won the competition. The rule of 4 (four) maximum fouls does not apply in case of the jump-off for the first place.

The time permitted for each attempt shall be always 1 (one) minute, except the consecutive attempts by the same athlete, or if only the winner is competing, in which case WA TR 25.17 shall apply.

The winner of the competition is allowed to continue according to WA TR 26.4. WA TR 26.8 will apply for placing.

The starting heights and the progression in both groups are to be decided by the Technical Delegate considering relevant information (i.e. personal & seasonal bests of the participating athletes). Each group may have a different starting height, but the progression should be similar.

8.6.4 Track events

The track events from 100m to 800m inclusively and all the relays are to be held in two heats. 1500m, 5000m & 3000m SC are to be held with one heat only.

For 4x400m Mixed Relay, the running order is defined as man – woman – man – woman.

8.7 Lane Draw and Starting Order

8.7.1 Field Events

The order of attempts in the horizontal field events shall be decided by a draw conducted by European Athletics for each respective discipline separately. In the horizontal field events, the starting order of attempts is to be held for the first three rounds. The order of the attempts for 4th and 5th rounds is to be in the reverse order based on the ranking after the 3rd round. The order of attempts for the last (6th) round is to be in the reverse order based on the ranking after the 5th round.

The distribution of the athletes in between Group A and Group B in the vertical jumps is to be done by the Technical Delegate based on the personal bests of the participating athletes. Once the distribution of the athletes is done, the starting order is to be decided by draw for each group and for each respective discipline separately.

8.7.2 Track Events

The heats for the track events from 100m to 800m inclusively are to be arranged by the Technical Delegate considering as much information as possible about the performances of the participating athletes. Normally, the best performers are to compete in the same heat. A seeding list is to be defined by the Technical Delegate for that purpose.

Once the heats are arranged, the lane distribution is to be conducted by the Technical Delegates as per the WA TR 20.4.3 to WA TR 20.4.5, with the required adaptations, and using the seeding list mentioned above.

The results of the two heats are amalgamated, with the athletes' times determining their placing. In case of a tie between athletes in the different heats for races up to 800m inclusively and the relays, the photo finish judge shall consider the actual times to the 1/1000th of a second. If the tie cannot be broken the attributable points shall be divided equally between them.

For 4x100m and 4x400m Mixed relays, the teams' distribution per heat will be according to the teams scoring standings 1 (one) hour before the scheduled time for each event. The best scored teams will compete in the same heat which shall be the last event of the session of track events. The results of the two heats are amalgamated, as per the Competition Regulations.

For 1500m, 5000m and 3000m SC, the lanes distribution is to be done by draw for each respective discipline separately.

For the result of the draw and the eventual lane allocation and starting order please refer to appendix 8.

8.8 Specific Event Procedures

8.8.1 Track Events

Athletes in track events will be asked to enter infield already dressed in competition clothing. Tracksuits shall be placed in baskets at Call Room, and these will be taken to the Kit Collection Area at the end of the mixed zone for collection after the race. Specific procedures in case of bad weather will be declared on site as necessary.

8.8.2 Trials in Field Events

In the field events, the practice trials will be supervised by the judges and to be in the order of the start list for the throwing events. Once the trial jumps/puts are finished, the participants will be asked to stand in the order of the competition for the presentation.

8.9 Post Competition Procedures

After the competition, athletes leave immediately through the mixed zone.

In the mixed zone, all athletes meet the media: first TV, then radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.

The clothing baskets will be brought to the Kit Collection Area located after the mixed zone.

8.10 Scoring, Promotion & Relegation

The European Athletics Team Championships comprises one single competition where men's and women's teams represent as a single team the respective European Athletics Member Federation.

The winner of each individual discipline and each relay in each match shall score as many points as there are teams competing in the respective Division, the second will score one fewer, and so on. Athletes or relay teams with no valid performance, disqualified or not finishing shall not score. If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.

The team having the highest aggregate number of points shall be the winner of the Division, and so on. If two or more teams have the same aggregate number of points, the tie shall be decided in favour of the team having the greater number of event winners. If the tie remains it shall be decided in favour of the team having the greater number of second places, and so on.

After the conclusion of the European Athletics Team Championships 2025, the following relegation and promotion is to be made for the next edition of the Championships:

- The three lowest ranked teams of the First Division are to be relegated to the Second Division,
- The three highest ranked teams of the Second Division are to be promoted to the First Division, while the three lowest ranked teams are to be relegated to the Third Division,
- The three highest ranked teams of the Third Division are to be promoted to the Second Division.

8.11 Protests

Any protest shall be made orally to the relevant Referee in the infield by an athlete or someone acting on behalf of an athlete, during the event or immediately after the event. The decision of the Referee will be final, and no further appeals will be allowed. Video Recording and Control System will be used extensively to support immediate decisions by the Referee.

Where the appropriate Referee is not accessible or available, the protest should be made online through the virtual TIC. Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (time of publication recorded in the pdf result sheets displayed on the results platform of European Athletics).

9 MEDICAL SERVICES & DOPING CONTROL

9.1 Medical Services

The LOC medical service is in charge of any medical assistance to all accredited guests (Teams, LOC personnel, VIP guests, and media) as well as, during the competition, to the spectators in the stadium.

Outside the official opening hours of the official venues and medical facilities, team members shall contact the on-call 24/7 medical assistance available through Dr. Christophe Ramírez (+34 609 342 155). In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 112.

9.1.1 Medical Services in the Team Hotels

There is no medical centre in the Team Hotel. Medical help in the hotel is available on call. The phone number of medical help will be displayed at the championships Information Desk in the Team Hotel.

9.1.2 Medical Care at the Competition Venue

The medical centre serves the athletes, coaches, other team members as well as members of the competition organisation. The medical centre is located at the Vallehermoso Stadium (see appendix 4) and will be open two hour before each session until one hour after each session. During other hours medical help is available on call and the number will be displayed at the Information Desk in the Team Hotel.

The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or needs other medical attention.

The stadium medical service is also responsible for first aid in the warm-up area.

There will be 3 of first aid teams on the infield, supervised by a doctor and marked with red crosses with another first aid team in warm-up area.

9.1.3 Responsible use and discarding of needles at European Athletics events

Medical therapies and emergency procedures that require the use of needles may occur any time during competitions. European Athletics is committed not to prohibit or restrict the responsible use of needles for Team Medical personnel at European Athletics events - thus will not require a declaration of needle usage - but requests responsible behaviour from the medical personnel and team members.

Responsible needle usage means that athletes and team medical personnel are aware of and committed to respect the WADA rules, and they are also familiar with the TUE procedures and competent in corresponding medical therapies.

As part of the responsible needle usage, the teams shall store and discard biohazard and dangerous waste in appropriate containers. To assist with the handling of the used dangerous waste, sharp disposal bins will be available at the medical centre(s) and team physio area(s) at the Team Hotel.

Any violation of this policy (e.g. leaving sharp material and/or biohazard waste anywhere other than the appropriate containers) would result in an investigation.

9.2 Physiotherapy Services

9.2.1 Physiotherapy Services in Team Hotels

There will be a large room available for physiotherapy use in the team hotel. The physiotherapy room will be equipped with ice and towels.

The team physiotherapists and doctors may use the following equipment available in the physiotherapy room in co-operation with the LOC medical staff:

- Tecartherapy device,
- Laser device,
- Massage beds,
- Presotherapy device,
- Massage gun,
- Foam rollers (with vibration),
- Electrotherapy device,
- Echography.

LOC physiotherapists will be also available on call. Athletes willing to book a treatment shall proceed to the Information Desk where volunteers will make arrangements according to the availability.

9.2.2 Physiotherapy Services at Warm-up Venue

There are well equipped physiotherapy facilities in the warm-up area. All teams have their own facilities prepared as well as a well-equipped physiotherapy room, including the availability of a LOC physiotherapist. The physiotherapy tent will be open during all training sessions, and during warm-up before each competition session.

The team physiotherapists and doctors may use the following equipment in the physiotherapy room in co-operation with the LOC medical staff:

- Tecartherapy device,
- Laser device,
- Massage beds,
- Presotherapy device,
- Massage gun,
- Foam rollers (with vibration),
- Electrotherapy device,
- Echography.

An Ice baths area will be also available for universal use.

9.3 Doping Controls

9.3.1 General Information

Doping controls will be conducted in accordance with World Athletics Anti-Doping Rules which are compliant with the WADA code in force since 1 January 2021. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by trained chaperone. Athletes will be required to sign a doping control notification form. Athletes have the right to be accompanied to the Doping Control Station (DCS) by an accredited team representative of their choice.

A selected athlete should report immediately to the DCS unless there are valid reasons for the delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusing or failing to comply with the Anti-Doping procedures may constitute an Anti-Doping rule violation and could render them liable to disqualification and may result in further disciplinary action. Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

The selection of Athletes for control will be made on a final position and/or random basis.

9.3.2 Additional Controls

Athletes requiring doping control (e.g. for a national record or ratification of performance) may request to be tested by completing a "Doping Control Request Form" available in the Virtual TIC. After the submission of the form in the Virtual TIC, the athlete and his/her representative can proceed directly to the Doping Control Station (see appendix 4) where the extra test will be conducted.

The cost of this control (sample collection material and analysis costs) will be paid by the European Athletics and will be deducted from the member federation's European Athletics subvention after the Championships.

10 CEREMONIES & SOCIAL FUNCTIONS

10.1 European Athletics & LOC Dinner

The European Athletics & LOC Dinner will be held on 26 June 2025 at 20:30 on “Palacio de los Duques Gran Malia” hotel (5 minutes walking distance from the Pole Vault Competition venue).

Each Team will have one representative invited (Head of Delegation). Invitation card will be sent by email in due time.

10.2 Opening Ceremony

The Opening Ceremony will take place right after the end of the competitions on 26 June at the Pole Vault competition venue (Royal Palace).

10.3 Medal Ceremony

The Medal Ceremony for the European Athletics Team Championships First Division will take place on 29 June at 22:15 at Vallehermoso Stadium. All members of the first, second and third placed teams in the First Division shall receive gold, silver and bronze medals respectively. In addition, the winning team of the First Division shall receive the European Athletics Team Championships trophy. The second and third finishing teams in that division shall receive a plaque.

Members of the first three teams shall report to the Call Room in their official uniform by 22:05 on Sunday, 29 June.

10.4 Closing Party

No Closing Party will be organised, and dinner shall be taken in the Team Hotel as per official mealtimes (see section 4.4.4 of this manual).

11 SAFEGUARDING

European Athletics is committed to the principle of safeguarding in our sport and has developed a safeguarding and abuse prevention programme to ensure the protection and safety of everyone involved in athletics from harassment, abuse and exploitation. To this end, European Athletics has taken several measures including the implementation of a [European Athletics Safeguarding Policy](#), the availability of a secured and independent [reporting platform](#) and the appointment of a safeguarding officer, whose contacts can be found hereunder:

Mobile: +41 75 425 50 00

Email: safeguarding.officer@european-athletics.org

To enhance this commitment and increase the visibility on the importance of safeguarding, the following initiatives are part of the European Athletics Safeguarding Programme at the European Athletics Team Championships 2025:

- The LOC has appointed a Safeguarding Officer and services in accordance with European Athletics Safeguarding Policy, the national laws and the advice of the European Athletics Safeguarding Officer.
- The LOC Safeguarding Officer along with European Athletics Safeguarding Officer will be present for the whole duration of the event. Contact details will be made available at the Warm-up /Teams Area, Technical Information Centre, and Team Hotel.
- The European Athletics Safeguarding Officer will conduct short safeguarding briefing sessions during the Teams Leaders' Technical Briefing and will schedule with the Team Leaders safeguarding briefs at the respective national teams' meetings.
- The European Athletics Safeguarding Officer will operate a Safe Space, where any team member can get further information or advice on Safeguarding.
- Further activities will take place at the event venue to engage with the team members on Safeguarding awareness and prevention and information will be made available in due course.

If you have any question or concern about your safety or somebody else's safety during this event, please contact the LOC Safeguarding Officer and/or European Athletics Safeguarding Officer. If the concern relates to an imminent risk of someone's physical integrity or to an emergency for medical assistance, please contact immediately the LOC and/or the local authorities. The local Safeguarding Officer and other relevant contacts will be also made available at the event venue and official hotels.

12 SUSTAINABILITY

The 2025 European Athletics Team Championships 1st Division in Madrid/ESP are organised in alignment with European Athletics' Sustainability Road Map, local policies of the City of Madrid and guidelines from the Spanish NOC. The Local Organising Committee (LOC) is fully committed to integrating sustainable practices into different operational areas of the Championships.

A range of sustainability initiatives will be implemented across environmental, social, and economic/governance domains to minimise the impact of the event, to contribute to long-term positive outcomes for the host city, and to promote the United Nations Sustainable Development Goals.

13 APPENDICES

Appendix 1 – Official event venues



Appendix 2 – Official Implement List

SHOT PUT, WOMEN - 4 kg

| | | | |
|----------|---------|---|-----------|
| F253C | Nishi | Steel, dia: 109mm | I-99-0084 |
| 5131403 | Nordic | Valhalla, Ductile cast iron, dia: 109mm | I-22-0336 |
| PK-4/110 | Polanik | Turner stell, Competition, dia:- 110mm | I-12-0581 |
| F253 | Nishi | Steel, dia: 103mm | I-99-0089 |

DISCUS THROW, WOMEN - 1 kg

| | | | |
|-----------|-------------|--|-----------|
| F333A | Nishi | Super HM, steel rim, GFRP side | I-02-0256 |
| D1000JSUS | Denfi Sport | Jurgen Schult Ultimate Spin, chrome rim, carbon grey | I-99-0099 |
| NF313 | Nishi | Super High Moment Carbon, steel rim, carbon side | I-18-0890 |
| N1105USC | Nelco | Discus 1kg Ultra Spin Gold, Alloy rim, plastic side | I-16-0778 |

HAMMER THROW, WOMEN - 4 kg

| | | | |
|---------------------|---------|---|-----------|
| PH-4-B/UW-110 | Polanik | Premium Line Black, steel dia: 95mm | I-10-0466 |
| NF211/NF355 | Nishi | Steel and Tungsten, dia: 95mm | I-19-0942 |
| PM-4/95-S/UP/UW-110 | Polanik | Competition, Stainless steel, dia: 95mm | I-00-0201 |
| WH20-4-G/ UW-110 | Polanik | Premium Line Gold Hammer, dia: 95mm | I-21-0319 |

JAVELIN THROW, WOMEN - 600 g

| | | | |
|---------|---------|-------------------------------------|-----------|
| 600CS75 | Nemeth | Classic 75m, aluminium, violet cord | I-99-0110 |
| AL690 | Nelco | Javeline Nelco Olympia 600 gr | I-11-0490 |
| 7917603 | Nordic | Diana Steel, steel, blue cord, 80m | I-99-0018 |
| AL647 | Polanik | Javeline Polanik Air Flyer 600 gr. | I-11-0500 |

SHOT PUT, MEN - 7,260 kg

| | | | |
|---------------|---------|--|-----------|
| F251C | Nishi | Steel, dia: 129mm | I-99-0083 |
| F251 | Nishi | Steel, dia: 125.5mm | I-99-0087 |
| 5131723 | Nordic | Valhalla, Ductile Cast Iron, dia: 129mm | I-22-0345 |
| MS17-7,26/130 | Polanik | Old School by Thomas Majewski, steel, dia: 130mm | I-17-0845 |

DISCUS THROW, MEN - 2 kg

| | | | |
|-----------|-------------|---|-----------|
| F331A | Nishi | Super HM, steel rim, GFRP sides | I-02-0255 |
| D2000SKYM | Denfi Sport | Skymaster | I-00-0270 |
| 720-1200 | UCS | Orange Flyer Medium Moment, steel rim, fibreglass | I-99-0122 |
| N1104A | Nelco | Lo-Spin, rimglide 65m | I-99-0130 |

HAMMER THROW, MEN - 7,260 kg

| | | | |
|-------------------------|---------|--------------------------------------|-----------|
| NF203/NF355 | Nishi | Steel and Tungsten, dia 110mm | I-19-0943 |
| ZH-7,26-B/UW-115 | Polanik | Ziolkowski Black, steel, dia: 110mm, | I-10-0469 |
| PM-7,26/110-M/UP/UW-115 | Polanik | Competition, brass, dia: 110mm | I-00-0206 |
| O71171 | Nordic | Hammer Nor. S.Steel 7,260/110 | I-99-0032 |

JAVELIN THROW, MEN - 800 g

| | | | |
|----------|--------------|--|-----------|
| 7918800c | Nordic Sport | Javelin 800g Valhalla, hard NXB, Full Carbon | I-18-0913 |
| 7918802C | Nordic sport | Valhalla, medium NXB, Hybrid Carbon | I-18-0915 |
| 800CS95 | Nemeth | Classic 95M 800gr Akuminium | I-99-0100 |
| 800C85 | Nemeth | Violet-Yellow-Blue Violet cord | I-99-0104 |

Appendix 3 – Timetable

DAY 0 PM - 26 June

| | | |
|-------|--------------|---|
| 16:00 | Pole Vault A | W |
| 16:00 | Pole Vault B | W |
| 18:20 | Pole Vault A | M |
| 18:20 | Pole Vault B | M |

Note: pole vault competitions will not be organised in Vallehermoso Stadium, but in front of the Royal Palace (downtown Madrid)

DAY 1 PM - 27 June

| | | |
|-------|-----------------|---|
| 18:20 | Hammer Throw | M |
| 18:41 | Shot Put | W |
| 19:10 | 400m | W |
| 19:30 | 400m | M |
| 19:42 | 6. Hammer Throw | M |
| 19:52 | 6. Shot Put | W |
| 20:00 | 5000m | W |
| 20:22 | Triple Jump | M |
| 20:30 | 800m | M |
| 20:37 | Discus Throw | W |
| 20:55 | 3000m SC | M |
| 21:18 | 100m | W |
| 21:35 | 100m | M |
| 21:48 | 6. Discus Throw | W |
| 21:54 | 6. Triple Jump | M |

DAY 2 PM - 28 June

| | | |
|-------|-----------------|---|
| 18:00 | Long Jump | M |
| 18:17 | Hammer Throw | W |
| 19:22 | 110m H | M |
| 19:32 | 6. Long Jump | M |
| 19:39 | 6. Hammer Throw | W |
| 19:49 | High Jump A | M |
| 19:49 | High Jump B | M |
| 19:53 | 100m H | W |
| 20:15 | 800m | W |
| 20:22 | Triple Jump | W |
| 20:37 | Discus Throw | M |
| 20:41 | 400m H | M |
| 20:59 | 400m H | W |
| 21:20 | 4x100m Relay | M |
| 21:38 | 4x100m Relay | W |
| 21:48 | 6. Discus Throw | M |
| 21:54 | 6. Triple Jump | W |

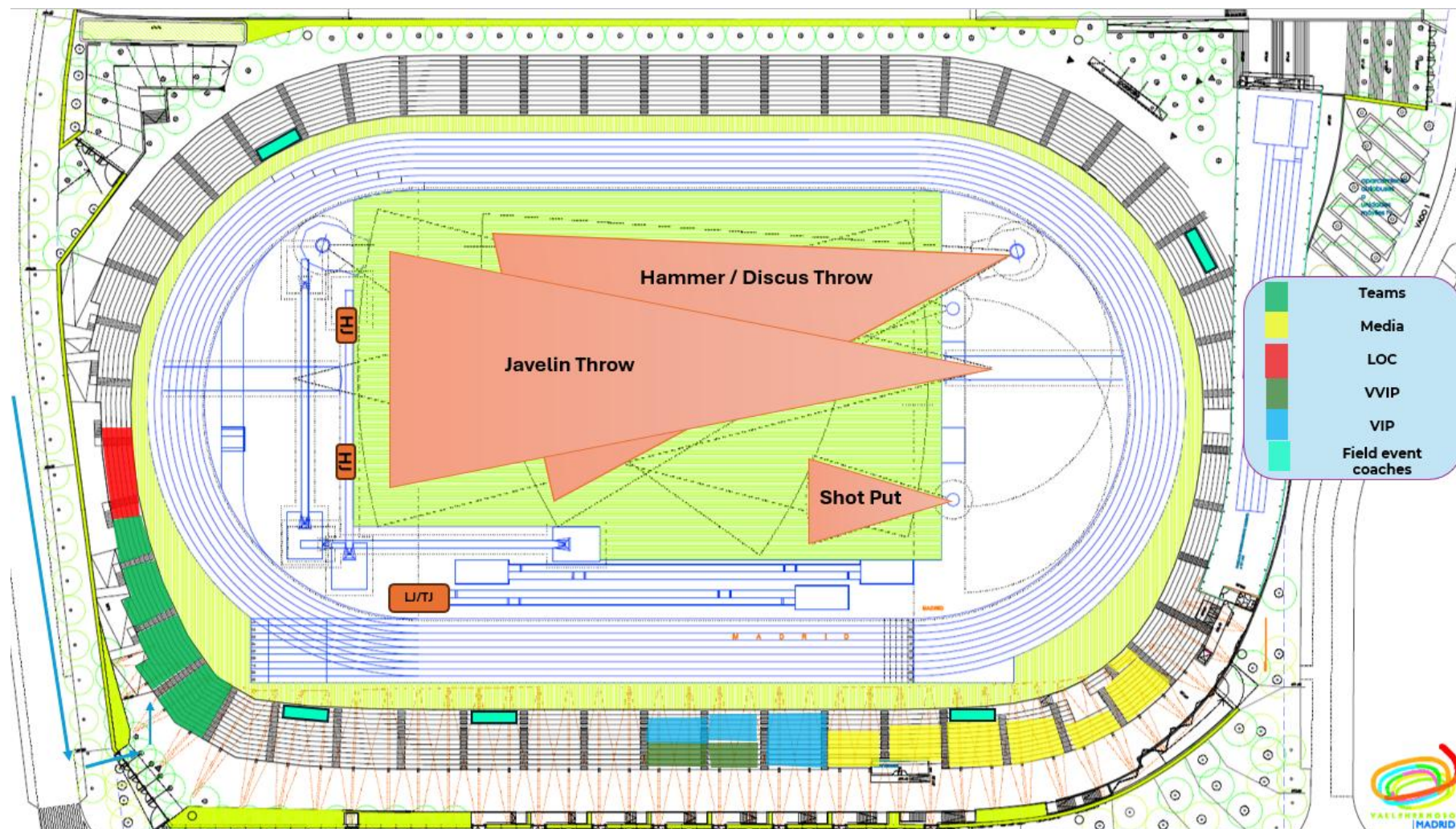
DAY 3 PM - 29 June

| | | |
|-------|------------------|---|
| 18:00 | Shot Put | M |
| 18:15 | Javelin Throw | W |
| 19:00 | 200m | W |
| 19:11 | 6. Shot Put | M |
| 19:20 | 200m | M |
| 19:31 | 6. Javelin Throw | W |
| 19:40 | High Jump A | W |
| 19:40 | High Jump B | W |
| 19:50 | 1500m | W |
| 19:59 | Long Jump | W |
| 20:13 | 1500m | M |
| 20:22 | Javelin Throw | M |
| 20:40 | 3000m SC | W |
| 21:10 | 5000m | M |
| 21:31 | 6. Long Jump | W |
| 21:38 | 6. Javelin Throw | M |
| 21:46 | 4x400m Mixed | X |
| 22:15 | Medal Ceremony | |

Appendix 4 – Competition and Warm-up Area



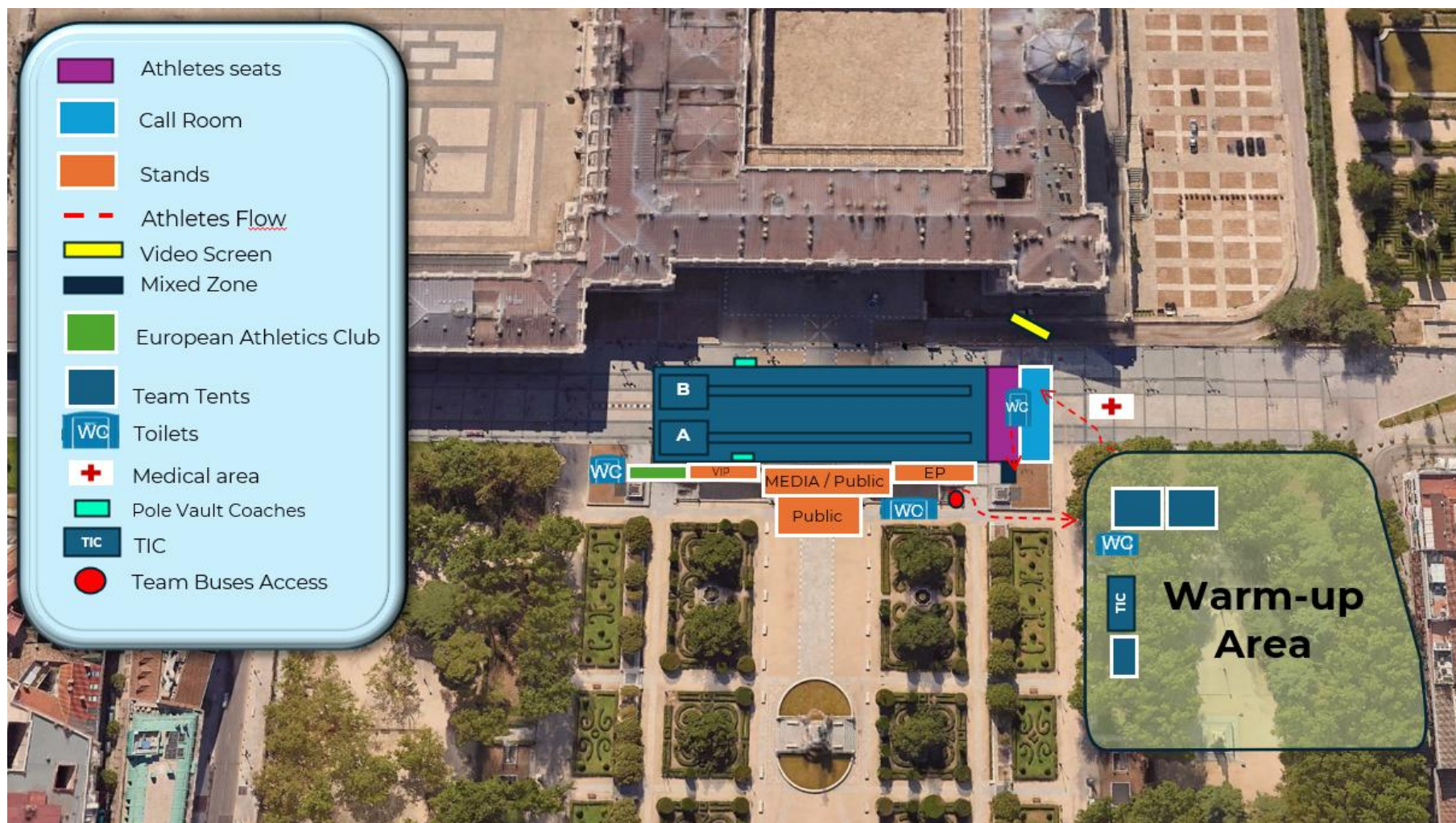
Appendix 5 – Infield Layout & Stands Distribution



Appendix 6 – Training Venue



Appendix 7 – Pole Vault Competition Venue and Facilities (Royal Palace)



Appendix 8 – Lane draw and starting order

| Lane draw and starting order | | | | | | | | | | | | | | | | |
|------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Discipline | NED | SUI | BEL | POL | ESP | FRA | GBR | HUN | ITA | GER | CZE | SLO | FIN | LTU | GRE | POR |
| SP | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| DT | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 1 |
| HT | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 1 | 2 |
| JT | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 1 | 2 | 3 |
| LJ | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 1 | 2 | 3 | 4 |
| TJ | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 1 | 2 | 3 | 4 | 5 |
| 1500m | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 1 | 2 | 3 | 4 | 5 | 6 |
| 5000m | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3000m SC | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |

EUROPEAN
ATHLETICS

TEAM CHAMPIONSHIPS

1ST DIVISION

Madrid 2025

OFFICIAL PARTNERS



OFFICIAL SUPPLIERS



HOST INSTITUTIONS

