

# Récords del Mundo y Mejores Marcas mundiales logradas en España

## Aire Libre

### HOMBRES

|                 |           |                                                             |     |                        |            |       |
|-----------------|-----------|-------------------------------------------------------------|-----|------------------------|------------|-------|
| 300m            | 31.48     | Danny Everett                                               | CUB | Jerez de la Frontera   | 03.09.1990 |       |
|                 | 31.48     | Roberto Hernández                                           | CUB | Jerez de la Frontera   | 03.09.1990 |       |
| 400m            | 43.18     | Michael Johnson                                             | USA | Sevilla                | 26.08.1999 |       |
| 10.000m         | 26:11.00  | Joshua Cheptegei                                            | UGA | Valencia               | 07.10.2020 |       |
| Medio Maratón   | 57:32     | Kibiwott Kandie                                             | KEN | Valencia               | 06.12.2020 |       |
| 400m vallas     | 46.78     | Kevin Young                                                 | USA | Barcelona              | 06.08.1992 |       |
| 5km ruta        | 13:18 +   | Rhonex Kipruto                                              | KEN | Valencia               | 12.01.2020 |       |
|                 | 12:49 *   | Berihu Aregawi                                              | ETH | Barcelona              | 31.12.2021 |       |
| 10km ruta       | 26:38     | Joshua Cheptegei                                            | UGA | Valencia               | 01.12.2019 |       |
| 10km ruta       | 26:24     | Rhonex Kipruto                                              | KEN | Valencia               | 12.01.2020 |       |
| Medio maratón   | 57:32     | Kibiwott Kandie                                             | KEN | Valencia               | 06.12.2020 |       |
| 20 Millas pista | 1:45:28   | Eino Oksanen                                                | FIN | Barcelona              | 26.11.1955 | R.EUR |
| Altura          | 2.43      | Javier Sotomayor                                            | CUB | Salamanca              | 08.09.1988 |       |
|                 | 2.45      | Javier Sotomayor                                            | CUB | Salamanca              | 27.07.1993 |       |
| Triple          | 17.98     | Jonathan Edwards                                            | GBR | Salamanca              | 18.07.1995 | R.EUR |
| 4x100m          | 37.40     | Estados Unidos                                              | USA | Barcelona              | 08.08.1992 |       |
|                 |           | (Michael Marsh, Leroy Burrell, Dennis Mitchell, Carl Lewis) |     |                        |            |       |
| 4x400m          | 2:55.74   | Estados Unidos                                              | USA | Barcelona              | 08.08.1992 |       |
|                 |           | (Andres Valmon, Quincy Wats, Michael Johnson, Steven Lewis) |     |                        |            |       |
| 10.000m marcha  | 37:53.09  | Francisco Javier Fernández                                  | ESP | Santa Cruz de Tenerife | 27.07.2008 | R.EUR |
| 1 hora marcha   | 14.430m   | Daniel Bautista                                             | MEX | Madrid                 | 28.05.1978 |       |
| 2 horas marcha  | 28.165m   | José Marín                                                  | ESP | Barcelona              | 08.04.1979 | R.EUR |
| 20km marcha     | 1:22.16   | Daniel Bautista                                             | MEX | Valencia               | 19.05.1979 |       |
| 30.000m marcha  | 2:07:59.8 | José Marín                                                  | ESP | Barcelona              | 08.04.1979 | R.EUR |
| 50km marcha     | 3:40:46   | José Marín                                                  | ESP | Valencia               | 13.03.1983 | R.EUR |

### MUJERES

|                          |           |                          |     |             |                     |       |
|--------------------------|-----------|--------------------------|-----|-------------|---------------------|-------|
| 600m                     | 1:22.63   | Ana Fidelia Quirot       | CUB | Guadalajara | 25.07.1997          |       |
| 2.000m                   | 5:23.75   | Genzebe Dibaba           | ETH | Sabadell    | 07.02.2017 (indoor) |       |
| 5.000m                   | 14:06.62  | Letesenbet Gidey Tadesse | ETH | Valencia    | 07.10.2020          |       |
| 5km ruta                 | 14:19     | Ejgayehu Taye            | ETH | Barcelona   | 31.12.2021          |       |
|                          | 14:13     | Beatrice Chebet          | ETH | Barcelona   | 31.12.2023          |       |
|                          | 14:13+    | Agnes Ngetich            | KEN | Valencia    | 14.01.2024          |       |
| 10km ruta (mixta)        | 29:14     | Yalemzerf Yahualaw       | ETH | Castellón   | 27.02.2022          |       |
|                          | 28:46     | Agnes Ngetich            | KEN | Valencia    | 14.01.2024          |       |
| 15km ruta (mixta)        | 46:14+    | Florence Jebet Kiplagat  | KEN | Barcelona   | 16.02.2014          |       |
|                          | 46:14+    | Florence Jebet Kiplagat  | KEN | Barcelona   | 15.02.2015          |       |
| 20km ruta (mixta)        | 1:01:56+  | Florence Jebet Kiplagat  | KEN | Barcelona   | 16.02.2014          |       |
|                          | 1:01:54+  | Florence Jebet Kiplagat  | KEN | Barcelona   | 15.02.2015          |       |
| Medio Maratón (mixta)    | 1:05:12   | Florence Jebet Kiplagat  | KEN | Barcelona   | 16.02.2014          |       |
|                          | 1:05:09   | Florence Jebet Kiplagat  | KEN | Barcelona   | 15.02.2015          |       |
|                          | 1:04:51   | Joyciline Jepkosgei      | KEN | Valencia    | 22.10.2017          |       |
|                          | 1:02:52   | Letesenbet Gidey Tadesse | ETH | Valencia    | 24.10.2021          |       |
| M.Maratón (sólo mujeres) | 1:06:11   | Netsanet Gudeta Kebede   | ETH | Valencia    | 24.03.2018          |       |
| Maratón                  | 2:35:15.4 | Chantal Langlace         | FRA | Oyarzun     | 01.05.1977          | R.EUR |
| Pértiga                  | 4.60      | Stacy Dragila            | USA | Sevilla     | 21.08.1999          |       |
|                          | 4.95      | Yelena Isinbayeva        | RUS | Madrid      | 16.07.2005          | R.EUR |
| Martillo                 | 17.03     | Lucinda Moles            | ESP | Madrid      | 29.06.1931          | R.EUR |
|                          | 18.58     | Aurora Villa             | ESP | Madrid      | 18.10.1931          | R.EUR |
|                          | 22.85     | Margarita Moles          | ESP | Madrid      | 19.06.1932          | R.EUR |

|                                       |         |                     |     |           |            |       |
|---------------------------------------|---------|---------------------|-----|-----------|------------|-------|
| 5km marcha                            | 21:25   | Maria Reyes Sobrino | ESP | La Coruña | 16.05.1987 | R.EUR |
| 20km marcha                           | 1:24:38 | Hong Liu            | CHN | La Coruña | 06.06.2015 |       |
| + tiempo de paso a distancia superior |         |                     |     |           |            |       |

## Récords de Europa y Mejores Marcas europeas logradas en España

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#### HOMBRES

|             |         |                                                                                     |     |                      |            |  |
|-------------|---------|-------------------------------------------------------------------------------------|-----|----------------------|------------|--|
| 5km ruta    | 13:25   | Julien Wanders                                                                      | SUI | Valencia             | 12.01.2020 |  |
| 10km ruta   | 27:13   | Julien Wanders                                                                      | SUI | Valencia             | 12.01.2020 |  |
| Maratón     | 2:04:16 | Kaan Kigen Ozbilen                                                                  | TUR | Valencia             | 01.12.2019 |  |
| 4x400m      | 37.73   | Gran Bretaña<br>(Jason Gardener, Darren Campbell, Marlon Devonish, Milton Chambers) | GBR | Sevilla              | 29.08.1999 |  |
| 50km marcha | 3:50:03 | Jorge Llopart                                                                       | ESP | Reus                 | 25.03.1979 |  |
|             | 3:44:33 | Jorge Llopart                                                                       | ESP | Reus                 | 29.08.1979 |  |
|             | 3:43.35 | José Marín                                                                          | ESP | El Prat de Llobregat | 09.03.1980 |  |

#### MUJERES

|         |           |                     |     |         |            |  |
|---------|-----------|---------------------|-----|---------|------------|--|
| Maratón | 2:35:15.4 | Chantal Langlace    | FRA | Oyarzun | 01.05.1977 |  |
| Pértiga | 4.55      | Anzhela Balakhonova | UKR | Sevilla | 21.08.1999 |  |

## Récords del Mundo y Mejores Marcas mundiales logradas en España

### Pista Cubierta

La IAAF homologa récords mundiales desde el 1.1.1987

#### HOMBRES

|               |                     |     |         |            |       |  |
|---------------|---------------------|-----|---------|------------|-------|--|
| <b>50m</b>    |                     |     |         |            |       |  |
| 5.85*         | Fyodor Pankratov    | URS | Madrid  | 09.03.1968 | R.EUR |  |
| 5.83*         | Jobst Hirscht       | FRG | Madrid  | 09.03.1968 | R.EUR |  |
| 5.81*         | Bob Frith           | GBR | Madrid  | 09.03.1968 | R.EUR |  |
| 5.75 *        | Jobst Hirscht       | FRG | Madrid  | 09.03.1968 | R.EUR |  |
| <b>60m</b>    |                     |     |         |            |       |  |
| 6.48          | Leroy Burrell       | USA | Madrid  | 13.02.1991 |       |  |
| 6.41          | Andre Cason         | USA | Madrid  | 14.02.1992 |       |  |
| 6.39          | Maurice Greene      | USA | Madrid  | 03.02.1998 |       |  |
| <b>400m</b>   |                     |     |         |            |       |  |
| 47.55*        | Jan Balachowski     | POL | Madrid  | 10.03.1968 | R.EUR |  |
| 47.09*        | Andrezej Badenski   | POL | Madrid  | 10.03.1968 | R.EUR |  |
| <b>600m</b>   |                     |     |         |            |       |  |
| 1:17.2        | Colomán Trabado     | ESP | Madrid  | 27.02.1982 | R.EUR |  |
| <b>1.500m</b> |                     |     |         |            |       |  |
| 3:36.03       | José Luis González  | ESP | Oviedo  | 01.03.1986 | R.EUR |  |
| 3:34.20       | Peter Elliott       | GBR | Sevilla | 27.02.1990 | R.EUR |  |
| 3:34.16       | Noureddine Morcelli | ALG | Sevilla | 28.02.1991 |       |  |

|                      |                                                                           |     |               |            |       |
|----------------------|---------------------------------------------------------------------------|-----|---------------|------------|-------|
| <b>3.000m</b>        |                                                                           |     |               |            |       |
| 7:37.31              | Moses Kiptanui                                                            | KEN | Sevilla       | 20.02.1992 |       |
| <b>50m vallas</b>    |                                                                           |     |               |            |       |
| 6.79*                | Hinrich John                                                              | FRG | Madrid        | 10.03.1968 | R.EUR |
| 6.79*                | Alan Pascoe                                                               | GBR | Madrid        | 10.03.1968 | R.EUR |
| 6.69*                | Eddy Ottoz                                                                | ITA | Madrid        | 10.03.1968 | R.EUR |
| 6.67*                | Eddy Ottoz                                                                | ITA | Madrid        | 10.03.1968 | R.EUR |
| 6.57*                | Eddy Ottoz                                                                | ITA | Madrid        | 10.03.1968 |       |
| <b>60m vallas</b>    |                                                                           |     |               |            |       |
| 7.62                 | Thomas Munkelt                                                            | GDR | San Sebastián | 13.03.1977 | R.EUR |
| 7.29                 | Grant Holloway                                                            | USA | Madrid        | 24.02.2021 |       |
| <b>Pértiga</b>       |                                                                           |     |               |            |       |
| 6.10                 | Sergey Bubka                                                              | URS | San Sebastián | 15.03.1991 | R.EUR |
| <b>Triple</b>        |                                                                           |     |               |            |       |
| 17.54                | Maris Bruziks                                                             | URS | Madrid        | 23.02.1986 | R.EUR |
| <b>5.000m marcha</b> |                                                                           |     |               |            |       |
| 18:23.55             | Mikhail Shchennikov                                                       | URS | Sevilla       | 10.03.1991 | R.EUR |
| <b>4x400m</b>        |                                                                           |     |               |            |       |
| 3:03.05              | Alemania<br>(Rico Lieder, Jens Carlowitz, Krasten Just, Thomas Schönlebe) | GER | Sevilla       | 10.03.1991 | R.EUR |
| <b>MUJERES</b>       |                                                                           |     |               |            |       |
| <b>50m</b>           |                                                                           |     |               |            |       |
| 6.37*                | Sylviane Telliez                                                          | FRA | Madrid        | 10.03.1968 | R.EUR |
| 6.29*                | Sylviane Telliez                                                          | FRA | Madrid        | 10.03.1968 | R.EUR |
| 5.96+                | Irina Privalova                                                           | RUS | Madrid        | 09.02.1995 | R.EUR |
| <b>60m</b>           |                                                                           |     |               |            |       |
| 7.00                 | Nelli Cooman                                                              | NED | Madrid        | 23.02.1986 | R.EUR |
| 6.96                 | Merlene Ottey                                                             | JAM | Madrid        | 14.02.1992 |       |
| 6.92                 | Irina Privalova                                                           | RUS | Madrid        | 11.02.1993 | R.EUR |
| 6.92                 | Irina Privalova                                                           | RUS | Madrid        | 09.02.1995 | R.EUR |
| <b>200m</b>          |                                                                           |     |               |            |       |
| 22.24                | Merlene Ottey                                                             | JAM | Sevilla       | 10.03.1991 |       |
| <b>400m</b>          |                                                                           |     |               |            |       |
| 56.43 *              | Gisela Köpke                                                              | FRG | Madrid        | 09.03.1968 | R.EUR |
| 55.92 *              | Natalya Pechenkina                                                        | URS | Madrid        | 09.03.1968 | R.EUR |
| 55.29 *              | Natalya Pechenkina                                                        | URS | Madrid        | 09.03.1968 | R.EUR |
| 51.14                | Marita Koch                                                               | GDR | San Sebastián | 13.03.1977 | R.EUR |
| <b>800m</b>          |                                                                           |     |               |            |       |
| 2.01.12              | Jane Colebrook-Finch                                                      | GBR | San Sebastián | 13.03.1977 | R.EUR |
| <b>2.000m</b>        |                                                                           |     |               |            |       |
| 5:23.75              | Genzebe Dibaba                                                            | ETH | Sabadell      | 07.02.2017 |       |
| <b>50m vallas</b>    |                                                                           |     |               |            |       |
| 7.17*                | Lyudmila Iyevleva                                                         | URS | Madrid        | 09.03.1968 | R.EUR |
| 7.12*                | Galina Zarubina                                                           | URS | Madrid        | 09.03.1968 | R.EUR |

|                                       |                                                                                          |     |           |            |       |
|---------------------------------------|------------------------------------------------------------------------------------------|-----|-----------|------------|-------|
| 6.95*                                 | Karin Balzer                                                                             | GDR | Madrid    | 09.03.1968 | R.EUR |
| <b>Pértiga</b>                        |                                                                                          |     |           |            |       |
| 4.45                                  | Anzhela Balakhonova                                                                      | UKR | Valencia  | 01.03.1998 | R.EUR |
| 4.90                                  | Yelena Isinbayeva                                                                        | RUS | Madrid    | 06.03.2005 | R.EUR |
| <b>Triple</b>                         |                                                                                          |     |           |            |       |
| 14.30                                 | Inessa Kravets                                                                           | URS | Sevilla   | 09.03.1991 | R.EUR |
| 14.39                                 | Inessa Kravets                                                                           | URS | Sevilla   | 09.03.1991 | R.EUR |
| 14.44                                 | Inessa Kravets                                                                           | URS | Sevilla   | 09.03.1991 | R.EUR |
| 15.03                                 | Iolanda Chen                                                                             | RUS | Barcelona | 11.03.1995 | R.EUR |
| 15.16                                 | Ashia Hansen                                                                             | GBR | Valencia  | 28.02.1998 | R.EUR |
| 15.43                                 | Yulimar Rojas                                                                            | VEN | Madrid    | 21.02.2020 |       |
| <b>4x400m</b>                         |                                                                                          |     |           |            |       |
| 3:27.22                               | Alemania Federal<br>(Sandra Seuser, Kathrin Schreffer, Annette Hesselbarth, Grit Breuer) | FRG | Sevilla   | 10.03.1991 | R.EUR |
| <b>3.000m marcha</b>                  |                                                                                          |     |           |            |       |
| 11:50.90                              | Beate Anders                                                                             | GER | Sevilla   | 09.03.1991 | R.EUR |
| * tiempos automáticos no oficiales    |                                                                                          |     |           |            |       |
| + tiempo de paso a distancia superior |                                                                                          |     |           |            |       |

## Récords de Europa y Mejores Marcas europeas logradas en España Pista Cubierta

### HOMBRES

|                |                         |     |           |            |  |
|----------------|-------------------------|-----|-----------|------------|--|
| <b>50m</b>     |                         |     |           |            |  |
| 5.61+          | Jason Gardener          | GBR | Madrid    | 16.02.2000 |  |
| <b>500m</b>    |                         |     |           |            |  |
| 1:04.2         | Ramón Magariños         | ESP | Madrid    | 18.01.1970 |  |
| 1:04.1         | Antonio Fernández Ortiz | ESP | Madrid    | 30.01.1971 |  |
| 1:03.8         | Manuel Gayoso           | ESP | La Coruña | 22.03.1971 |  |
| 1:03.7         | Manuel Gayoso           | ESP | Madrid    | 29.01.1972 |  |
| 1:03.7         | Francis Gonzalez        | FRA | Madrid    | 29.01.1972 |  |
| 1:03.0         | Manuel Gayoso           | ESP | La Coruña | 04.03.1972 |  |
| <b>2.000m</b>  |                         |     |           |            |  |
| 4:52.90        | Sergio Sánchez          | ESP | Oviedo    | 23.01.2010 |  |
| <b>3.000m</b>  |                         |     |           |            |  |
| 7:32.98        | Alberto García          | ESP | Sevilla   | 22.02.2003 |  |
| 7:32.41        | Sergio Sánchez          | ESP | Valencia  | 13.02.2010 |  |
| <b>Pértiga</b> |                         |     |           |            |  |
| 5.20           | Wolfgang Nordwig        | GDR | Madrid    | 10.03.1968 |  |
| 5.23           | Heinfried Engel         | FRG | Barcelona | 15.02.1969 |  |

### MUJERES

|            |                 |         |        |            |  |
|------------|-----------------|---------|--------|------------|--|
| <b>60m</b> |                 |         |        |            |  |
| 6.97       | Irina Privalova | EUN/RUS | Madrid | 14.02.1992 |  |