

## Progresión del Récord de Europa de 5.000 metros Hombres

|                 |           |                |              |            |                         |           |          |             |
|-----------------|-----------|----------------|--------------|------------|-------------------------|-----------|----------|-------------|
| 15:01.1/5       | WB        | Arthur         | Robertson    | GBR        | Estocolmo               | 13        | 9        | 1908        |
| 14:36.6         | WR        | Hannes         | Kolehmainen  | FIN        | Estocolmo               | 10        | 7        | 1912        |
| 14:35.4         | WR        | Paavo          | Nurmi        | FIN        | Estocolmo (14:35.3)     | 12        | 9        | 1922        |
| 14:28.2         | WR        | Paavo          | Nurmi        | FIN        | Helsinki                | 19        | 6        | 1924        |
| 14:23.2i        | WB        | Ville          | Ritola       | FIN        | Nueva York              | 24        | 2        | 1925        |
| 14:17.0         | WR        | Lauri          | Lehtinen     | FIN        | Helsinki (14:16.9)      | 19        | 6        | 1932        |
| 14:08.8         | WR        | Taisto         | Mäki         | FIN        | Helsinki                | 16        | 6        | 1939        |
| 13:58.2         | WR        | Gunder         | Hägg         | SWE        | Gotemburgo (13:58.1)    | 20        | 9        | 1942        |
| 13:57.2         | WR        | Emil           | Zátopek      | TCH        | Colombes                | 30        | 5        | 1954        |
| 13:56.6         | WR        | Vladimir       | Kuts         | URS        | Bern                    | 29        | 8        | 1954        |
| 13:51.6         | WR        | Chris          | Chataway     | GBR        | Londres (WC)            | 13        | 10       | 1954        |
| 13:51.2         | WR        | Vladimir       | Kuts         | URS        | Praga                   | 23        | 10       | 1954        |
| 13:50.8         | WR        | Sándor         | Iharos       | HUN        | Budapest                | 10        | 9        | 1955        |
| 13:46.8         | WR        | Vladimir       | Kuts         | URS        | Belgrado                | 18        | 9        | 1955        |
| 13:40.6         | WR        | Sándor         | Iharos       | HUN        | Budapest                | 23        | 10       | 1955        |
| 13:36.8         | WR        | Gordon         | Pirie        | GBR        | Bergen                  | 19        | 6        | 1956        |
| 13:35.0         | WR        | Vladimir       | Kuts         | URS        | Roma                    | 13        | 10       | 1957        |
| 13:34.4         | ER        | Michel         | Jazy         | FRA        | Lorient                 | 6         | 6        | 1965        |
| 13:29.0         | ER        | Michel         | Jazy         | FRA        | Paris (Ch)              | 11        | 6        | 1965        |
| 13:27.6         | ER        | Michel         | Jazy         | FRA        | Helsinki                | 30        | 6        | 1965        |
| 13:24.8         | ER        | Harald         | Norpoth      | FRG        | Colonia                 | 7         | 9        | 1966        |
| 13:22.8 a       | ER        | Ian            | Stewart      | GBR        | Edimburgo (13:22.85)    | 25        | 7        | 1970        |
| 13:22.2         | ER        | Dave           | Bedford      | GBR        | Edimburgo               | 12        | 6        | 1971        |
| 13:17.2 a       | ER        | Dave           | Bedford      | GBR        | Londres (CP) (13:17.21) | 14        | 7        | 1972        |
| 13:16.4         | WR        | Lasse          | Viren        | FIN        | Helsinki (13:16.3)      | 14        | 9        | 1972        |
| 13:13.0         | WR        | Emiel          | Puttemans    | BEL        | Bruselas                | 20        | 9        | 1972        |
| 13:10.40        | ER        | Hansjörg       | Kunze        | GDR        | Rieti                   | 9         | 9        | 1981        |
| 13:00.41        | WR        | David          | Moorcroft    | GBR        | Oslo                    | 7         | 7        | 1982        |
| 12:54.70        | ER        | Dieter         | Baumann      | GER        | Zúrich                  | 13        | 8        | 1997        |
| 12:49.71        | ER        | Mohammed       | Mourhit      | BEL        | Brusellas               | 25        | 8        | 2000        |
| 12:48.45        | ER        | Jakob          | Ingebrigtsen | NOR        | Florencia               | 10        | 6        | 2021        |
| <b>12:45.01</b> | <b>ER</b> | <b>Mohamed</b> | <b>Katir</b> | <b>ESP</b> | <b>Monaco</b>           | <b>21</b> | <b>7</b> | <b>2023</b> |

Extraído del trabajo "Progresión de los Récords de Europa al Aire Libre" (por José María García)