



### Campeonato de España 5km Master

Se comunica el listado provisional de atletas admitidos en el Campeonato de España Master de 5km a disputar en Bertamirás-Ames (A Coruña). Cualquier consulta o reclamación al respecto pueden contactar con imansilla@rfea.es antes del jueves 9 de octubre a las 14:00 horas.

Actualizado a 07.10 - 15:30 horas

| 5km MASC. Máster |                  |                                |      |           |            |                             |            |                        |
|------------------|------------------|--------------------------------|------|-----------|------------|-----------------------------|------------|------------------------|
| Marca            | Lic.             | Nombre                         | Nac. | Categoría | Fecha Nac. | Club                        | Fecha      | Lugar                  |
| 9:32.40          | O296             | IGNACIO PRIETO GARCIA          | ESP  | M35       | 1/10/1990  | RG Cultural Covadonga       | 5/4/2025   | Avilés                 |
| 9:54.20          | GA-3734660-A-N-s | IVAN PARDAL COCA               | ESP  | M35       | 3/12/1988  | CA Santiago                 | 7/1/2024   | Ourense (i)            |
| 14:54            | LO6956           | IGNACIO GARCIA RAMON           | ESP  | M35       | 4/3/1990   | ADAS CUPA                   | 16/3/2024  | Laredo                 |
| 15:34.48         | GA15696          | EMILIO PEREZ GROBA             | ESP  | M35       | 10/4/1988  | ADAS CUPA                   | 15/6/2024  | Vigo                   |
| 15:36            | GA5824           | ANTONIO TEIJIDO LOPEZ          | ESP  | M35       | 20/1/1986  | CCA Ria de Foz              | 19/4/2025  | Padrón                 |
| 16:20            | GA-3770969-A-N-s | CRISTIAN EXPOSITO CAMPOS       | ESP  | M35       | 4/10/1987  | SD Compostela Atletismo     | 27/10/2024 | Valencia               |
| 17:24            | GA-3703919-A-N-s | BORJA NOUCHE LOPEZ             | ESP  | M35       | 8/12/1987  | Club Atletismo Tambre       | 6/4/2024   | Santiago De CoMpoStela |
| 17:24            | AG2026660        | CARLOS FRAGA ADRIO             | ESP  | M35       | 16/7/1990  | CA Pino                     | 19/4/2025  | Padrón                 |
| 32:50            | GA-3705700-A-N-s | ALBINO FERNANDEZ GARCIA        | ESP  | M35       | 4/12/1986  | Atletismo Arenteiro         | 19/4/2025  | Padrón                 |
| 32:54            | GA5921           | ALEJO ARES PRADA               | ESP  | M35       | 10/8/1989  | ADAS CUPA                   | 1/6/2025   | Carballo               |
| 33:38            | GA632            | JOSUE MORENO LIRA              | ESP  | M35       | 9/11/1988  | Sociedade Atletica do Trega | 23/03/2025 | Porriño                |
| 36:46            | GA-3770203-A-N-s | ADRIAN CASTROAGUDIN GOMÉZ      | ESP  | M35       | 13/6/1986  | Moraña en Ruta              | 10/3/2024  | Xinzo de Limia         |
| 16:04            | BI380            | JUAN ALBERTO CARRASCAL MORALES | ESP  | M40       | 5/11/1980  | Atletismo Santurtzi         | 21/4/2024  | Maliaño                |
| 16:09            | O7396            | JUAN JOSE GARCIA QUINTANA      | ESP  | M40       | 3/1/1983   | SCD Ribadesella             | 4/1/2025   | Salinas                |
| 16:28.10         | GA34             | ESTEBAN DIAZ PEREZ             | ESP  | M40       | 26/2/1981  | Club Atletismo Naron        | 20/6/2025  | La Nucía               |
| 16:32            | IB16401          | ROBERTO AGUILAR MARTÍNEZ       | ESP  | M40       | 9/2/1981   | Atletismo Inca              | 16/3/2024  | Laredo                 |
| 17:05            | GA790            | JOSE SANDA ARES                | ESP  | M40       | 31/7/1981  | SD Compostela Atletismo     | 24/5/2025  | Laredo                 |
| 17:05            | GA-3771049-A-N-s | MANUEL SOBRAL GONZALEZ         | ESP  | M40       | 31/10/1982 | SD Compostela Atletismo     | 24/5/2025  | Laredo                 |
| 17:17            | GA-3756324-A-N-s | ANTONIO ÁLVAREZ COSTAS         | ESP  | M40       | 21/6/1983  | Comesaña Sporting Club      | 2/6/2024   | carballo               |
| 18:07            | GA621            | GUMERSINDO GONZALEZ CASTRO     | ESP  | M40       | 15/10/1980 | SD Compostela Atletismo     | 20/4/2024  | Don Benito             |
| 18:58            | SA4535           | PEDRO JOSE PEREZ GARCIA        | ESP  | M40       | 13/10/1982 | Ciudad Peñaranda            | 20/4/2024  | Don Benito             |
| 33:18            | AG18522          | ALBERTO MARIÑO RIAL            | ESP  | M40       | 5/9/1981   | SD Compostela Atletismo     | 1/6/2025   | Carballo               |
| 33:28            | GA-3773670-A-N-s | NICOLAS DOMINGUEZ GARCIA       | ESP  | M40       | 16/3/1983  | Club Atletismo SAR          | 19/4/2025  | Padrón                 |
| 35:08            | GA-3821861-A-N-s | FERNANDO PEREZ FERNANDEZ       | ESP  | M40       | 29/7/1982  | Ferrol Atletismo            | 5/10/2025  | A Coruña               |
| 35:14            | GA-3771075-A-N-s | ROBERTO MARTINEZ CASTRO        | ESP  | M40       | 11/12/1983 | CD Pinarium                 | 6/10/2024  | A CoRuña               |
| 35:27.69         | PA-3786984-A-E-s | MANUEL MARIA LOPEZ MELERO      | ESP  | M40       | 26/12/1984 | INDEPENDIENTE               | 14/09/2025 | Alcobendas             |
| 37:05            | GA-3704129-A-N-s | MARCIAL ANIBAL BARCA ESPAÑA    | ESP  | M40       | 20/10/1980 | Club Atletismo Sada         | 01/06/2025 | Carballo               |
| 38:29            | GA8967           | MARCOS OTERO RODRIGUEZ         | ESP  | M40       | 18/12/1982 | Club Atletismo Estrada      | 5/10/2025  | A Coruña               |
| 15:45            | CO3034           | JUAN MIGUEL MAILLO CANTERO     | ESP  | M45       | 3/8/1980   | ADAS CUPA                   | 14/1/2024  | Valencia               |
| 15:46            | AB1547           | JESUS MONTEJANO PATIÑO         | ESP  | M45       | 16/5/1977  | Atletismo C.P. La Roda      | 14/1/2024  | Valencia               |
| 15:51            | GA1410           | ISRAEL ROPERO CABALLERO        | ESP  | M45       | 28/4/1977  | ADAS CUPA                   | 20/4/2024  | Don Benito             |
| 16:00            | AS-3713904-A-N-p | JAVIER MIER ALONSO             | ESP  | M45       | 13/11/1976 | Cerezal Team                | 4/1/2025   | Salinas                |
| 16:11            | GA1530           | JESUS FERNANDEZ SOENGAS        | ESP  | M45       | 22/2/1979  | CD Delikia                  | 14/1/2024  | Valencia               |
| 16:24            | MU-3752053-A-N-s | ANTONIO PARRA INIESTA          | ESP  | M45       | 30/8/1980  | Atletismo Albacete          | 20/4/2024  | Don Benito             |
| 16:27            | TF22474          | NORBERTO ANTONIO LOPEZ HERRERA | ESP  | M45       | 2/2/1978   | Atletas 97                  | 22/2/2025  | Sevilla                |
| 16:50            | TF3392           | DIEGO RUYMÁN LÓPEZ MÉNDEZ      | ESP  | M45       | 26/1/1979  | Travertoro                  | 7/4/2024   | AroNa                  |
| 16:57.05         | LO5549           | FRANCISCO JESUS MARTINEZ RAMOS | ESP  | M45       | 15/11/1976 | Maraton Rioja               | 16/2/2025  | Logroño                |
| 17:17.93         | GA23360          | MANUEL VIEITES CARBALLO        | ESP  | M45       | 8/4/1976   | Atletismo Cuntis            | 26/5/2024  | Vigo                   |
| 17:22            | IB16345          | JOSE MARIA DIAZ ROIG           | ESP  | M45       | 9/1/1976   | Atletismo Inca              | 16/3/2024  | Laredo                 |
| 17:41            | SA4460           | ANGEL JOSE GARCIA DIAZ         | ESP  | M45       | 12/5/1977  | Ciudad Peñaranda            | 20/4/2024  | Don Benito             |
| 17:44            | AG11742          | ISRAEL BENITEZ SOMOZA          | ESP  | M45       | 20/5/1976  | El Canario                  | 19/4/2025  | Padrón                 |
| 17:50.63         | GA-3769631-A-N-s | IVAN VEIGA RAPOSO              | ESP  | M45       | 30/5/1979  | Lucas Caixa Rural Galega    | 26/4/2025  | Lugo                   |
| 17:56            | M1340            | SERGIO RODRIGUEZ RIVERO        | ESP  | M45       | 28/1/1979  | Trueke Run                  | 15/12/2024 | Pinto                  |
| 18:20            | GA1467           | DAVID MARTINEZ MELLADO         | ESP  | M45       | 12/5/1980  | SD Compostela Atletismo     | 20/4/2024  | Don Benito             |
| 18:59            | LO7710           | SANTIAGO PESO GARCIA           | ESP  | M45       | 17/8/1979  | Maraton Rioja               | 9/3/2025   | Bilbao                 |
| 19:39.86         | LO188            | LUIS MIGUEL PEREZ GARCIA       | ESP  | M45       | 13/10/1978 | Maraton Rioja               | 10/2/2024  | Logroño                |
| 19:40            | GA788            | MANUEL CASTIÑEIRAS PORTOS      | ESP  | M45       | 7/8/1979   | SD Compostela Atletismo     | 6/4/2024   | Santiago De CoMpoStela |
| 19:43            | GA-3783683-A-N-s | JOSE LUIS PANIAGUA FERNANDEZ   | ESP  | M45       | 6/1/1979   | Atletismo Fontes do Sar     | 9/3/2025   | Bilbao                 |
| 30:29            | GA8547           | JORGE CRESPO ARIAS             | ESP  | M45       | 25/10/1979 | Club Atletismo SAR          | 16/3/2024  | Laredo                 |
| 31:54            | GA6117           | ALVARO PRIETO FERVENZA         | ESP  | M45       | 9/2/1980   | Atletismo Corredoiras       | 19/4/2025  | Padrón                 |
| 32:31            | AS-3710994-A-N-s | JONATHAN GARCIA PUENTE         | ESP  | M45       | 14/12/1978 | Cerezal Team                | 24/5/2025  | Laredo                 |
| 34:04            | AS-3710992-A-N-c | DAVID BELVER MUÑOZ             | ESP  | M45       | 18/5/1976  | Cerezal Team                | 21/9/2024  | Ribadesella            |
| 35:38            | GA-3804637-A-N-c | JUAN JOSÉ ÁLVAREZ CURES        | ESP  | M45       | 29/3/1977  | ADAS CUPA                   | 1/6/2025   | Carballo               |
| 37:03            | GA-3781640-A-N-s | ALBERTO CAROU CARRIL           | ESP  | M45       | 8/8/1979   | CA Pino                     | 6/4/2024   | Santiago De CoMpoStela |
| 38:22            | AG2023538        | JAVIER TUIMIL CALVO            | ESP  | M45       | 28/1/1976  | Club Atletismo Naron        | 5/10/2025  | A Coruña               |
| 38:39            | GA-3783688-A-N-s | NEMESIO LOPEZ FERNANDEZ        | ESP  | M45       | 18/7/1976  | Atletismo Fontes do Sar     | 1/12/2024  | Valencia               |
| 39:51            | GA-3704048-A-N-s | RUBEN PENAS GARCIA             | ESP  | M45       | 31/10/1977 | Club Atletismo Tambre       | 9/3/2025   | Bilbao                 |
| 41:23            | GA1135           | PEDRO ANTONIO SEVILLA SUBIELA  | ESP  | M45       | 5/12/1975  | Comesaña Sporting Club      | 1/6/2025   | Carballo               |
| 41:25            | GA-3767158-A-N-c | LUIS MIGUEZ MIGUEZ             | ESP  | M45       | 3/8/1978   | SD Compostela Atletismo     | 24/5/2025  | Laredo                 |
| 9:11.73          | GA7025           | DANIEL BARGIELA ARAUJO         | ESP  | M50       | 20/2/1975  | Bikila                      | 28/1/2024  | Ourense (i)            |
| 9:45.23          | CT17689          | ANTONIO GODOY CARO             | ESP  | M50       | 23/4/1975  | Pratenc AA                  | 25/05/2025 | Tarragona              |
| 15:35.77         | GA8683           | JUAN ANTONIO GUDE VILA         | ESP  | M50       | 3/4/1974   | Lucas Caixa Rural Galega    | 15/6/2024  | Vigo                   |
| 15:46            | IB16184          | MANUEL CARLOS OUTÓN BESADA     | ESP  | M50       | 17/7/1975  | Atletismo Inca              | 16/3/2024  | Laredo                 |
| 15:57.20         | SS-3739238-A-N-s | SERGIO ROMÁN BERMEJO           | ESP  | M50       | 22/7/1975  | At. San Sebastian           | 31/5/2025  | San Sebastián-AUX      |
| 16:12            | GA-3768130-A-N-s | JORDI CARRASCO NUÑEZ           | ESP  | M50       | 4/4/1974   | SD Compostela Atletismo     | 27/4/2025  | Camargo                |
| 16:21            | A16450           | ANTONIO OJEDA GONZALEZ         | ESP  | M50       | 12/8/1971  | Atletismo C.P. La Roda      | 20/4/2024  | Don Benito             |

|          |                   |                                       |     |     |            |                               |            |                            |
|----------|-------------------|---------------------------------------|-----|-----|------------|-------------------------------|------------|----------------------------|
| 16:21.50 | S10618            | SERGIO SANTIAGO BROCH                 | ESP | M50 | 21/3/1975  | Atletismo Torrelavega         | 23/6/2024  | Santander                  |
| 16:24    | AS-3714522-A-N-c  | MAXIMO CORDERO BONITO                 | ESP | M50 | 11/7/1972  | Cerezal Team                  | 4/1/2025   | Salinas                    |
| 16:35.03 | GA17661           | XABIER DIAZ FERNANDEZ                 | ESP | M50 | 19/11/1974 | Lucus Caixa Rural Galega      | 26/4/2025  | Lugo                       |
| 16:38    | AB1184            | CARLOS ANDRES LUCAS CANTERO           | ESP | M50 | 31/1/1973  | Atletismo C.P. La Roda        | 20/4/2024  | Don Benito                 |
| 16:54    | GA-3771036-A-N-s  | JOSE CARLOS FERREIRA GONZALEZ         | ESP | M50 | 13/2/1974  | SD Compostela Atletismo       | 20/4/2024  | Don Benito                 |
| 17:10    | M32808            | HUGO BAENA JIMENEZ                    | ESP | M50 | 12/4/1974  | Club RFB Boadilla             | 15/12/2024 | Pinto                      |
| 17:35    | LO7404            | MANEL VERGARA SAENZ                   | ESP | M50 | 16/1/1975  | Maraton Rioja                 | 14/1/2024  | Valencia                   |
| 17:52.56 | LO222             | JUAN CARLOS IRAGO CASAL               | ESP | M50 | 27/6/1972  | Maraton Rioja                 | 10/2/2024  | Logroño                    |
| 17:53.23 | LO74              | FRANCISCO JAVIER LÓPEZ PASCUAL        | ESP | M50 | 9/3/1975   | Maraton Rioja                 | 16/2/2025  | Logroño                    |
| 18:09    | SE8674            | DAVID PEREZ VIDES                     | ESP | M50 | 12/10/1973 | Atletismo Oripipo             | 20/4/2024  | Don Benito                 |
| 18:40    | M26685            | LUIS ESPINOSA BEDOYA                  | ESP | M50 | 18/10/1970 | Track Cross Road Team         | 23/3/2025  | Madrid (d)                 |
| 20:13    | TF26491           | SERGIO HERNANDEZ MORALES              | ESP | M50 | 3/12/1973  | Atletas 97                    | 22/2/2025  | Sevilla                    |
| 20:25    | TGAL709           | LAUREANO VARELA ALVAREZ               | ESP | M50 | 26/7/1975  | SD Compostela Atletismo       | 24/5/2025  | Laredo                     |
| 20:46    | TO6760            | JAVIER LOPEZ PASCUAL                  | ESP | M50 | 6/4/1974   | Atletismo Seseña              | 9/3/2025   | Bilbao                     |
| 20:53    | O8326             | DANIEL RODRIGUEZ GONZALO              | ESP | M50 | 31/10/1971 | Oriente Atletismo             | 16/3/2024  | Laredo                     |
| 32:55    | TCVA760           | EDUARDO PASCUAL VERDU CALABUIG        | ESP | M50 | 30/1/1972  | Atletismo Albacete            | 14/1/2024  | Valencia                   |
| 34:29    | TCLM87            | FERNANDO GARCIA MARTINEZ              | ESP | M50 | 15/11/1972 | Atletismo Albacete            | 14/1/2024  | Valencia                   |
| 34:43    | AB1833            | MANUEL GARCIA PIQUERAS                | ESP | M50 | 23/9/1974  | Atletismo Albacete            | 14/1/2024  | Valencia                   |
| 36:01    | GA9046            | MANUEL ENRIQUE ESTEVEZ GARCIA         | ESP | M50 | 17/4/1972  | ADAS CUPA                     | 1/6/2025   | Carballo                   |
| 36:53    | GA23527           | JOSE MANUEL GARCIA PEREZ              | ESP | M50 | 8/4/1973   | ADAS CUPA                     | 9/3/2025   | Bilbao                     |
| 39:16    | GA-3695256-A-N-s  | MARCELO VÁSQUEZ CORTÉS                | ESP | M50 | 12/4/1971  | Egoarros de Viveiro           | 05/04/2025 | Santiago De CoMpoStela     |
| 42:41    | LO5645            | GUSTAVO SANTOS ALSASUA                | ESP | M50 | 2/9/1973   | Maraton Rioja                 | 21/04/2024 | Calahorra                  |
| 11:37.02 | GA-3771067-A-N-s  | ANGEL MANUEL FERNANDEZ VIDAL          | ESP | M55 | 16/10/1968 | SD Compostela Atletismo       | 1/2/2025   | Ourense (i)                |
| 16:17    | GA6140            | JOSE MANUEL FERNANDEZ MARQUEZ         | ESP | M55 | 2/9/1968   | ADAS CUPA                     | 14/1/2024  | Valencia                   |
| 16:41    | NA-15539          | GERARDO CLEMENTE QUILEZ               | ESP | M55 | 28/4/1970  | Hiru-Herri                    | 8/6/2025   | Irún                       |
| 16:43    | EX6459            | DIEGO LARA GARCIA                     | ESP | M55 | 23/7/1969  | At Campisur                   | 20/4/2024  | Don Benito                 |
| 17:17.45 | GA-3777998-A-N-s  | JULIO RODRIGUEZ GARCIA                | ESP | M55 | 12/1/1970  | Atletismo Fontes do Sar       | 16/5/2025  | Pereiro de Aguiar          |
| 17:34    | AG2014508         | FRANCISCO JAVIER CAMPOS SUÁREZ        | ESP | M55 | 29/4/1970  | CA Santiago                   | 6/4/2024   | Santiago De CoMpoStela     |
| 17:46    | GU2147            | JOSE MARIA ROSADO CALVENTE            | ESP | M55 | 14/8/1968  | CD Atletismo Tarancón         | 28/1/2024  | Castellón                  |
| 17:49.61 | FV1240            | ÁLVARO AYALA AGUIRRE                  | ESP | M55 | 14/1/1968  | CD Jable del Sur Itagu        | 18/5/2025  | Vecindario                 |
| 18:18    | O8044             | GREGORIO MURCIANO DE LA FUENTE        | ESP | M55 | 16/4/1967  | Atletica Avilesina            | 20/4/2024  | Don Benito                 |
| 19:22    | CMAD758           | MIGUEL ANGEL DE LOS REYES CUDERO      | ESP | M55 | 19/10/1967 | INDEPENDIENTE                 | 15/12/2024 | Pinto                      |
| 20:00    | FV1382            | JOSÉ LUIS HERNÁNDEZ CALERO            | ESP | M55 | 18/2/1970  | Travertoro                    | 14/1/2024  | Valencia                   |
| 20:43    | GA-3756153-A-N-c  | JOSE LUIS RIO SILVA                   | ESP | M55 | 16/6/1966  | RUNNING OLEIROS               | 9/2/2025   | A CoRuña                   |
| 34:23    | LO73335           | RAUL LOPEZ NEGUERUELA                 | ESP | M55 | 23/5/1969  | Maraton Rioja                 | 16/3/2024  | Laredo                     |
| 35:22    | LO6201            | ALFONSO DIEZ GARCIA                   | ESP | M55 | 9/2/1970   | Maraton Rioja                 | 9/3/2025   | Bilbao                     |
| 35:39    | IB1080-A-N-s      | JOSE ANGEL PEREZ LORENZO              | ESP | M55 | 9/10/1968  | Sporting Calvià               | 06/12/2024 | Montuiri                   |
| 36:26    | GA-3724272-A-N-s  | RAMÓN DANIEL SERANTES GOMEZ           | ESP | M55 | 1/10/1968  | Coruña Comarca                | 05/10/2025 | A Coruña                   |
| 37:29    | GA-3777618-A-N-s  | JUAN CARLOS FERNÁNDEZ LAGO            | ESP | M55 | 6/12/1967  | Club Atletismo SAR            | 6/10/2024  | A CoRuña                   |
| 38:35    | GA-3769627-A-N-s  | GERARDO RAPOSO BUJAN                  | ESP | M55 | 2/10/1968  | Lucus Caixa Rural Galega      | 5/10/2025  | A Coruña                   |
| 40:59    | GA758             | JUAN LUIS AMIGO FERREIRO              | ESP | M55 | 8/12/1969  | SD Compostela Atletismo       | 1/6/2025   | Carballo                   |
| 42:16    | GA-3785063-A-N-p  | JESUS ALVAREZ CHINCHILLA              | ESP | M55 | 4/9/1966   | Club Atletismo Sada           | 9/3/2025   | Bilbao                     |
| 42:18    | GA1148            | ANTONIO VÁZQUEZ TOURÓN                | ESP | M55 | 31/8/1970  | SD Compostela Atletismo       | 5/4/2025   | Santiago De CoMpoStela     |
| 10:20.15 | GA-3701143-A-N-p  | JOSE JUAN VILA REY                    | ESP | M60 | 3/3/1963   | Club Atletismo Sada           | 7/1/2024   | Ourense (i)                |
| 17:19    | SS58              | MIGUEL ANGEL ENCINA JIMENEZ DE VICUÑA | ESP | M60 | 19/10/1963 | Goierri Garaia                | 20/4/2024  | Don Benito                 |
| 17:19.13 | GA4989            | SATURNINO GONZALEZ NOVOA              | ESP | M60 | 21/11/1961 | Ourense Atletismo             | 26/5/2024  | Vigo                       |
| 17:29    | GA1424            | JOSE SUÁREZ LEIS                      | ESP | M60 | 23/12/1963 | SD Compostela Atletismo       | 20/4/2024  | Don Benito                 |
| 17:42    | SE7392            | MANUEL DOMINGUEZ DURAN                | ESP | M60 | 28/6/1963  | Atletismo Oripipo             | 20/4/2024  | Don Benito                 |
| 18:14    | SE911             | JUAN CARLOS DIAZ JIMENEZ              | ESP | M60 | 30/7/1962  | Atletismo Oripipo             | 20/4/2024  | Don Benito                 |
| 19:36    | A16214            | MANUEL SERRANO ESPINOSA               | ESP | M60 | 18/2/1961  | Atletico Novelda              | 20/4/2024  | Don Benito                 |
| 20:13.15 | AG20109           | JUAN IGNACIO VERDEJO SANCHEZ          | ESP | M60 | 11/5/1965  | CA Santiago                   | 1/6/2025   | Santiago de Compostela     |
| 20:48.26 | CS7428            | FRANCOIS JESUS VILALTA CESAR          | ESP | M60 | 15/9/1962  | Facsa - Playas de Castellón   | 26/4/2025  | Castellón-MGH              |
| 21:18    | GA-3677624-A-N-s  | EMILIO RAMÓN FERNÁNDEZ RODRÍGUEZ      | ESP | M60 | 11/2/1964  | SD Compostela Atletismo       | 16/3/2024  | Laredo                     |
| 36:58    | TCLM63            | ABELARDO MARTINEZ SANCHEZ             | ESP | M60 | 23/6/1964  | Atletismo Albacete            | 14/1/2024  | Valencia                   |
| 37:19    | TCLM94            | JUAN IGNACIO LOPEZ LOPEZ              | ESP | M60 | 11/7/1964  | Atletismo Albacete            | 12/1/2025  | Valencia                   |
| 40:27    | GA1110            | JESÚS BARRAL SANCHEZ                  | ESP | M60 | 23/5/1965  | SD Compostela Atletismo       | 1/6/2025   | Carballo                   |
| 45:17    | AG2028012         | RUFINO FERNANDEZ TRASANCOS            | ESP | M60 | 5/8/1963   | Egoarros de Viveiro           | 10/03/2024 | Xinzo de Limia             |
| 45:21    | GA8550            | FRANCISCO SANMARCO SANTOS             | ESP | M60 | 12/4/1964  | Club Atletismo SAR            | 05/10/2025 | A Coruña                   |
| 17:43.50 | O4624             | BENIGNO FERNANDEZ RODRIGUEZ           | ESP | M65 | 21/1/1959  | SCD Ribadesella               | 15/8/2024  | Gotemburgo                 |
| 19:03    | GA-3784740-A-N-p  | MANUEL SUAREZ MARTINEZ                | ESP | M65 | 26/3/1958  | CA Veteranos de Samil         | 6/10/2024  | Albacete                   |
| 19:34    | BU2906            | RAFAEL DE ANDRES GARCIA               | ESP | M65 | 10/4/1959  | C.D. Aranda Corre             | 20/4/2024  | Don Benito                 |
| 20:55    | V22445            | CARLOS CARBONELL TALON                | ESP | M65 | 10/2/1958  | Correcaminos                  | 20/4/2024  | Don Benito                 |
| 21:37.87 | M1206             | FERNANDO MARQUINA ALONSO              | ESP | M65 | 12/11/1958 | Running Pinto Seoane - Pampin | 20/6/2025  | La Nucía                   |
| 21:58    | TF2331            | JUAN FERMÍN DEL CASTILLO GARCÍA       | ESP | M65 | 8/1/1956   | Atletas 97                    | 19/10/2024 | Bilbao                     |
| 22:43.38 | CT2826            | ISIDRE MORAGAS RECASENS               | ESP | M65 | 18/12/1955 | CA Lloret-La Selva            | 25/5/2024  | Palafrugell                |
| 42:23    | GU2023            | ANTONIO BONILLA DE FRANCISCO          | ESP | M65 | 5/7/1958   | CD Velociraptor               | 15/12/2024 | Daimiel                    |
| 45:13    | GA9166            | RAMIRO MENDEZ RODRIGUEZ               | ESP | M65 | 8/9/1957   | A Gándara                     | 5/10/2025  | A Coruña                   |
| 12:44.56 | V22113            | EVARISTO GARCIA DOMENECH              | ESP | M70 | 13/7/1954  | Catarroja U.E.                | 12/5/2024  | Gandía                     |
| 20:03.09 | GA7770            | XOSE LUIS OTERO CEPEDA                | ESP | M70 | 2/11/1951  | CA Santiago                   | 26/5/2024  | Vigo                       |
| 22:20    | TF20725           | AGAPITO MENDEZ LOPEZ                  | ESP | M70 | 15/9/1952  | Atletas 97                    | 5/5/2024   | San Cristóbal de La Laguna |
| 23:07    | LO6944            | OSCAR CALVE SAN JUAN                  | ESP | M70 | 14/5/1951  | Maraton Rioja                 | 6/10/2024  | Albacete                   |
| 23:35.69 | TF20713           | MIGUEL MEDINA SANTOS                  | ESP | M70 | 1/10/1953  | Atletas 97                    | 1/6/2024   | Las Palmas de Gran Canaria |
| 24:57    | MU-3719905-A-N-s  | ANTONIO RIQUELME SANCHEZ              | ESP | M70 | 17/10/1954 | UCAM Atletica Alcantarilla    | 21/12/2024 | Alcantarilla               |
| 48:05    | GA8958            | DOMINGO ALVAREZ IGLESIAS              | ESP | M70 | 26/8/1951  | Egoarros de Viveiro           | 6/10/2024  | A CoRuña                   |
| 51:46    | GA-3819375-A-N-p  | MIGUEL HERNANDEZ BORREGO              | ESP | M70 | 14/7/1952  | CA Veteranos de Samil         | 1/6/2025   | Carballo                   |
| 22:16.27 | CAT-3772237-A-N-s | CELSO CURIEL RECIO                    | ESP | M75 | 5/4/1949   | AA Palamos                    | 20/6/2025  | La Nucía                   |
| 23:10.39 | GA-3783106-A-N-p  | J. ROBERTO REY GONZALEZ               | ESP | M75 | 20/6/1948  | CA Veteranos de Samil         | 26/5/2024  | Vigo                       |
| 24:39    | TF333             | DOMINGO NICASIO HERNANDEZ GONZALEZ    | ESP | M75 | 14/12/1949 | Atletas 97                    | 5/5/2024   | San Cristóbal de La Laguna |
| 25:05    | TF5213            | ISIDRO AGUIAR HERNANDEZ               | ESP | M75 | 19/9/1948  | Atletas 97                    | 5/5/2024   | San Cristóbal de La Laguna |
| 45:55    | GA23428           | JOSE FERNANDO SAINZ GARCIA            | ESP | M75 | 20/1/1949  | Club Atletismo SAR            | 3/11/2024  | Negreira                   |
| 50:20.84 | CT26887           | JOSEP MASO TARRES                     | ESP | M75 | 23/5/1950  | CA Lloret-La Selva            | 17/2/2024  | Gavà                       |

| 5km FEM. Máster |                   |                                   |      |     |            |                             |            |                            |
|-----------------|-------------------|-----------------------------------|------|-----|------------|-----------------------------|------------|----------------------------|
| Marca           | Lic.              | Nombre                            | Nac. |     | Año        | Club                        | Fecha      | Lugar                      |
| 18:50           | EX856             | SOLEDAD BARRANTES BORRELLA        | ESP  | F35 | 29/4/1987  | Club Maraton Casar          | 5/5/2024   | Villanueva de la Serena    |
| 19:01.12        | GA-3768154-A-N-s  | TERESA PARRADO PINAQUE            | ESP  | F35 | 27/2/1990  | CA Santiago                 | 15/6/2024  | Vigo                       |
| 38:28           | GA100             | ANDREA IGLESIAS CARBALLIDO        | ESP  | F35 | 13/5/1989  | Fisioterapia San Lázaro     | 5/10/2025  | A Coruña                   |
| 44:17           | AG20087           | AMIRA SIMÓN MARTÍNEZ              | ESP  | F35 | 15/10/1989 | SD Compostela Atletismo     | 05/10/2025 | A Coruña                   |
| 10:18.35        | GA240             | BEGOÑA DOMINGUEZ MONTES           | ESP  | F40 | 19/9/1984  | Ourense Atletismo           | 19/5/2024  | Pamplona                   |
| 19:19.75        | GA15940           | MARTA FERNANDEZ OTERO             | ESP  | F40 | 30/7/1985  | Comesaña Sporting Club      | 1/6/2025   | Santiago de Compostela     |
| 21:04           | CT-3787190-A-N-s  | NOELIA MIGUEL BARAJAS             | ESP  | F40 | 23/3/1985  | Cárcoba - Ribamontán al Mar | 23/8/2025  | Galizano                   |
| 36:40           | TCVA656           | MARIA ISABEL FERRER CASTELL       | ESP  | F40 | 21/10/1981 | C.A.Llebeig                 | 25/2/2024  | XABIA                      |
| 37:43           | GA4239            | SOFIA FREAZA OTERO                | ESP  | F40 | 26/3/1982  | Comesaña Sporting Club      | 19/4/2025  | Padrón                     |
| 38:09           | GA8984            | ZELINDA SPENCER CONCEICAO         | ESP  | F40 | 8/5/1985   | Oviedo At.                  | 6/10/2024  | A CoRuña                   |
| 40:52           | GA-3741622-A-N-s  | DELIA VILLALBA BARRIOS            | PAR  | F40 | 5/12/1983  | Comesaña Sporting Club      | 1/6/2025   | Carballo                   |
| 11:31.81        | TF25390           | SONIA PRIETO GARCIA               | ESP  | F45 | 7/7/1976   | Atletas 97                  | 5/10/2024  | La Laguna                  |
| 17:00           | IB16016           | MARIA JESUS PALLICER ROTGER       | ESP  | F45 | 1/1/1978   | INDEPENDIENTE               | 18/2/2024  | Ibiza                      |
| 18:12           | AB1185            | MARIA JOSE DE TORO SAIZ           | ESP  | F45 | 11/11/1976 | Atletismo C.P. La Roda      | 20/4/2024  | Don Benito                 |
| 18:14           | IB-3748894-A-N-s  | ROSA Mª CORDOBA SIRIA             | ESP  | F45 | 12/8/1979  | Sporting Calvià             | 17/5/2025  | Puerto de Pollença         |
| 19:29.19        | GA-3699543-A-N-s  | NATALIA GARCIA SANCHEZ            | ESP  | F45 | 7/3/1977   | Club Atletismo Sada         | 28/6/2025  | Santiago de Compostela     |
| 19:43           | A11735            | SANDRA HERVAS MARTIN              | ESP  | F45 | 3/1/1977   | Atletismo C.P. La Roda      | 4/5/2025   | Oliva                      |
| 19:55           | GA-3698522-A-N-s  | NATALIA RIVAS SUAREZ              | ESP  | F45 | 30/12/1977 | Club Atletismo Sada         | 14/1/2024  | Valencia                   |
| 20:00.09        | AG766013          | ANA ISABEL SOUTULLO PARADELA      | ESP  | F45 | 17/6/1978  | Club Atletismo Sada         | 1/6/2025   | Santiago de Compostela     |
| 20:32           | GA20              | ELENA LEDO LOPEZ                  | ESP  | F45 | 26/6/1979  | ADAS CUPA                   | 12/5/2024  | Valladolid                 |
| 20:47           | LO165             | ELENA CLAVIJO LÓPEZ               | ESP  | F45 | 4/8/1977   | Maraton Rioja               | 6/10/2024  | Albacete                   |
| 21.21           | GA-3783669-A-N-s  | ANDREIA RAMOS LEIS                | ESP  | F45 | 11/12/1977 | Atletismo Fontes do Sar     | 15/2/2025  | PADRON                     |
| 21:27           | GA709             | MARÍA TARRÍO MARTÍNEZ             | ESP  | F45 | 10/11/1977 | SD Compostela Atletismo     | 24/5/2025  | Laredo                     |
| 36:40           | LO6828            | ESTHER RODRIGUEZ DIEZ             | ESP  | F45 | 12/4/1980  | ADAS CUPA                   | 16/3/2024  | Laredo                     |
| 42:38           | GA2019            | MARTINA TASENDE ANDRADE           | ESP  | F45 | 1/4/1980   | ADAS CUPA                   | 1/6/2025   | Carballo                   |
| 43:12           | AG2019794         | REBECA SOTO VIÑAS                 | ESP  | F45 | 7/2/1976   | Club Atletismo Naron        | 6/10/2024  | A CoRuña                   |
| 18:08           | AR5088            | ARANCHA TEJERO TEJADAS            | ESP  | F50 | 1/6/1972   | Dawako Athletics C.D.       | 16/3/2024  | Laredo                     |
| 19:11           | BI53316           | MARIA ISABEL SIXTO TATO           | ESP  | F50 | 21/1/1975  | LEA La Blanca               | 16/3/2024  | Laredo                     |
| 20:54           | GA5857            | NOELIA PAPIN ESTEVEZ              | ESP  | F50 | 30/12/1974 | Dawako Athletics C.D.       | 19/4/2025  | Padrón                     |
| 22:37           | AG18273           | LORETO SAMBADE LESTON             | ESP  | F50 | 12/8/1975  | Triki Team                  | 19/4/2025  | Padrón                     |
| 23:12           | MA7647            | ANA MARIA VELASCO TEJERA          | ESP  | F50 | 9/12/1970  | San Pedro Atletismo         | 20/4/2024  | Don Benito                 |
| 23:41           | CAT-3717590-A-N-s | JOANA DEULOFEU REIXACH            | ESP  | F50 | 11/5/1971  | GEIE Gironí                 | 9/3/2025   | Bilbao                     |
| 48:21           | GA70              | PILAR BARREIRO SENRA              | ESP  | F50 | 11/1/1971  | Club Atletismo Sada         | 6/10/2024  | A CoRuña                   |
| 13:35.36        | BU3698            | ESTHER MOLINERO GONZALEZ          | ESP  | F55 | 25/11/1968 | Ibercaja Capiscol           | 23/11/2024 | BURGOS                     |
| 18:57           | O5268             | ESTHER ALVAREZ HERRERO            | ESP  | F55 | 28/7/1970  | Bathco Running Team         | 4/1/2025   | Salinas                    |
| 19:13.1         | MU22484           | MARIA LOPEZ CANDELA               | ESP  | F55 | 28/7/1969  | Nogalte-Hogar Lumberas      | 17/5/2025  | Cartagena                  |
| 20:04           | O8040             | BLANCA BLANCO JUBETE              | ESP  | F55 | 21/5/1967  | Atletica Avilesina          | 4/1/2025   | Salinas                    |
| 20:08           | GA5817            | INES PAPIN ESTEVEZ                | ESP  | F55 | 5/12/1969  | Dawako Athletics C.D.       | 19/4/2025  | Padrón                     |
| 21:26           | M114              | MARGARITA CHIVO VAZQUEZ           | ESP  | F55 | 17/1/1968  | Track Cross Road Team       | 15/12/2024 | Pinto                      |
| 21:32           | LO7595            | MARIA MIRANDA LLORENS             | ESP  | F55 | 2/10/1966  | Maraton Rioja               | 14/1/2024  | Valencia                   |
| 21:55           | GA-3771025-A-N-s  | ROCIO DIAZ MESA                   | ESP  | F55 | 26/12/1968 | SD Compostela Atletismo     | 20/4/2024  | Don Benito                 |
| 22:06           | TF5117            | RAQUEL LORA GABARAIN              | ESP  | F55 | 6/3/1966   | Atletas 97                  | 22/2/2025  | Sevilla                    |
| 23:20           | CA8492            | AURORA ARRIETE CASTAÑEDA          | ESP  | F55 | 12/7/1966  | Atletismo Chiclana          | 20/4/2024  | Don Benito                 |
| 24:54           | TF8170            | NATALIA PADILLA LUZ               | ESP  | F55 | 14/12/1967 | Atletas 97                  | 22/2/2025  | Sevilla                    |
| 40:34           | GA-3816003-A-N-s  | JULIA VAQUERO SOUSA               | ESP  | F55 | 18/9/1970  | CA Veteranos de Samil       | 1/6/2025   | Carballo                   |
| 50:18           | GA5964            | SUSANA PARGUIÑA FERNANDEZ         | ESP  | F55 | 6/4/1966   | Egobarros de Viveiro        | 05/10/2025 | A CoRuña                   |
| 20:50.79        | BI52611           | INMACULADA RUIZ TERAN             | ESP  | F60 | 14/12/1960 | Sopelanako Munarri          | 26/1/2025  | Basauri                    |
| 22:01           | TF26255           | JANE WICKHAM ESSERY               | ESP  | F60 | 21/3/1961  | CC Tenerife Santa Cruz      | 5/5/2024   | San Cristóbal de La Laguna |
| 23:27.25        | M27654            | ÁNGELES GRIS MAROTO               | ESP  | F60 | 26/11/1963 | Club Corredores             | 20/6/2025  | La Nucía                   |
| 24:02           | MU18721           | MARIA NICOLAS ZOMEÑO              | ESP  | F60 | 8/1/1965   | Grupo Alcaraz               | 20/4/2024  | Don Benito                 |
| 43:24.09        | GA9172            | MARIA SOLEDAD CASTRO SOLIÑO       | ESP  | F60 | 25/5/1965  | Comesaña Sporting Club      | 3/2/2024   | Lugo                       |
| 45:36           | GA-3784922-A-N-s  | PILAR CAINZOS PAN                 | ESP  | F60 | 5/6/1964   | Club Atletismo Sada         | 05/10/2025 | A Coruña                   |
| 14:02.54        | GA8909            | MARINA LAURA FERNANDEZ LOPEZ      | ESP  | F65 | 18/4/1959  | Club Atletismo Sada         | 9/6/2024   | Ibiza                      |
| 23:02           | LO6705            | MARIA MARCELINA HERNAIZ DEL CAMPO | ESP  | F65 | 10/11/1956 | Maraton Rioja               | 6/4/2024   | Crevillent                 |
| 23:10.84        | GA8824            | Mª ANGELES RIPOLL PERNAS          | ESP  | F65 | 13/3/1959  | Club Atletismo Sada         | 26/5/2024  | Vigo                       |
| 23:33           | GA1526            | MARIA CARMEN RODRIGUEZ DEL RIO    | ESP  | F65 | 14/10/1955 | SD Compostela Atletismo     | 20/4/2024  | Don Benito                 |
| 54:48           | GA-3770195-A-N-s  | CELINA RODRIGUEZ SOBRINO          | ESP  | F65 | 5/11/1958  | Moraña en Ruta              | 1/6/2025   | Carballo                   |
| 29:46           | GA19107           | BEGOÑA DE DE ARRIBA BELLOGIN      | ESP  | F70 | 8/9/1955   | Egobarros de Viveiro        | 20/4/2024  | Don Benito                 |
| 56:01           | TGAL397           | SARA BARREIRA BLANCO              | ESP  | F70 | 5/3/1952   | RUNNING OLEIROS             | 6/10/2024  | A CoRuña                   |