

EUROPEAN  
ATHLETICS

EUROPEAN  
10,000M  
CUP

Pacé 2025

# Results Book



10 PACÉ AUX  
0000M

## Institutional Partners



## Official Partners



SAT 24 MAY 2025  
 19:20

**10000m Women**
**B-race**
**Results**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED	FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESE Elvan</b>	TUR	Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result	
1	236	<b>KALIUZHNA Viktoriia</b> Ukraine	UKR	11 JUL 1994	18	<b>32:30.35</b>	PB
2	231	<b>ÇETO Nursena</b> Türkiye	TUR	1 MAY 2002	14	<b>32:34.69</b>	PB
3	237	<b>MAZURENKO Mariia</b> Ukraine	UKR	28 MAY 1997	16	<b>32:49.19</b>	PB
4	203	<b>WARPY Victoria</b> Belgium	BEL	6 JUN 1997	1	<b>33:17.08</b>	PB
5	239	<b>SHKURKO Viktoriia</b> Ukraine	UKR	25 DEC 1997	17	<b>33:17.49</b>	
6	217	<b>HALABI KABLAN Karawan</b> Israel	ISR	18 JAN 1995	6	<b>33:18.24</b>	PB
7	234	<b>ÖZTÜRK Dilek</b> Türkiye	TUR	15 FEB 2001	13	<b>33:48.34</b>	
8	204	<b>AVRAMOVA Devora</b> Bulgaria	BUL	1 MAR 2000	2	<b>33:52.91</b>	PB
9	232	<b>KUNUR Derya</b> Türkiye	TUR	1 SEP 1999	15	<b>34:02.93</b>	
10	238	<b>NYZHNYK Olga</b> Ukraine	UKR	2 DEC 1990	19	<b>34:04.02</b>	
11	225	<b>BREZA Olimpia</b> Poland	POL	14 FEB 2002	8	<b>34:09.34</b>	
12	228	<b>MEIER Andrea</b> Switzerland	SUI	9 FEB 1993	11	<b>34:13.29</b>	SB
13	214	<b>HEYMANN Nele</b> Germany	GER	24 SEP 2003	4	<b>34:33.64</b>	
14	226	<b>EICHENBERGER Elena</b> Switzerland	SUI	1 NOV 2003	9	<b>34:40.15</b>	SB
15	215	<b>BALLA Ntenisa</b> Greece	GRE	9 OCT 1999	5	<b>34:40.95</b>	PB
16	218	<b>ARNAUDO Anna</b> Italy	ITA	18 OCT 2000	7	<b>34:49.16</b>	SB
17	229	<b>WOLHAUSER Romane</b> Switzerland	SUI	30 JUL 2002	12	<b>34:57.71</b>	PB
18	227	<b>FULGINITI Giulia</b> Switzerland	SUI	15 MAR 2005	10	<b>35:48.78</b>	SB
	207	<b>PÉREZ María José</b> Spain	ESP	12 JUN 1992	3	<b>DNS</b>	
<b>Intermediate Times:</b>		1000m	3:14.89	236	KALIUZHNA Viktoriia (UKR)		
		2000m	6:27.30	239	SHKURKO Viktoriia (UKR)		
		3000m	9:43.90	237	MAZURENKO Mariia (UKR)		
		4000m	13:01.77	239	SHKURKO Viktoriia (UKR)		
		5000m	16:18.86	237	MAZURENKO Mariia (UKR)		
		6000m	19:35.81	236	KALIUZHNA Viktoriia (UKR)		
		7000m	22:52.71	231	ÇETO Nursena (TUR)		
		8000m	26:08.76	231	ÇETO Nursena (TUR)		
		9000m	29:23.58	231	ÇETO Nursena (TUR)		

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**10000m Women**
**B-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESSE Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**1 236 KALIUZHNA Viktoriia** UKR 11 JUL 1994 **32:30.35** PB

39.67 (3)	1:17.97 (3) 38.30	1:57.21 (3) 39.24	2:36.43 (3) 39.22	3:14.89 (1) 38.46	3:53.13 (1) 38.24	4:31.58 (1) 38.45	5:10.68 (1) 39.10	5:49.87 (3) 39.19	6:27.83 (3) 37.96
7:05.79 (3) 37.96	7:45.63 (2) 39.84	8:25.18 (2) 39.55	9:04.68 (2) 39.50	9:44.32 (2) 39.64	10:23.34 (1) 39.02	11:03.04 (1) 39.70	11:42.71 (1) 39.67	12:21.95 (1) 39.24	13:02.25 (3) 40.30
13:40.93 (3) 38.68	14:20.75 (3) 39.82	14:59.89 (3) 39.14	15:39.83 (2) 39.94	16:19.19 (2) 39.36	16:58.63 (2) 39.44	17:38.25 (2) 39.62	18:16.95 (1) 38.70	18:55.69 (1) 38.74	19:35.81 (1) 40.12
20:15.40 (1) 39.59	20:55.87 (3) 40.47	21:34.91 (3) 39.04	22:14.05 (3) 39.14	22:53.15 (3) 39.10	23:31.70 (3) 38.55	24:10.71 (3) 39.01	24:50.38 (3) 39.67	25:29.72 (3) 39.34	26:09.34 (3) 39.62
26:48.60 (3) 39.26	27:27.10 (2) 38.50	28:06.02 (2) 38.92	28:45.03 (2) 39.01	29:23.65 (2) 38.62	30:01.55 (1) 37.90	30:39.53 (1) 37.98	31:17.75 (1) 38.22	31:55.44 (1) 37.69	32:30.35 (1) 34.91

**2 231 ÇETO Nursena** TUR 1 MAY 2002 **32:34.69** 4.35 PB

40.90 (11)	1:19.20 (8) 38.30	1:58.61 (8) 39.41	2:37.75 (8) 39.14	3:16.65 (8) 38.90	3:54.88 (8) 38.23	4:33.22 (8) 38.34	5:12.07 (8) 38.85	5:51.02 (8) 38.95	6:28.76 (6) 37.74
7:08.07 (7) 39.31	7:47.88 (7) 39.81	8:27.39 (7) 39.51	9:06.89 (7) 39.50	9:46.36 (6) 39.47	10:26.22 (6) 39.86	11:05.26 (5) 39.04	11:43.62 (5) 38.36	12:23.14 (5) 39.52	13:02.46 (4) 39.32
13:41.22 (4) 38.76	14:21.00 (4) 39.78	15:00.22 (4) 39.22	15:40.28 (4) 40.06	16:19.83 (4) 39.55	16:59.19 (4) 39.36	17:38.90 (4) 39.71	18:17.40 (3) 38.50	18:56.15 (3) 38.75	19:36.16 (3) 40.01
20:15.63 (3) 39.47	20:55.48 (2) 39.85	21:34.67 (1) 39.19	22:13.44 (1) 38.77	22:52.71 (1) 39.27	23:31.15 (1) 38.44	24:10.25 (1) 39.10	24:49.81 (1) 39.56	25:29.22 (1) 39.41	26:08.76 (1) 39.54
26:47.88 (1) 39.12	27:26.80 (1) 38.92	28:05.80 (1) 39.00	28:44.88 (1) 39.08	29:23.58 (1) 38.70	30:02.34 (2) 38.76	30:41.27 (2) 38.93	31:20.40 (2) 39.13	31:58.54 (2) 38.14	32:34.69 (2) 36.15

**3 237 MAZURENKO Mariia** UKR 28 MAY 1997 **32:49.19** 18.84 PB

40.09 (5)	1:18.43 (5) 38.34	1:57.66 (5) 39.23	2:36.93 (5) 39.27	3:15.67 (5) 38.74	3:53.82 (4) 38.15	4:32.08 (4) 38.26	5:11.09 (3) 39.01	5:49.60 (2) 38.51	6:27.62 (2) 38.02
7:05.51 (2) 37.89	7:45.40 (1) 39.89	8:24.70 (1) 39.30	9:04.43 (1) 39.73	9:43.90 (1) 39.47	10:23.76 (3) 39.86	11:03.53 (3) 39.77	11:43.03 (3) 39.50	12:22.54 (3) 39.51	13:02.02 (2) 39.48
13:40.69 (2) 38.67	14:20.57 (2) 39.88	14:59.65 (2) 39.08	15:39.60 (1) 39.95	16:18.86 (1) 39.26	16:58.39 (1) 39.53	17:38.03 (1) 39.64	18:17.19 (2) 39.16	18:55.80 (2) 38.61	19:36.05 (2) 40.25
20:15.53 (2) 39.48	20:55.42 (1) 39.89	21:34.73 (2) 39.31	22:13.77 (2) 39.04	22:52.91 (2) 39.14	23:31.43 (2) 38.52	24:10.43 (2) 39.00	24:50.10 (2) 39.67	25:29.45 (2) 39.35	26:09.08 (2) 39.63
26:48.29 (2) 39.21	27:28.20 (3) 39.91	28:08.35 (3) 40.15	28:49.12 (3) 40.77	29:29.21 (3) 40.09	30:09.37 (3) 40.16	30:49.81 (3) 40.44	31:31.19 (3) 41.38	32:11.54 (3) 40.35	32:49.19 (3) 37.65

**4 203 WARPY Victoria** BEL 6 JUN 1997 **33:17.08** 46.73 PB

40.44 (8)	1:18.80 (6) 38.36	1:58.00 (6) 39.20	2:37.22 (6) 39.22	3:16.05 (6) 38.83	3:54.37 (6) 38.32	4:32.68 (6) 38.31	5:11.65 (6) 38.97	5:50.56 (6) 38.91	6:29.05 (7) 38.49
7:08.12 (8) 39.07	7:48.15 (8) 40.03	8:27.55 (8) 39.40	9:07.24 (8) 39.69	9:46.98 (7) 39.74	10:26.47 (7) 39.49	11:05.63 (6) 39.16	11:43.95 (6) 38.32	12:23.42 (6) 39.47	13:03.67 (6) 40.25
13:43.23 (5) 39.56	14:23.50 (5) 40.27	15:03.26 (5) 39.76	15:43.83 (5) 40.57	16:24.13 (5) 40.30	17:05.82 (5) 41.69	17:46.72 (5) 40.90	18:28.08 (5) 41.36	19:09.01 (5) 40.93	19:49.72 (5) 40.71
20:29.83 (5) 40.11	21:10.24 (5) 40.41	21:50.32 (5) 40.08	22:32.46 (5) 42.14	23:14.01 (5) 41.55	23:55.43 (5) 41.42	24:36.17 (5) 40.74	25:17.85 (5) 41.68	25:59.74 (5) 41.89	26:41.19 (5) 41.45
27:22.51 (5) 41.32	28:04.67 (5) 42.16	28:45.75 (5) 41.08	29:27.25 (5) 41.50	30:07.69 (5) 40.44	30:48.37 (5) 40.68	31:26.49 (5) 38.12	32:01.61 (5) 35.12	32:38.69 (4) 37.08	33:17.08 (4) 38.39

**10000m Women**
**B-race**

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**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESSE Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**5 239 SHKURKO Viktoriia** UKR 25 DEC 1997 **33:17.49** 47.14

39.87 (4)	1:18.26 (4) 38.39	1:57.39 (4) 39.13	2:36.66 (4) 39.27	3:15.41 (3) 38.75	3:53.67 (3) 38.26	4:31.93 (3) 38.26	5:10.96 (2) 39.03	5:49.38 (1) 38.42	6:27.30 (1) 37.92
7:05.29 (1) 37.99	7:45.92 (3) 40.63	8:25.18 (2) 39.26	9:05.00 (3) 39.82	9:44.56 (3) 39.56	10:23.66 (2) 39.10	11:03.31 (2) 39.65	11:42.94 (2) 39.63	12:22.10 (2) 39.16	13:01.77 (1) 39.67
13:40.41 (1) 38.64	14:20.36 (1) 39.95	14:59.52 (1) 39.16	15:40.12 (3) 40.60	16:19.52 (3) 39.40	16:59.02 (3) 39.50	17:38.62 (3) 39.60	18:17.83 (4) 39.21	18:56.99 (4) 39.16	19:37.28 (4) 40.29
20:17.83 (4) 40.55	20:59.68 (4) 41.85	21:41.11 (4) 41.43	22:22.90 (4) 41.79	23:03.93 (4) 41.03	23:45.74 (4) 41.81	24:26.97 (4) 41.23	25:09.06 (4) 42.09	25:50.99 (4) 41.93	26:33.30 (4) 42.31
27:15.08 (4) 41.78	27:56.31 (4) 41.23	28:37.49 (4) 41.18	29:19.52 (4) 42.03	30:00.19 (4) 40.67	30:40.76 (4) 40.57	31:20.57 (4) 39.81	32:00.78 (4) 40.21	32:39.29 (5) 38.51	33:17.49 (5) 38.20

**6 217 HALABI KABLAN Karawan** ISR 18 JAN 1995 **33:18.24** 47.89 PB

41.82 (17)	1:21.76 (17) 39.94	2:00.97 (14) 39.21	2:40.64 (14) 39.67	3:20.71 (14) 40.07	4:02.02 (13) 41.31	4:41.84 (14) 39.82	5:22.31 (14) 40.47	6:02.28 (13) 39.97	6:41.27 (13) 38.99
7:20.33 (13) 39.06	7:59.61 (13) 39.28	8:38.80 (13) 39.19	9:18.58 (13) 39.78	9:58.58 (13) 40.00	10:39.00 (13) 40.42	11:19.07 (13) 40.07	11:59.39 (13) 40.32	12:39.05 (12) 39.66	13:20.48 (12) 41.43
14:01.29 (12) 40.81	14:42.63 (12) 41.34	15:23.60 (12) 40.97	16:04.69 (12) 41.09	16:44.92 (12) 40.23	17:25.40 (11) 40.48	18:07.00 (11) 41.60	18:49.17 (12) 42.17	19:30.15 (12) 40.98	20:10.04 (10) 39.89
20:50.14 (10) 40.10	21:31.44 (9) 41.30	22:12.27 (9) 40.83	22:53.80 (9) 41.53	23:34.64 (7) 40.84	24:14.10 (6) 39.46	24:52.31 (6) 38.21	25:32.05 (6) 39.74	26:11.91 (6) 39.86	26:52.00 (6) 40.09
27:31.35 (6) 39.35	28:10.98 (6) 39.63	28:50.28 (6) 39.30	29:30.98 (6) 40.70	30:11.03 (6) 40.05	30:50.48 (6) 39.45	31:28.76 (6) 38.28	32:07.67 (6) 38.91	32:44.22 (6) 36.55	33:18.24 (6) 34.02

**7 234 ÖZTÜRK Dilek** TUR 15 FEB 2001 **33:48.34** 1:18.00

41.50 (14)	1:20.13 (12) 38.63	1:59.66 (12) 39.53	2:40.20 (12) 40.54	3:20.40 (12) 40.20	4:01.76 (12) 41.36	4:40.05 (10) 38.29	5:18.06 (10) 38.01	5:57.47 (10) 39.41	6:37.33 (10) 39.86
7:17.03 (10) 39.70	7:57.34 (10) 40.31	8:36.98 (10) 39.64	9:17.52 (10) 40.54	9:57.96 (10) 40.44	10:38.50 (10) 40.54	11:18.32 (10) 39.82	11:59.00 (10) 40.68	12:38.90 (11) 39.90	13:20.13 (11) 41.23
14:00.99 (11) 40.86	14:42.26 (11) 41.27	15:23.30 (11) 41.04	16:04.21 (11) 40.91	16:44.60 (11) 40.39	17:25.30 (10) 40.70	18:06.86 (10) 41.56	18:48.81 (10) 41.95	19:28.60 (9) 39.79	20:08.98 (8) 40.38
20:49.50 (8) 40.52	21:30.90 (8) 41.40	22:11.90 (8) 41.00	22:53.62 (8) 41.72	23:35.18 (8) 41.56	24:16.87 (8) 41.69	24:57.99 (8) 41.12	25:39.82 (7) 41.83	26:21.69 (8) 41.87	27:02.78 (8) 41.09
27:43.30 (8) 40.52	28:25.36 (8) 42.06	29:06.05 (7) 40.69	29:47.21 (7) 41.16	30:28.54 (7) 41.33	31:09.95 (7) 41.41	31:50.17 (7) 40.22	32:29.93 (7) 39.76	33:09.44 (7) 39.51	33:48.34 (7) 38.90

**8 204 AVRAMOVA Devora** BUL 1 MAR 2000 **33:52.91** 1:22.56 PB

41.61 (15)	1:21.32 (14) 39.71	1:59.94 (13) 38.62	2:40.42 (13) 40.48	3:20.60 (13) 40.18	4:02.02 (13) 41.42	4:40.53 (12) 38.51	5:18.62 (12) 38.09	5:57.70 (12) 39.08	6:37.63 (12) 39.93
7:17.44 (12) 39.81	7:57.81 (12) 40.37	8:37.38 (12) 39.57	9:17.80 (12) 40.42	9:58.17 (12) 40.37	10:38.69 (12) 40.52	11:18.59 (12) 39.90	11:59.06 (11) 40.47	12:38.74 (10) 39.68	13:19.89 (10) 41.15
14:00.91 (10) 41.02	14:42.01 (10) 41.10	15:23.04 (10) 41.03	16:03.99 (10) 40.95	16:44.45 (10) 40.46	17:25.21 (9) 40.76	18:06.71 (9) 41.50	18:48.69 (9) 41.98	19:28.39 (8) 39.70	20:08.75 (7) 40.36
20:49.36 (7) 40.61	21:30.66 (7) 41.30	22:11.71 (7) 41.05	22:53.44 (7) 41.73	23:35.44 (9) 42.00	24:17.15 (9) 41.71	24:58.21 (9) 41.06	25:39.92 (9) 41.71	26:21.59 (7) 41.67	27:02.53 (7) 40.94
27:43.24 (7) 40.71	28:25.24 (7) 42.00	29:06.99 (8) 41.75	29:48.84 (8) 41.85	30:30.15 (8) 41.31	31:12.60 (8) 42.45	31:54.67 (8) 42.07	32:36.14 (8) 41.47	33:15.47 (8) 39.33	33:52.91 (8) 37.44

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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**9 232 KUNUR Derya** TUR 1 SEP 1999 **34:02.93** 1:32.58

41.22 (12)	1:19.46 (9)	1:58.82 (9)	2:38.03 (9)	3:16.84 (9)	3:55.13 (9)	4:33.54 (9)	5:11.78 (7)	5:50.64 (7)	6:29.26 (8)
	38.24	39.36	39.21	38.81	38.29	38.41	38.24	38.86	38.62
7:07.59 (5)	7:47.35 (5)	8:26.80 (5)	9:06.46 (5)	9:45.78 (5)	10:25.95 (5)	11:06.31 (7)	11:46.88 (7)	12:27.99 (7)	13:09.91 (7)
38.33	39.76	39.45	39.66	39.32	40.17	40.36	40.57	41.11	41.92
13:51.65 (7)	14:33.57 (7)	15:15.10 (7)	15:57.10 (7)	16:39.06 (7)	17:21.14 (7)	18:03.03 (7)	18:45.83 (7)	19:27.40 (7)	20:09.17 (9)
41.74	41.92	41.53	42.00	41.96	42.08	41.89	42.80	41.57	41.77
20:49.81 (9)	21:31.84 (10)	22:15.17 (10)	22:58.08 (10)	23:40.41 (10)	24:22.56 (10)	25:04.51 (10)	25:45.87 (10)	26:27.54 (10)	27:08.94 (10)
40.64	42.03	43.33	42.91	42.33	42.15	41.95	41.36	41.67	41.40
27:49.51 (9)	28:30.81 (9)	29:13.01 (9)	29:56.22 (9)	30:39.36 (9)	31:22.48 (9)	32:04.67 (9)	32:46.57 (9)	33:26.80 (9)	34:02.93 (9)
40.57	41.30	42.20	43.21	43.14	43.12	42.19	41.90	40.23	36.13

**10 238 NYZHNYK Olga** UKR 2 DEC 1990 **34:04.02** 1:33.68

38.71 (1)	1:17.44 (1)	1:56.74 (1)	2:35.97 (1)	3:15.66 (4)	3:54.04 (5)	4:32.40 (5)	5:11.30 (5)	5:50.41 (5)	6:28.52 (5)
	38.73	39.30	39.23	39.69	38.38	38.36	38.90	39.11	38.11
7:07.76 (6)	7:47.61 (6)	8:27.14 (6)	9:06.74 (6)	9:47.01 (8)	10:27.98 (8)	11:09.09 (8)	11:50.79 (8)	12:32.02 (8)	13:13.98 (8)
39.24	39.85	39.53	39.60	40.27	40.97	41.11	41.70	41.23	41.96
13:55.49 (8)	14:37.46 (8)	15:19.22 (8)	16:01.42 (8)	16:43.60 (8)	17:25.42 (12)	18:07.13 (12)	18:48.85 (11)	19:29.91 (11)	20:12.48 (12)
41.51	41.97	41.76	42.20	42.18	41.82	41.71	41.72	41.06	42.57
20:54.54 (12)	21:37.11 (12)	22:18.74 (11)	23:00.89 (11)	23:42.92 (11)	24:25.63 (11)	25:07.56 (11)	25:49.66 (11)	26:31.67 (11)	27:13.82 (11)
42.06	42.57	41.63	42.15	42.03	42.71	41.93	42.10	42.01	42.15
27:55.37 (11)	28:38.04 (11)	29:20.06 (11)	30:02.23 (11)	30:43.63 (11)	31:24.97 (10)	32:06.32 (11)	32:47.05 (10)	33:27.06 (10)	34:04.02 (10)
41.55	42.67	42.02	42.17	41.40	41.34	41.35	40.73	40.01	36.96

**11 225 BREZA Olimpia** POL 14 FEB 2002 **34:09.34** 1:38.99

38.98 (2)	1:17.72 (2)	1:56.98 (2)	2:36.17 (2)	3:15.15 (2)	3:53.41 (2)	4:31.85 (2)	5:11.19 (4)	5:50.15 (4)	6:28.10 (4)
	38.74	39.26	39.19	38.98	38.26	38.44	39.34	38.96	37.95
7:06.13 (4)	7:46.16 (4)	8:25.30 (4)	9:05.26 (4)	9:44.84 (4)	10:24.08 (4)	11:03.93 (4)	11:43.45 (4)	12:22.89 (4)	13:03.39 (5)
38.03	40.03	39.14	39.96	39.58	39.24	39.85	39.52	39.44	40.50
13:43.53 (6)	14:24.95 (6)	15:05.89 (6)	15:47.59 (6)	16:27.96 (6)	17:09.99 (6)	17:51.39 (6)	18:33.69 (6)	19:15.27 (6)	19:57.93 (6)
40.14	41.42	40.94	41.70	40.37	42.03	41.40	42.30	41.58	42.66
20:40.12 (6)	21:22.55 (6)	22:04.98 (6)	22:48.70 (6)	23:31.40 (6)	24:14.21 (7)	24:56.10 (7)	25:39.90 (8)	26:21.82 (9)	27:06.26 (9)
42.19	42.43	42.43	43.72	42.70	42.81	41.89	43.80	41.92	44.44
27:50.36 (10)	28:35.44 (10)	29:17.51 (10)	30:00.76 (10)	30:41.98 (10)	31:25.23 (11)	32:06.04 (10)	32:48.92 (11)	33:29.74 (11)	34:09.34 (11)
44.10	45.08	42.07	43.25	41.22	43.25	40.81	42.88	40.82	39.60

**12 228 MEIER Andrea** SUI 9 FEB 1993 **34:13.29** 1:42.94 SB

41.72 (16)	1:21.50 (15)	2:01.55 (16)	2:43.61 (15)	3:23.82 (15)	4:03.68 (15)	4:43.48 (15)	5:23.59 (15)	6:03.44 (15)	6:43.95 (15)
	39.78	40.05	42.06	40.21	39.86	39.80	40.11	39.85	40.51
7:24.55 (14)	8:04.75 (14)	8:44.95 (14)	9:25.75 (14)	10:06.08 (14)	10:47.14 (14)	11:28.23 (14)	12:09.36 (14)	12:50.42 (14)	13:32.13 (14)
40.60	40.20	40.20	40.80	40.33	41.06	41.09	41.13	41.06	41.71
14:13.63 (14)	14:55.23 (14)	15:36.59 (14)	16:18.01 (14)	16:59.28 (14)	17:40.89 (14)	18:22.35 (14)	19:04.03 (14)	19:44.70 (13)	20:26.92 (13)
41.50	41.60	41.36	41.42	41.27	41.61	41.46	41.68	40.67	42.22
21:08.92 (13)	21:51.08 (13)	22:32.64 (13)	23:14.16 (13)	23:55.77 (13)	24:37.25 (13)	25:18.68 (13)	26:00.11 (13)	26:41.97 (13)	27:23.62 (13)
42.00	42.16	41.56	41.52	41.61	41.48	41.43	41.43	41.86	41.65
28:04.18 (12)	28:45.95 (12)	29:27.31 (12)	30:08.96 (12)	30:50.51 (12)	31:32.16 (12)	32:13.89 (12)	32:55.52 (12)	33:34.81 (12)	34:13.29 (12)
40.56	41.77	41.36	41.65	41.55	41.65	41.73	41.63	39.29	38.48

SAT 24 MAY 2025  
 19:20

**10000m Women**
**B-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESSE Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

<b>13</b>	<b>214</b>	<b>HEYMANN Nele</b>	GER	24 SEP 2003	<b>34:33.64</b>	2:03.29			
40.36 (7)	1:19.98 (11) 39.62	1:59.59 (11) 39.61	2:40.10 (11) 40.51	3:20.33 (11) 40.23	4:01.67 (11) 41.34	4:40.21 (11) 38.54	5:18.19 (11) 37.98	5:57.54 (11) 39.35	6:37.49 (11) 39.95
7:17.23 (11) 39.74	7:57.60 (11) 40.37	8:37.25 (11) 39.65	9:17.66 (11) 40.41	9:58.07 (11) 40.41	10:38.59 (11) 40.52	11:18.44 (11) 39.85	11:58.73 (9) 40.29	12:38.66 (9) 39.93	13:19.64 (9) 40.98
14:00.60 (9) 40.96	14:41.73 (9) 41.13	15:22.91 (9) 41.18	16:03.76 (9) 40.85	16:44.18 (9) 40.42	17:24.98 (8) 40.80	18:06.58 (8) 41.60	18:48.46 (8) 41.88	19:29.25 (10) 40.79	20:10.92 (11) 41.67
20:53.46 (11) 42.54	21:36.44 (11) 42.98	22:19.24 (12) 42.80	23:03.00 (12) 43.76	23:46.63 (12) 43.63	24:29.13 (12) 42.50	25:11.34 (12) 42.21	25:53.97 (12) 42.63	26:37.41 (12) 43.44	27:21.24 (12) 43.83
28:05.30 (13) 44.06	28:49.17 (13) 43.87	29:34.40 (13) 45.23	30:19.48 (13) 45.08	31:03.73 (13) 44.25	31:47.10 (13) 43.37	32:29.77 (13) 42.67	33:12.52 (13) 42.75	33:54.52 (13) 42.00	34:33.64 (13) 39.12

<b>14</b>	<b>226</b>	<b>EICHENBERGER Elena</b>	SUI	1 NOV 2003	<b>34:40.15</b>	2:09.81			SB
40.13 (6)	1:19.76 (10) 39.63	1:59.43 (10) 39.67	2:39.94 (10) 40.51	3:20.23 (10) 40.29	4:01.61 (10) 41.38	4:41.40 (13) 39.79	5:22.00 (13) 40.60	6:02.65 (14) 40.65	6:43.64 (14) 40.99
7:24.79 (15) 41.15	8:05.11 (15) 40.32	8:45.87 (15) 40.76	9:27.95 (15) 42.08	10:09.97 (15) 42.02	10:52.76 (15) 42.79	11:34.95 (15) 42.19	12:17.97 (15) 43.02	13:00.91 (15) 42.94	13:44.37 (15) 43.46
14:27.01 (17) 42.64	15:09.18 (17) 42.17	15:51.62 (17) 42.44	16:33.85 (17) 42.23	17:15.96 (17) 42.11	17:58.21 (17) 42.25	18:39.70 (17) 41.49	19:22.51 (17) 42.81	20:04.75 (16) 42.24	20:48.13 (17) 43.38
21:30.79 (17) 42.66	22:13.37 (17) 42.58	22:55.15 (17) 41.78	23:38.32 (17) 43.17	24:20.05 (17) 41.73	25:03.16 (17) 43.11	25:45.44 (17) 42.28	26:27.87 (16) 42.43	27:09.40 (16) 41.53	27:51.53 (16) 42.13
28:33.55 (16) 42.02	29:16.24 (16) 42.69	29:58.00 (16) 41.76	30:39.81 (16) 41.81	31:21.46 (15) 41.65	32:02.32 (14) 40.86	32:42.76 (14) 40.44	33:23.24 (14) 40.48	34:03.11 (15) 39.87	34:40.15 (14) 37.04

<b>15</b>	<b>215</b>	<b>BALLA Ntenisa</b>	GRE	9 OCT 1999	<b>34:40.95</b>	2:10.61			PB
42.25 (18)	1:22.01 (18) 39.76	2:02.43 (18) 40.42	2:44.07 (18) 41.64	3:24.88 (18) 40.81	4:04.79 (18) 39.91	4:45.45 (18) 40.66	5:26.59 (18) 41.14	6:07.54 (18) 40.95	6:49.18 (18) 41.64
7:30.24 (18) 41.06	8:11.46 (18) 41.22	8:52.99 (18) 41.53	9:34.97 (18) 41.98	10:16.86 (18) 41.89	10:58.54 (17) 41.68	11:40.59 (17) 42.05	12:22.29 (17) 41.70	13:03.47 (17) 41.18	13:45.68 (16) 42.21
14:26.71 (15) 41.03	15:08.95 (16) 42.24	15:51.37 (16) 42.42	16:33.51 (16) 42.14	17:15.55 (16) 42.04	17:57.59 (15) 42.04	18:39.32 (16) 41.73	19:22.19 (16) 42.87	20:04.70 (15) 42.51	20:47.94 (16) 43.24
21:30.44 (15) 42.50	22:13.02 (16) 42.58	22:54.90 (16) 41.88	23:37.61 (15) 42.71	24:19.63 (15) 42.02	25:02.85 (16) 43.22	25:45.36 (16) 42.51	26:27.62 (15) 42.26	27:09.07 (15) 41.45	27:51.25 (15) 42.18
28:33.30 (15) 42.05	29:15.90 (15) 42.60	29:57.87 (15) 41.97	30:39.60 (15) 41.73	31:22.00 (16) 42.40	32:02.98 (16) 40.98	32:44.60 (15) 41.62	33:25.00 (15) 40.40	34:03.04 (14) 38.04	34:40.95 (15) 37.91

<b>16</b>	<b>218</b>	<b>ARNAUDO Anna</b>	ITA	18 OCT 2000	<b>34:49.16</b>	2:18.82			SB
40.49 (9)	1:18.94 (7) 38.45	1:58.32 (7) 39.38	2:37.48 (7) 39.16	3:16.28 (7) 38.80	3:54.60 (7) 38.32	4:33.01 (7) 38.41	5:12.29 (9) 39.28	5:51.43 (9) 39.14	6:30.73 (9) 39.30
7:10.46 (9) 39.73	7:51.30 (9) 40.84	8:32.00 (9) 40.70	9:13.27 (9) 41.27	9:54.64 (9) 41.37	10:36.70 (9) 42.06	11:17.74 (9) 41.04	11:59.23 (12) 41.49	12:39.15 (13) 39.92	13:20.80 (13) 41.65
14:02.13 (13) 41.33	14:44.71 (13) 42.58	15:27.36 (13) 42.65	16:10.32 (13) 42.96	16:52.81 (13) 42.49	17:36.25 (13) 43.44	18:19.18 (13) 42.93	19:02.43 (13) 43.25	19:44.86 (14) 42.43	20:27.72 (14) 42.86
21:09.87 (14) 42.15	21:53.19 (14) 43.32	22:35.57 (14) 42.38	23:18.68 (14) 43.11	24:01.74 (14) 43.06	24:45.84 (14) 44.10	25:28.74 (14) 42.90	26:11.62 (14) 42.88	26:54.25 (14) 42.63	27:38.32 (14) 44.07
28:22.56 (14) 44.24	29:06.78 (14) 44.22	29:51.15 (14) 44.37	30:36.04 (14) 44.89	31:19.61 (14) 43.57	32:02.88 (15) 43.27	32:45.05 (16) 42.17	33:26.19 (16) 41.14	34:06.51 (16) 40.32	34:49.16 (16) 42.65

SAT 24 MAY 2025  
 19:20

**10000m Women**
**B-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESSE Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**17 229 WOLHAUSER Romane** SUI 30 JUL 2002 **34:57.71** 2:27.37 **PB**

40.61 (10)	1:21.27 (13)	2:01.33 (15)	2:43.65 (16)	3:24.10 (16)	4:03.95 (16)	4:45.29 (17)	5:26.26 (17)	6:07.25 (17)	6:48.92 (17)
40.66	40.66	40.06	42.32	40.45	39.85	41.34	40.97	40.99	41.67
7:29.99 (17)	8:11.17 (17)	8:52.61 (17)	9:34.75 (17)	10:16.55 (17)	10:58.42 (16)	11:40.38 (16)	12:21.94 (16)	13:03.16 (16)	13:45.87 (17)
41.07	41.18	41.44	42.14	41.80	41.87	41.96	41.56	41.22	42.71
14:26.90 (16)	15:08.74 (15)	15:51.02 (15)	16:33.31 (15)	17:15.27 (15)	17:57.83 (16)	18:39.11 (15)	19:21.86 (15)	20:07.84 (17)	20:47.81 (15)
41.03	41.84	42.28	42.29	41.96	42.56	41.28	42.75	45.98	39.97
21:30.52 (16)	22:12.81 (15)	22:54.69 (15)	23:38.04 (16)	24:19.84 (16)	25:02.68 (15)	25:45.29 (15)	26:28.61 (17)	27:12.21 (17)	27:56.62 (17)
42.71	42.29	41.88	43.35	41.80	42.84	42.61	43.32	43.60	44.41
28:38.02 (17)	29:22.88 (17)	30:06.46 (17)	30:49.87 (17)	31:32.75 (17)	32:16.71 (17)	32:59.04 (17)	33:41.90 (17)	34:21.66 (17)	34:57.71 (17)
41.40	44.86	43.58	43.41	42.88	43.96	42.33	42.86	39.76	36.05

**18 227 FULGINITI Giulia** SUI 15 MAR 2005 **35:48.78** 3:18.43 **SB**

41.30 (13)	1:21.63 (16)	2:02.06 (17)	2:43.94 (17)	3:24.52 (17)	4:04.57 (17)	4:45.18 (16)	5:26.11 (16)	6:07.13 (16)	6:48.68 (16)
40.33	40.33	40.43	41.88	40.58	40.05	40.61	40.93	41.02	41.55
7:29.74 (16)	8:11.01 (16)	8:52.36 (16)	9:34.56 (16)	10:16.26 (16)	10:58.93 (18)	11:40.94 (18)	12:22.91 (18)	13:04.24 (18)	13:47.14 (18)
41.06	41.27	41.35	42.20	41.70	42.67	42.01	41.97	41.33	42.90
14:29.54 (18)	15:12.43 (18)	15:55.40 (18)	16:38.66 (18)	17:21.71 (18)	18:04.86 (18)	18:47.35 (18)	19:30.67 (18)	20:13.87 (18)	20:58.28 (18)
42.40	42.89	42.97	43.26	43.05	43.15	42.49	43.32	43.20	44.41
21:41.94 (18)	22:26.90 (18)	23:11.84 (18)	23:57.36 (18)	24:42.40 (18)	25:28.79 (18)	26:13.76 (18)	26:59.78 (18)	27:45.02 (18)	28:31.30 (18)
43.66	44.96	44.94	45.52	45.04	46.39	44.97	46.02	45.24	46.28
29:17.59 (18)	30:02.99 (18)	30:47.74 (18)	31:32.69 (18)	32:16.54 (18)	33:01.09 (18)	33:44.59 (18)	34:27.90 (18)	35:08.87 (18)	35:48.78 (18)
46.29	45.40	44.75	44.95	43.85	44.55	43.50	43.31	40.97	39.91

**207 PÉREZ María José** ESP 12 JUN 1992 **DNS**


**Legend:**  
 DNS Did not Start      PB Personal Best      SB Season Best

SAT 24 MAY 2025  
 20:45

**10000m Women**
**A-race**
**Results**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESE Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result	
1	201	<b>VAN LENT</b> Jana Belgium	BEL	22 APR 2001	2	<b>31:32.28</b>	PB
2	212	<b>ZARBO</b> Alessia France	FRA	11 SEP 2001	9	<b>31:50.62</b>	PB
3	200	<b>HERBIET</b> Chloé Belgium	BEL	3 DEC 1998	1	<b>31:54.06</b>	PB
4	213	<b>DIETERICH</b> Eva Germany	GER	29 MAR 1999	11	<b>31:56.91</b>	
5	222	<b>PALMERO</b> Elisa Italy	ITA	10 JUL 1999	15	<b>32:05.95</b>	SB
6	219	<b>DEL BUONO</b> Federica Italy	ITA	12 DEC 1994	14	<b>32:12.72</b>	SB
7	235	<b>YILDIRIM</b> Bahar Türkiye	TUR	1 OCT 1998	20	<b>32:15.78</b>	PB
8	205	<b>BERZOSA</b> Alicia Spain	ESP	10 SEP 2000	4	<b>32:20.49</b>	PB
9	221	<b>NESTOLA</b> Sara Italy	ITA	8 MAY 2001	16	<b>32:21.65</b>	PB
10	202	<b>VERBRUGGEN</b> Hanne Belgium	BEL	27 MAY 1993	3	<b>32:35.78</b>	PB
11	206	<b>NAVARRETE</b> Esther Spain	ESP	16 MAR 1990	5	<b>32:36.85</b>	SB
12	211	<b>TABET</b> Célia France	FRA	29 AUG 1999	8	<b>32:50.15</b>	SB
13	208	<b>DE LA BIGNE</b> Philippine France	FRA	29 MAR 1998	6	<b>32:59.72</b>	SB
14	210	<b>MAÂMOURI</b> Coraline France	FRA	13 MAR 1996	7	<b>33:18.13</b>	SB
15	223	<b>CAUNE</b> Agate Latvia	LAT	7 AUG 2004	18	<b>33:21.16</b>	SB
16	220	<b>LONEDO</b> Rebecca Italy	ITA	5 DEC 1996	17	<b>33:25.05</b>	SB
17	216	<b>VINDICS-TÓTH</b> Lili Anna Hungary	HUN	17 SEP 1998	12	<b>33:34.07</b>	
18	209	<b>JULIEN</b> Mélody France	FRA	13 MAY 1999	10	<b>33:42.93</b>	SB
19	233	<b>KUTLUK</b> Yonca Türkiye	TUR	15 AUG 2000	19	<b>33:53.22</b>	
	4	<b>ATANANE</b> Soukaina (Pacer) (g) Morocco	MAR		21	<b>DNF</b>	



**Results**

<b>EUROPEAN RECORD</b>	<b>29:06.82</b>	<b>HASSAN Sifan</b>	NED	FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67</b>	<b>ABEYLEGESSE Elvan</b>	TUR	Antalya (TUR)	15 APR 2006

<b>Intermediate Times:</b>	1000m	3:12.25	4	ATANANE Soukaina (Pacer) (MAR)
	2000m	6:23.04	4	ATANANE Soukaina (Pacer) (MAR)
	3000m	9:35.18	4	ATANANE Soukaina (Pacer) (MAR)
	4000m	12:46.94	4	ATANANE Soukaina (Pacer) (MAR)
	5000m	15:59.87	4	ATANANE Soukaina (Pacer) (MAR)
	6000m	19:10.83	201	VAN LENT Jana (BEL)
	7000m	22:24.34	201	VAN LENT Jana (BEL)
	8000m	25:29.85	201	VAN LENT Jana (BEL)
	9000m	28:33.69	201	VAN LENT Jana (BEL)

**Legend:**

**(g)** Guest      **DNF** Did not Finish      **PB** Personal Best      **SB** Season Best

SAT 24 MAY 2025  
20:45

**10000m Women**

**A-race**

**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESSÉ Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

<b>1</b>	<b>201</b>	<b>VAN LENT Jana</b>	<b>BEL</b>	<b>22 APR 2001</b>	<b>31:32.28</b>				<b>PB</b>
38.75 (13)	1:18.12 (9)	1:56.46 (5)	2:35.89 (5)	3:14.90 (5)	3:51.93 (4)	4:29.34 (4)	5:07.76 (4)	5:45.92 (4)	6:24.59 (4)
	39.37	38.34	39.43	39.01	37.03	37.41	38.42	38.16	38.67
7:03.17 (4)	7:42.06 (3)	8:19.78 (3)	8:58.16 (3)	9:36.28 (3)	10:14.88 (3)	10:53.24 (3)	11:31.80 (3)	12:09.95 (3)	12:48.11 (3)
38.58	38.89	37.72	38.38	38.12	38.60	38.36	38.56	38.15	38.16
13:26.71 (3)	14:05.21 (3)	14:43.68 (3)	15:22.30 (3)	16:00.89 (3)	16:39.14 (2)	17:16.94 (1)	17:54.83 (1)	18:32.30 (1)	19:10.83 (1)
38.60	38.50	38.47	38.62	38.59	38.25	37.80	37.89	37.47	38.53
19:50.35 (2)	20:28.80 (2)	21:07.09 (2)	21:45.93 (2)	22:24.34 (1)	23:01.64 (1)	23:38.38 (1)	24:15.83 (1)	24:52.65 (1)	25:29.85 (1)
39.52	38.45	38.29	38.84	38.41	37.30	36.74	37.45	36.82	37.20
26:06.84 (1)	26:43.68 (1)	27:20.56 (1)	27:57.01 (1)	28:33.69 (1)	29:09.93 (1)	29:46.06 (1)	30:22.26 (1)	30:57.31 (1)	31:32.28 (1)
36.99	36.84	36.88	36.45	36.68	36.24	36.13	36.20	35.05	34.97

<b>2</b>	<b>212</b>	<b>ZARBO Alessia</b>	<b>FRA</b>	<b>11 SEP 2001</b>	<b>31:50.62</b>	<b>18.35</b>			<b>PB</b>
38.28 (11)	1:18.95 (13)	1:57.67 (13)	2:36.97 (13)	3:16.03 (12)	3:53.56 (13)	4:32.15 (13)	5:10.65 (13)	5:49.63 (13)	6:28.59 (12)
	40.67	38.72	39.30	39.06	37.53	38.59	38.50	38.98	38.96
7:07.34 (12)	7:44.72 (12)	8:23.03 (12)	9:01.40 (12)	9:38.72 (12)	10:17.75 (12)	10:56.57 (12)	11:34.32 (12)	12:12.72 (12)	12:51.58 (11)
38.75	37.38	38.31	38.37	37.32	39.03	38.82	37.75	38.40	38.86
13:31.44 (11)	14:11.23 (10)	14:49.39 (9)	15:27.58 (8)	16:05.44 (8)	16:43.61 (8)	17:21.76 (7)	17:59.68 (7)	18:37.66 (7)	19:15.91 (7)
39.86	39.79	38.16	38.19	37.86	38.17	38.15	37.92	37.98	38.25
19:54.06 (7)	20:32.34 (7)	21:09.47 (7)	21:47.15 (7)	22:25.98 (7)	23:03.49 (6)	23:41.36 (6)	24:19.15 (6)	24:58.20 (6)	25:36.01 (5)
38.15	38.28	37.13	37.68	38.83	37.51	37.87	37.79	39.05	37.81
26:13.32 (4)	26:51.94 (4)	27:30.80 (4)	28:08.81 (3)	28:46.03 (3)	29:23.96 (3)	30:01.51 (3)	30:39.13 (3)	31:15.59 (3)	31:50.62 (2)
37.31	38.62	38.86	38.01	37.22	37.93	37.55	37.62	36.46	35.03

<b>3</b>	<b>200</b>	<b>HERBIET Chloé</b>	<b>BEL</b>	<b>3 DEC 1998</b>	<b>31:54.06</b>	<b>21.79</b>			<b>PB</b>
38.02 (5)	1:17.68 (6)	1:56.55 (6)	2:36.15 (6)	3:14.97 (6)	3:52.23 (5)	4:29.64 (5)	5:07.99 (5)	5:46.25 (5)	6:24.83 (5)
	39.66	38.87	39.60	38.82	37.26	37.41	38.35	38.26	38.58
7:03.51 (5)	7:42.59 (5)	8:20.64 (6)	8:58.66 (5)	9:36.83 (5)	10:15.39 (5)	10:53.77 (5)	11:32.28 (5)	12:10.43 (5)	12:48.53 (5)
38.68	39.08	38.05	38.02	38.17	38.56	38.38	38.51	38.15	38.10
13:27.18 (5)	14:05.62 (5)	14:44.13 (5)	15:22.68 (5)	16:03.23 (7)	16:39.80 (5)	17:17.72 (4)	17:55.52 (4)	18:32.98 (4)	19:11.50 (4)
38.65	38.44	38.51	38.55	40.55	36.57	37.92	37.80	37.46	38.52
19:50.84 (4)	20:29.30 (4)	21:07.54 (4)	21:46.39 (4)	22:25.28 (5)	23:02.28 (3)	23:39.65 (3)	24:17.25 (3)	24:55.72 (3)	25:34.26 (3)
39.34	38.46	38.24	38.85	38.89	37.00	37.37	37.60	38.47	38.54
26:12.82 (3)	26:51.69 (3)	27:30.53 (3)	28:08.59 (2)	28:45.65 (2)	29:23.66 (2)	30:01.31 (2)	30:39.03 (2)	31:15.25 (2)	31:54.06 (3)
38.56	38.87	38.84	38.06	37.06	38.01	37.65	37.72	36.22	38.81

<b>4</b>	<b>213</b>	<b>DIETERICH Eva</b>	<b>GER</b>	<b>29 MAR 1999</b>	<b>31:56.91</b>	<b>24.64</b>			
38.43 (12)	1:18.45 (10)	1:57.39 (12)	2:36.94 (12)	3:15.86 (9)	3:52.85 (9)	4:30.32 (8)	5:08.68 (8)	5:46.94 (8)	6:25.49 (8)
	40.02	38.94	39.55	38.92	36.99	37.47	38.36	38.26	38.55
7:04.23 (8)	7:43.20 (8)	8:21.10 (8)	8:59.15 (8)	9:37.48 (8)	10:16.17 (8)	10:54.46 (8)	11:33.19 (8)	12:10.99 (7)	12:49.03 (7)
38.74	38.97	37.90	38.05	38.33	38.69	38.29	38.73	37.80	38.04
13:27.75 (7)	14:06.14 (7)	14:44.77 (7)	15:23.18 (7)	16:02.89 (6)	16:40.20 (7)	17:18.27 (6)	17:55.97 (6)	18:33.55 (6)	19:11.71 (5)
38.72	38.39	38.63	38.41	39.71	37.31	38.07	37.70	37.58	38.16
19:51.06 (5)	20:29.61 (5)	21:07.77 (5)	21:46.64 (5)	22:24.99 (3)	23:02.02 (2)	23:38.78 (2)	24:16.82 (2)	24:55.33 (2)	25:33.99 (2)
39.35	38.55	38.16	38.87	38.35	37.03	36.76	38.04	38.51	38.66
26:12.57 (2)	26:51.46 (2)	27:30.29 (2)	28:09.12 (4)	28:47.08 (4)	29:25.62 (4)	30:03.92 (4)	30:42.24 (4)	31:19.66 (4)	31:56.91 (4)
38.58	38.89	38.83	38.83	37.96	38.54	38.30	38.32	37.42	37.25

SAT 24 MAY 2025  
 20:45

**10000m Women**
**A-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESSÉ Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

<b>5</b>	<b>222</b>	<b>PALMERO Elisa</b>	<b>ITA</b>	<b>10 JUL 1999</b>	<b>32:05.95</b>	<b>33.68</b>	<b>SB</b>		
38.07 (8)	1:17.86 (7) 39.79	1:56.73 (7) 38.87	2:36.37 (7) 39.64	3:15.20 (7) 38.83	3:52.43 (6) 37.23	4:29.89 (6) 37.46	5:08.21 (6) 38.32	5:46.47 (6) 38.26	6:25.03 (6) 38.56
7:03.75 (6) 38.72	7:42.75 (6) 39.00	8:20.15 (4) 37.40	8:58.39 (4) 38.24	9:36.62 (4) 38.23	10:15.07 (4) 38.45	10:53.54 (4) 38.47	11:31.98 (4) 38.44	12:10.14 (4) 38.16	12:48.32 (4) 38.18
13:26.98 (4) 38.66	14:05.42 (4) 38.44	14:43.92 (4) 38.50	15:22.44 (4) 38.52	16:01.09 (4) 38.65	16:39.60 (4) 38.51	17:17.49 (3) 37.89	17:55.28 (3) 37.79	18:32.87 (3) 37.59	19:11.28 (3) 38.41
19:50.53 (3) 39.25	20:29.04 (3) 38.51	21:07.30 (3) 38.26	21:46.18 (3) 38.88	22:25.20 (4) 39.02	23:02.65 (5) 37.45	23:40.21 (4) 37.56	24:18.29 (4) 38.08	24:56.09 (4) 37.80	25:34.98 (4) 38.89
26:13.95 (5) 38.97	26:53.00 (5) 39.05	27:32.06 (5) 39.06	28:11.36 (5) 39.30	28:50.84 (5) 39.48	29:30.77 (5) 39.93	30:10.24 (5) 39.47	30:50.04 (5) 39.80	31:28.62 (5) 38.58	32:05.95 (5) 37.33

<b>6</b>	<b>219</b>	<b>DEL BUONO Federica</b>	<b>ITA</b>	<b>12 DEC 1994</b>	<b>32:12.72</b>	<b>40.45</b>	<b>SB</b>		
37.44 (3)	1:16.82 (3) 39.38	1:56.02 (3) 39.20	2:35.38 (3) 39.36	3:14.22 (3) 38.84	3:51.69 (3) 37.47	4:29.11 (3) 37.42	5:07.50 (3) 38.39	5:45.69 (3) 38.19	6:24.32 (3) 38.63
7:02.98 (3) 38.66	7:41.81 (2) 38.83	8:19.56 (2) 37.75	8:57.92 (2) 38.36	9:36.10 (2) 38.18	10:14.61 (2) 38.51	10:53.02 (2) 38.41	11:31.57 (2) 38.55	12:09.74 (2) 38.17	12:47.83 (2) 38.09
13:26.44 (2) 38.61	14:04.92 (2) 38.48	14:43.49 (2) 38.57	15:22.06 (2) 38.57	16:00.69 (2) 38.63	16:39.39 (3) 38.70	17:17.26 (2) 37.87	17:55.03 (2) 37.77	18:32.65 (2) 37.62	19:10.98 (2) 38.33
19:50.12 (1) 39.14	20:28.54 (1) 38.42	21:06.84 (1) 38.30	21:45.69 (1) 38.85	22:24.74 (2) 39.05	23:02.52 (4) 37.78	23:40.53 (5) 38.01	24:18.92 (5) 38.39	24:58.07 (5) 39.15	25:36.86 (6) 38.79
26:16.23 (6) 39.37	26:56.40 (6) 40.17	27:35.96 (6) 39.56	28:16.04 (6) 40.08	28:56.18 (6) 40.14	29:36.34 (6) 40.16	30:16.15 (6) 39.81	30:55.68 (6) 39.53	31:34.28 (6) 38.60	32:12.72 (6) 38.44

<b>7</b>	<b>235</b>	<b>YILDIRIM Bahar</b>	<b>TUR</b>	<b>1 OCT 1998</b>	<b>32:15.78</b>	<b>43.51</b>	<b>PB</b>		
38.04 (6)	1:18.04 (8) 40.00	1:57.17 (9) 39.13	2:36.48 (8) 39.31	3:15.38 (8) 38.90	3:52.59 (7) 37.21	4:30.10 (7) 37.51	5:08.42 (7) 38.32	5:46.70 (7) 38.28	6:25.31 (7) 38.61
7:03.98 (7) 38.67	7:42.95 (7) 38.97	8:20.88 (7) 37.93	8:58.85 (6) 37.97	9:37.09 (6) 38.24	10:15.59 (6) 38.50	10:53.96 (6) 38.37	11:32.51 (6) 38.55	12:10.69 (6) 38.18	12:48.74 (6) 38.05
13:27.46 (6) 38.72	14:05.90 (6) 38.44	14:44.46 (6) 38.56	15:22.92 (6) 38.46	16:01.62 (5) 38.70	16:40.02 (6) 38.40	17:18.05 (5) 38.03	17:55.76 (5) 37.71	18:33.44 (5) 37.68	19:11.98 (6) 38.54
19:51.41 (6) 39.43	20:29.83 (6) 38.42	21:08.24 (6) 38.41	21:46.92 (6) 38.68	22:25.73 (6) 38.81	23:03.81 (7) 38.08	23:42.52 (7) 38.71	24:21.71 (7) 39.19	25:01.63 (7) 39.92	25:42.12 (7) 40.49
26:21.98 (7) 39.86	27:01.99 (7) 40.01	27:41.94 (7) 39.95	28:22.46 (7) 40.52	29:02.37 (7) 39.91	29:42.69 (7) 40.32	30:21.73 (7) 39.04	31:00.76 (7) 39.03	31:37.78 (7) 37.02	32:15.78 (7) 38.00

<b>8</b>	<b>205</b>	<b>BERZOSA Alicia</b>	<b>ESP</b>	<b>10 SEP 2000</b>	<b>32:20.49</b>	<b>48.21</b>	<b>PB</b>		
39.30 (16)	1:19.19 (14) 39.89	1:58.06 (16) 38.87	2:37.45 (16) 39.39	3:16.84 (18) 39.39	3:53.98 (15) 37.14	4:32.67 (15) 38.69	5:11.11 (15) 38.44	5:50.18 (15) 39.07	6:28.80 (13) 38.62
7:07.55 (13) 38.75	7:44.96 (13) 37.41	8:23.33 (13) 38.37	9:01.61 (13) 38.28	9:38.98 (13) 37.37	10:17.96 (13) 38.98	10:56.82 (13) 38.86	11:34.57 (13) 37.75	12:12.94 (13) 38.37	12:51.81 (12) 38.87
13:31.74 (12) 39.93	14:11.70 (12) 39.96	14:49.92 (11) 38.22	15:28.34 (11) 38.42	16:06.75 (11) 38.41	16:45.44 (11) 38.69	17:24.81 (10) 39.37	18:05.82 (10) 41.01	18:45.01 (10) 39.19	19:24.17 (9) 39.16
20:03.11 (8) 38.94	20:43.05 (8) 39.94	21:23.48 (11) 40.43	22:03.61 (11) 40.13	22:43.46 (11) 39.85	23:23.54 (11) 40.08	24:01.41 (9) 37.87	24:39.99 (9) 38.58	25:18.80 (9) 38.81	25:57.76 (9) 38.96
26:36.65 (9) 38.89	27:15.41 (9) 38.76	27:54.29 (9) 38.88	28:33.03 (9) 38.74	29:11.75 (9) 38.72	29:50.85 (9) 39.10	30:29.27 (8) 38.42	31:07.83 (8) 38.56	31:44.39 (8) 36.56	32:20.49 (8) 36.10

SAT 24 MAY 2025  
 20:45

**10000m Women**
**A-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESSÉ Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**9 221 NESTOLA Sara** ITA 8 MAY 2001 **32:21.65** 49.38 PB

39.08 (14)	1:19.36 (15) 40.28	1:58.43 (17) 39.07	2:37.51 (18) 39.08	3:16.75 (17) 39.24	3:54.59 (19) 37.84	4:33.41 (19) 38.82	5:11.84 (19) 38.43	5:51.05 (19) 39.21	6:29.70 (19) 38.65
7:08.79 (19) 39.09	7:47.46 (17) 38.67	8:26.13 (17) 38.67	9:05.87 (16) 39.74	9:44.94 (16) 39.07	10:23.73 (16) 38.79	11:02.81 (16) 39.08	11:41.99 (16) 39.18	12:20.73 (16) 38.74	12:59.17 (16) 38.44
13:37.81 (16) 38.64	14:16.82 (16) 39.01	14:55.61 (16) 38.79	15:34.79 (15) 39.18	16:12.74 (15) 37.95	16:51.39 (14) 38.65	17:30.56 (12) 39.17	18:10.22 (13) 39.66	18:49.05 (11) 38.83	19:26.95 (11) 37.90
20:04.84 (11) 37.89	20:43.87 (11) 39.03	21:23.15 (10) 39.28	22:03.33 (10) 40.18	22:43.05 (9) 39.72	23:22.75 (8) 39.70	24:01.19 (8) 38.44	24:39.71 (8) 38.52	25:18.68 (8) 38.97	25:57.57 (8) 38.89
26:36.54 (8) 38.97	27:15.20 (8) 38.66	27:54.07 (8) 38.87	28:32.89 (8) 38.82	29:11.67 (8) 38.78	29:50.65 (8) 38.98	30:29.55 (9) 38.90	31:08.48 (9) 38.93	31:45.95 (9) 37.47	32:21.65 (9) 35.70

**10 202 VERBRUGGEN Hanne** BEL 27 MAY 1993 **32:35.78** 1:03.51 PB

39.52 (17)	1:19.65 (17) 40.13	1:57.99 (14) 38.34	2:37.29 (15) 39.30	3:16.36 (15) 39.07	3:53.79 (14) 37.43	4:32.35 (14) 38.56	5:10.91 (14) 38.56	5:49.90 (14) 38.99	6:29.10 (15) 39.20
7:07.00 (11) 37.90	7:44.14 (11) 37.14	8:21.95 (11) 37.81	9:00.43 (11) 38.48	9:38.43 (11) 38.00	10:17.05 (11) 38.62	10:55.33 (11) 38.28	11:34.07 (11) 38.74	12:12.20 (10) 38.13	12:51.31 (10) 39.11
13:31.16 (10) 39.85	14:10.99 (8) 39.83	14:49.02 (8) 38.03	15:27.82 (9) 38.80	16:06.11 (9) 38.29	16:45.09 (9) 38.98	17:24.60 (9) 39.51	18:05.64 (9) 41.04	18:43.92 (8) 38.28	19:23.71 (8) 39.79
20:03.18 (9) 39.47	20:43.35 (9) 40.17	21:22.70 (8) 39.35	22:02.83 (8) 40.13	22:43.20 (10) 40.37	23:23.31 (10) 40.11	24:01.46 (10) 38.15	24:41.30 (10) 39.84	25:21.27 (10) 39.97	26:02.01 (10) 40.74
26:42.46 (11) 40.45	27:22.93 (11) 40.47	28:03.34 (11) 40.41	28:43.30 (10) 39.96	29:22.33 (10) 39.03	30:02.85 (10) 40.52	30:42.85 (10) 40.00	31:22.76 (11) 39.91	32:00.53 (11) 37.77	32:35.78 (10) 35.25

**11 206 NAVARRETE Esther** ESP 16 MAR 1990 **32:36.85** 1:04.58 SB

38.11 (9)	1:18.52 (11) 40.41	1:57.37 (11) 38.85	2:36.67 (10) 39.30	3:16.11 (13) 39.44	3:53.26 (11) 37.15	4:31.59 (11) 38.33	5:09.60 (9) 38.01	5:47.29 (9) 37.69	6:25.81 (9) 38.52
7:04.56 (9) 38.75	7:43.55 (9) 38.99	8:21.45 (9) 37.90	8:59.78 (9) 38.33	9:37.82 (9) 38.04	10:16.47 (9) 38.65	10:54.79 (9) 38.32	11:33.51 (9) 38.72	12:11.71 (9) 38.20	12:50.94 (9) 39.23
13:30.78 (9) 39.84	14:11.49 (11) 40.71	14:49.76 (10) 38.27	15:28.06 (10) 38.30	16:06.48 (10) 38.42	16:45.23 (10) 38.75	17:24.55 (8) 39.32	18:05.33 (8) 40.78	18:44.68 (9) 39.35	19:24.29 (10) 39.61
20:03.40 (10) 39.11	20:43.59 (10) 40.19	21:22.83 (9) 39.24	22:02.97 (9) 40.14	22:43.00 (8) 40.03	23:23.08 (9) 40.08	24:02.05 (11) 38.97	24:41.57 (11) 39.52	25:21.32 (11) 39.75	26:02.17 (11) 40.85
26:42.20 (10) 40.03	27:22.65 (10) 40.45	28:03.06 (10) 40.41	28:43.63 (11) 40.57	29:22.41 (11) 38.78	30:02.93 (11) 40.52	30:42.85 (10) 39.92	31:22.49 (10) 39.64	32:00.47 (10) 37.98	32:36.85 (11) 36.38

**12 211 TABET Célia** FRA 29 AUG 1999 **32:50.15** 1:17.88 SB

39.12 (15)	1:19.40 (16) 40.28	1:58.05 (15) 38.65	2:37.19 (14) 39.14	3:16.31 (14) 39.12	3:54.16 (16) 37.85	4:32.83 (16) 38.67	5:11.28 (17) 38.45	5:50.33 (16) 39.05	6:29.13 (16) 38.80
7:08.27 (17) 39.14	7:45.62 (15) 37.35	8:23.77 (15) 38.15	9:02.16 (15) 38.39	9:40.05 (15) 37.89	10:19.31 (15) 39.26	10:58.55 (15) 39.24	11:37.68 (15) 39.13	12:17.09 (15) 39.41	12:55.89 (14) 38.80
13:34.94 (14) 39.05	14:14.16 (14) 39.22	14:53.53 (13) 39.37	15:32.32 (13) 38.79	16:11.18 (13) 38.86	16:50.81 (12) 39.63	17:30.30 (11) 39.49	18:10.04 (11) 39.74	18:49.58 (13) 39.54	19:28.49 (13) 38.91
20:08.07 (13) 39.58	20:48.12 (13) 40.05	21:28.31 (13) 40.19	22:08.68 (13) 40.37	22:48.96 (13) 40.28	23:29.15 (13) 40.19	24:09.57 (13) 40.42	24:49.49 (12) 39.92	25:29.24 (12) 39.75	26:09.51 (12) 40.27
26:49.89 (12) 40.38	27:30.57 (12) 40.68	28:11.26 (12) 40.69	28:52.25 (12) 40.99	29:32.76 (12) 40.51	30:13.59 (12) 40.83	30:53.70 (12) 40.11	31:33.57 (12) 39.87	32:12.68 (12) 39.11	32:50.15 (12) 37.47

SAT 24 MAY 2025  
20:45

**10000m Women**

**A-race**

**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESSE Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**13 208 DE LA BIGNE Philippine** FRA 29 MAR 1998 **32:59.72** 1:27.45 SB

40.05 (20)	1:19.91 (20)	1:58.48 (18)	2:37.47 (17)	3:16.55 (16)	3:54.21 (17)	4:33.02 (17)	5:11.27 (16)	5:50.41 (17)	6:29.24 (17)
39.86	37.16	38.57	38.99	39.08	37.66	38.81	38.25	39.14	38.83
7:08.07 (15)	7:45.23 (14)	8:23.52 (14)	9:01.91 (14)	9:39.74 (14)	10:19.01 (14)	10:58.33 (14)	11:37.56 (14)	12:17.01 (14)	12:56.14 (15)
38.83	37.16	38.29	38.39	37.83	39.27	39.32	39.23	39.45	39.13
13:35.18 (15)	14:14.29 (15)	14:53.83 (14)	15:32.75 (14)	16:11.62 (14)	16:51.24 (13)	17:30.90 (13)	18:10.05 (12)	18:49.35 (12)	19:28.15 (12)
39.04	39.11	39.54	38.92	38.87	39.62	39.66	39.15	39.30	38.80
20:07.74 (12)	20:47.86 (12)	21:28.15 (12)	22:08.42 (12)	22:48.71 (12)	23:28.92 (12)	24:09.45 (12)	24:49.84 (13)	25:30.94 (13)	26:12.67 (13)
39.59	40.12	40.29	40.27	40.29	40.21	40.53	40.39	41.10	41.73
26:54.08 (13)	27:34.72 (13)	28:15.47 (13)	28:56.71 (13)	29:38.15 (13)	30:20.76 (13)	31:01.89 (13)	31:42.48 (13)	32:21.56 (13)	32:59.72 (13)
41.41	40.64	40.75	41.24	41.44	42.61	41.13	40.59	39.08	38.16

**14 210 MAËMOURI Coraline** FRA 13 MAR 1996 **33:18.13** 1:45.86 SB

37.76 (4)	1:16.51 (2)	1:55.78 (2)	2:35.08 (2)	3:14.00 (2)	3:52.80 (8)	4:31.05 (9)	5:10.29 (12)	5:49.41 (12)	6:28.87 (14)
38.75	38.75	39.27	39.30	38.92	38.80	38.25	39.24	39.12	39.46
7:08.16 (16)	7:46.90 (16)	8:25.80 (16)	9:06.10 (17)	9:45.29 (17)	10:26.14 (17)	11:07.28 (17)	11:47.61 (17)	12:28.13 (17)	13:08.29 (17)
39.29	38.74	38.90	40.30	39.19	40.85	41.14	40.33	40.52	40.16
13:49.11 (17)	14:30.00 (17)	15:10.83 (17)	15:52.78 (18)	16:32.86 (19)	17:13.20 (19)	17:52.65 (18)	18:34.04 (18)	19:14.65 (18)	19:55.97 (18)
40.82	40.89	40.83	41.95	40.08	40.34	39.45	41.39	40.61	41.32
20:36.10 (18)	21:17.44 (18)	21:57.84 (18)	22:37.76 (16)	23:17.10 (15)	23:58.32 (15)	24:38.71 (15)	25:19.33 (15)	26:00.52 (16)	26:41.90 (16)
40.13	41.34	40.40	39.92	39.34	41.22	40.39	40.62	41.19	41.38
27:22.60 (16)	28:03.96 (16)	28:45.25 (16)	29:26.78 (16)	30:08.16 (16)	30:48.88 (16)	31:28.65 (16)	32:09.17 (16)	32:45.38 (15)	33:18.13 (14)
40.70	41.36	41.29	41.53	41.38	40.72	39.77	40.52	36.21	32.75

**15 223 CAUNE Agate** LAT 7 AUG 2004 **33:21.16** 1:48.89 SB

38.12 (10)	1:17.01 (4)	1:56.21 (4)	2:35.62 (4)	3:14.47 (4)	3:51.47 (2)	4:28.87 (2)	5:07.25 (2)	5:45.49 (2)	6:24.06 (2)
38.89	38.89	39.20	39.41	38.85	37.00	37.40	38.38	38.24	38.57
7:02.73 (2)	7:42.29 (4)	8:20.36 (5)	8:58.96 (7)	9:37.30 (7)	10:15.91 (7)	10:54.25 (7)	11:32.96 (7)	12:11.33 (8)	12:50.78 (8)
38.67	39.56	38.07	38.60	38.34	38.61	38.34	38.71	38.37	39.45
13:30.67 (8)	14:11.07 (9)	14:50.36 (12)	15:31.09 (12)	16:11.16 (12)	16:51.48 (15)	17:31.78 (14)	18:12.82 (14)	18:53.55 (14)	19:35.26 (14)
39.89	40.40	39.29	40.73	40.07	40.32	40.30	41.04	40.73	41.71
20:16.53 (14)	20:58.07 (14)	21:39.14 (14)	22:21.77 (14)	23:03.29 (14)	23:45.10 (14)	24:26.44 (14)	25:09.04 (14)	25:50.18 (14)	26:31.76 (14)
41.27	41.54	41.07	42.63	41.52	41.81	41.34	42.60	41.14	41.58
27:13.49 (14)	27:54.88 (14)	28:36.13 (14)	29:17.51 (14)	29:58.64 (14)	30:39.27 (14)	31:19.32 (14)	32:01.03 (14)	32:41.43 (14)	33:21.16 (15)
41.73	41.39	41.25	41.38	41.13	40.63	40.05	41.71	40.40	39.73

**16 220 LONEDO Rebecca** ITA 5 DEC 1996 **33:25.05** 1:52.78 SB

39.95 (19)	1:19.81 (18)	1:58.74 (20)	2:37.86 (20)	3:17.22 (20)	3:54.94 (20)	4:33.68 (20)	5:12.20 (20)	5:51.20 (20)	6:29.78 (20)
39.86	38.93	38.93	39.12	39.36	37.72	38.74	38.52	39.00	38.58
7:09.05 (20)	7:48.34 (19)	8:28.39 (19)	9:09.25 (18)	9:48.69 (18)	10:28.66 (18)	11:08.17 (18)	11:48.12 (18)	12:28.30 (18)	13:08.42 (18)
39.27	39.29	40.05	40.86	39.44	39.97	39.51	39.95	40.18	40.12
13:49.19 (18)	14:30.13 (18)	15:11.00 (18)	15:52.46 (17)	16:32.29 (17)	17:12.50 (17)	17:52.16 (16)	18:33.57 (16)	19:14.25 (17)	19:55.64 (17)
40.77	40.94	40.87	41.46	39.83	40.21	39.66	41.41	40.68	41.39
20:35.94 (17)	21:16.94 (16)	21:57.57 (16)	22:38.04 (17)	23:17.95 (17)	23:58.50 (16)	24:38.85 (16)	25:19.43 (16)	26:00.32 (15)	26:40.99 (15)
40.30	41.00	40.63	40.47	39.91	40.55	40.35	40.58	40.89	40.67
27:21.59 (15)	28:01.97 (15)	28:42.40 (15)	29:23.35 (15)	30:04.08 (15)	30:44.90 (15)	31:25.45 (15)	32:06.32 (15)	32:45.87 (16)	33:25.05 (16)
40.60	40.38	40.43	40.95	40.73	40.82	40.55	40.87	39.55	39.18

SAT 24 MAY 2025  
 20:45

**10000m Women**
**A-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESSE Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**17 216 VINDICS-TÓTH Lili Anna** HUN 17 SEP 1998 **33:34.07** 2:01.80

39.69 (18)	1:19.81 (18) 40.12	1:58.60 (19) 38.79	2:37.79 (19) 39.19	3:17.00 (19) 39.21	3:54.38 (18) 37.38	4:33.28 (18) 38.90	5:11.54 (18) 38.26	5:50.70 (18) 39.16	6:29.44 (18) 38.74
7:08.68 (18) 39.24	7:48.40 (20) 39.72	8:28.60 (20) 40.20	9:09.39 (19) 40.79	9:48.96 (19) 39.57	10:28.89 (19) 39.93	11:08.41 (19) 39.52	11:48.36 (19) 39.95	12:28.33 (19) 39.97	13:08.47 (19) 40.14
13:49.22 (19) 40.75	14:30.23 (19) 41.01	15:11.11 (19) 40.88	15:52.85 (19) 41.74	16:32.62 (18) 39.77	17:12.83 (18) 40.21	17:52.32 (17) 39.49	18:33.68 (17) 41.36	19:14.18 (16) 40.50	19:55.46 (16) 41.28
20:35.84 (16) 40.38	21:17.19 (17) 41.35	21:57.67 (17) 40.48	22:38.26 (18) 40.59	23:18.20 (18) 39.94	23:58.65 (17) 40.45	24:38.97 (17) 40.32	25:19.59 (17) 40.62	26:00.83 (17) 41.24	26:42.13 (17) 41.30
27:22.89 (17) 40.76	28:04.37 (17) 41.48	28:45.57 (17) 41.20	29:27.02 (17) 41.45	30:08.44 (17) 41.42	30:49.35 (17) 40.91	31:30.84 (17) 41.49	32:13.37 (17) 42.53	32:54.97 (17) 41.60	33:34.07 (17) 39.10

**18 209 JULIEN Mélody** FRA 13 MAY 1999 **33:42.93** 2:10.66 **SB**

38.04 (6)	1:18.63 (12) 40.59	1:57.04 (8) 38.41	2:36.54 (9) 39.50	3:15.86 (9) 39.32	3:53.11 (10) 37.25	4:31.29 (10) 38.18	5:09.86 (10) 38.57	5:47.51 (10) 37.65	6:26.11 (10) 38.60
7:04.76 (10) 38.65	7:43.82 (10) 39.06	8:21.70 (10) 37.88	9:00.11 (10) 38.41	9:38.09 (10) 37.98	10:16.74 (10) 38.65	10:55.00 (10) 38.26	11:33.78 (10) 38.78	12:12.54 (11) 38.76	12:52.19 (13) 39.65
13:32.65 (13) 40.46	14:13.69 (13) 41.04	14:54.92 (15) 41.23	15:35.93 (16) 41.01	16:16.90 (16) 40.97	16:58.85 (16) 41.95	17:40.83 (15) 41.98	18:24.03 (15) 43.20	19:04.97 (15) 40.94	19:47.57 (15) 42.60
20:28.39 (15) 40.82	21:11.80 (15) 43.41	21:53.81 (15) 42.01	22:35.89 (15) 42.08	23:17.42 (16) 41.53	24:00.83 (18) 43.41	24:43.75 (18) 42.92	25:26.57 (18) 42.82	26:06.89 (18) 40.32	26:44.96 (18) 38.07
27:28.04 (18) 43.08	28:11.84 (18) 43.80	28:55.57 (18) 43.73	29:39.54 (18) 43.97	30:22.46 (18) 42.92	31:05.92 (18) 43.46	31:48.38 (18) 42.46	32:30.76 (18) 42.38	33:06.28 (18) 35.52	33:42.93 (18) 36.65

**19 233 KUTLUK Yonca** TUR 15 AUG 2000 **33:53.22** 2:20.95

37.42 (2)	1:17.53 (5) 40.11	1:57.17 (9) 39.64	2:36.71 (11) 39.54	3:15.90 (11) 39.19	3:53.39 (12) 37.49	4:31.83 (12) 38.44	5:10.12 (11) 38.29	5:49.17 (11) 39.05	6:28.33 (11) 39.16
7:07.96 (14) 39.63	7:48.27 (18) 40.31	8:28.36 (18) 40.09	9:09.89 (20) 41.53	9:51.27 (20) 41.38	10:32.58 (20) 41.31	11:13.85 (20) 41.27	11:54.72 (20) 40.87	12:35.85 (20) 41.13	13:17.46 (20) 41.61
13:58.65 (20) 41.19	14:40.04 (20) 41.39	15:21.67 (20) 41.63	16:03.40 (20) 41.73	16:44.78 (20) 41.38	17:26.28 (20) 41.50	18:07.55 (19) 41.27	18:49.52 (19) 41.97	19:30.80 (19) 41.28	20:12.84 (19) 42.04
20:54.89 (19) 42.05	21:36.57 (19) 41.68	22:18.59 (19) 42.02	23:00.53 (19) 41.94	23:42.02 (19) 41.49	24:23.37 (19) 41.35	25:05.11 (19) 41.74	25:47.08 (19) 41.97	26:28.54 (19) 41.46	27:10.43 (19) 41.89
27:52.19 (19) 41.76	28:33.64 (19) 41.45	29:13.84 (19) 40.20	29:54.62 (19) 40.78	30:35.43 (19) 40.81	31:16.43 (19) 41.00	31:56.43 (19) 40.00	32:36.58 (19) 40.15	33:15.33 (19) 38.75	33:53.22 (19) 37.89

**4 ATANANE Soukaina (Pacer) (g)**
**MAR**
**DNF**

37.19 (1)	1:15.62 (1) 38.43	1:53.95 (1) 38.33	2:32.41 (1) 38.46	3:12.25 (1) 39.84	3:50.96 (1) 38.71	4:28.24 (1) 37.28	5:06.18 (1) 37.94	5:44.75 (1) 38.57	6:23.04 (1) 38.29
7:02.13 (1) 39.09	7:41.27 (1) 39.14	8:18.94 (1) 37.67	8:57.20 (1) 38.26	9:35.18 (1) 37.98	10:13.77 (1) 38.59	10:51.95 (1) 38.18	11:30.42 (1) 38.47	12:08.95 (1) 38.53	12:46.94 (1) 37.99
13:25.64 (1) 38.70	14:04.38 (1) 38.74	14:42.68 (1) 38.30	15:21.23 (1) 38.55	15:59.87 (1) 38.64	16:38.53 (1) 38.66	DNF			

<b>Legend:</b>	Guest	<b>DNF</b>	Did not Finish	<b>PB</b>	Personal Best	<b>SB</b>	Season Best
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SAT 24 MAY 2025  
18:45

**10000m Women**
**Final**
**Results Summary**

<b>EUROPEAN RECORD</b>	<b>29:06.82 HASSAN Sifan</b>	NED FBK Stadium, Hengelo (NED)	6 MAY 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67 ABEYLEGESE Elvan</b>	TUR Antalya (TUR)	15 APR 2006

Rank	Bib	Name	Ctry Code	Heat	Order	Position	Time	
1	201	VAN LENT Jana	BEL	A-race	2	1	<b>31:32.28</b>	PB
2	212	ZARBO Alessia	FRA	A-race	9	2	<b>31:50.62</b>	PB
3	200	HERBIET Chloé	BEL	A-race	1	3	<b>31:54.06</b>	PB
4	213	DIETERICH Eva	GER	A-race	11	4	<b>31:56.91</b>	
5	222	PALMERO Elisa	ITA	A-race	15	5	<b>32:05.95</b>	SB
6	219	DEL BUONO Federica	ITA	A-race	14	6	<b>32:12.72</b>	SB
7	235	YILDIRIM Bahar	TUR	A-race	20	7	<b>32:15.78</b>	PB
8	205	BERZOSA Alicia	ESP	A-race	4	8	<b>32:20.49</b>	PB
9	221	NESTOLA Sara	ITA	A-race	16	9	<b>32:21.65</b>	PB
10	236	KALIUZHNA Viktoriia	UKR	B-race	18	1	<b>32:30.35</b>	PB
11	231	ÇETO Nursena	TUR	B-race	14	2	<b>32:34.69</b>	PB
12	202	VERBRUGGEN Hanne	BEL	A-race	3	10	<b>32:35.78</b>	PB
13	206	NAVARRETE Esther	ESP	A-race	5	11	<b>32:36.85</b>	SB
14	237	MAZURENKO Mariia	UKR	B-race	16	3	<b>32:49.19</b>	PB
15	211	TABET Célia	FRA	A-race	8	12	<b>32:50.15</b>	SB
16	208	DE LA BIGNE Philippine	FRA	A-race	6	13	<b>32:59.72</b>	SB
17	203	WARPY Victoria	BEL	B-race	1	4	<b>33:17.08</b>	PB
18	239	SHKURKO Viktoriia	UKR	B-race	17	5	<b>33:17.49</b>	
19	210	MAÂMOURI Coraline	FRA	A-race	7	14	<b>33:18.13</b>	SB
20	217	HALABI KABLAN Karawan	ISR	B-race	6	6	<b>33:18.24</b>	PB
21	223	CAUNE Agate	LAT	A-race	18	15	<b>33:21.16</b>	SB
22	220	LONEDO Rebecca	ITA	A-race	17	16	<b>33:25.05</b>	SB
23	216	VINDICS-TÓTH Lili Anna	HUN	A-race	12	17	<b>33:34.07</b>	
24	209	JULIEN Mélody	FRA	A-race	10	18	<b>33:42.93</b>	SB
25	234	ÖZTÜRK Dilek	TUR	B-race	13	7	<b>33:48.34</b>	
26	204	AVRAMOVA Devora	BUL	B-race	2	8	<b>33:52.91</b>	PB
27	233	KUTLUK Yonca	TUR	A-race	19	19	<b>33:53.22</b>	
28	232	KUNUR Derya	TUR	B-race	15	9	<b>34:02.93</b>	
29	238	NYZHNYK Olga	UKR	B-race	19	10	<b>34:04.02</b>	
30	225	BREZA Olimpia	POL	B-race	8	11	<b>34:09.34</b>	
31	228	MEIER Andrea	SUI	B-race	11	12	<b>34:13.29</b>	SB
32	214	HEYMANN Nele	GER	B-race	4	13	<b>34:33.64</b>	
33	226	EICHENBERGER Elena	SUI	B-race	9	14	<b>34:40.15</b>	SB
34	215	BALLA Ntenisa	GRE	B-race	5	15	<b>34:40.95</b>	PB
35	218	ARNAUDO Anna	ITA	B-race	7	16	<b>34:49.16</b>	SB
36	229	WOLHAUSER Romane	SUI	B-race	12	17	<b>34:57.71</b>	PB
37	227	FULGINITI Giulia	SUI	B-race	10	18	<b>35:48.78</b>	SB
	4	ATANANE Soukaina (Pacer) (g)	MAR	A-race	21		<b>DNF</b>	
	207	PÉREZ María José	ESP	B-race	3		<b>DNS</b>	

<b>Legend:</b>	Guest	<b>DNF</b>	Did not Finish	<b>DNS</b>	Did not Start	<b>PB</b>	Personal Best
<b>(g)</b>	Season Best						
<b>SB</b>							

SAT 24 MAY 2025  
 20:45

**10000m Team Cup Women**
**Final**
**Results**

Athletes: 30

Countries: 7

Distance: 10000 m

Rank	Ctry	Bib	Name	Time	Position	Result
1	Belgium (BEL)	201	VAN LENT Jana	31:32.28	1	1:36:02.12
		200	HERBIET Chloé	31:54.06	3	
		202	VERBRUGGEN Hanne	32:35.78	12	
		203	WARPY Victoria	33:17.08	17	
2	Italy (ITA)	222	PALMERO Elisa	32:05.95	5	1:36:40.32
		219	DEL BUONO Federica	32:12.72	6	
		221	NESTOLA Sara	32:21.65	9	
		220	LONEDO Rebecca	33:25.05	22	
		218	ARNAUDO Anna	34:49.16	35	
3	France (FRA)	212	ZARBO Alessia	31:50.62	2	1:37:40.49
		211	TABET Célia	32:50.15	15	
		208	DE LA BIGNE Philippine	32:59.72	16	
		210	MAÂMOURI Coraline	33:18.13	19	
		209	JULIEN Mélody	33:42.93	24	
4	Ukraine (UKR)	236	KALIUZHNA Viktoriia	32:30.35	10	1:38:37.03
		237	MAZURENKO Mariia	32:49.19	14	
		239	SHKURKO Viktoriia	33:17.49	18	
		238	NYZHNYK Olga	34:04.02	29	
5	Türkiye (TUR)	235	YILDIRIM Bahar	32:15.78	7	1:38:38.81
		231	ÇETO Nursena	32:34.69	11	
		234	ÖZTÜRK Dilek	33:48.34	25	
		233	KUTLUK Yonca	33:53.22	27	
		232	KUNUR Derya	34:02.93	28	
6	Switzerland (SUI)	228	MEIER Andrea	34:13.29	31	1:43:51.15
		226	EICHENBERGER Elena	34:40.15	33	
		229	WOLHAUSER Romane	34:57.71	36	
		227	FULGINITI Giulia	35:48.78	37	
Spain (ESP)						NM
205	BERZOSA Alicia	32:20.49	8			
206	NAVARRETE Esther	32:36.85	13			
		207	PÉREZ María José	DNS		



SAT 24 MAY 2025  
 20:05

**10000m Men**
**B-race**
**Results**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result	
1	103	<b>DEFLANDRE Clément</b> Belgium	BEL	14 DEC 1997	2	<b>28:30.91</b>	PB
2	107	<b>HASSAOUS Nassim</b> Spain	ESP	23 MAR 1994	5	<b>28:32.79</b>	SB
3	130	<b>URSANO Luca</b> Italy	ITA	26 APR 1999	10	<b>28:36.06</b>	SB
4	134	<b>MARQUES Miguel</b> Portugal	POR	10 JAN 1995	16	<b>28:39.22</b>	PB
5	120	<b>EHRLE Lukas</b> Germany	GER	7 NOV 2004	7	<b>28:40.22</b>	PB
6	126	<b>ALFIERI Luca</b> Italy	ITA	31 OCT 2000	11	<b>28:46.67</b>	SB
7	125	<b>Ó GAILÍN Oisín</b> Ireland	IRL	14 MAR 1997	9	<b>29:02.05</b>	SB
8	104	<b>GRIMARD Guillaume</b> Belgium	BEL	18 FEB 1999	3	<b>29:03.25</b>	SB
9	133	<b>VESTERHAUG WARNES Vegard</b> Norway	NOR	16 MAY 2003	15	<b>29:11.45</b>	PB
10	105	<b>BALABANOV Ivo</b> Bulgaria	BUL	21 FEB 1997	4	<b>29:15.81</b>	SB
11	119	<b>MANTHORPE Alfie</b> Great Britain & Northern Ireland	GBR	26 SEP 1999	6	<b>29:19.52</b>	PB
12	132	<b>FUTSELAAR Frank</b> Netherlands	NED	16 JUL 1991	14	<b>29:24.20</b>	SB
13	123	<b>KARSAI Gábor</b> Hungary	HUN	4 MAR 2004	8	<b>29:32.89</b>	SB
14	131	<b>JOCIS Ugis</b> Latvia	LAT	13 SEP 1993	13	<b>29:48.48</b>	SB
	100	<b>HINTERNDORFER Timo</b> Austria	AUT	7 JUL 2004	1	<b>DNF</b>	
	129	<b>OUHDA Ahmed</b> Italy	ITA	10 MAR 1997	12	<b>DNF</b>	
	3	<b>OUTALHA Mohcin (Pacer) (g)</b> Morocco	MAR		17	<b>DNF</b>	
<b>Intermediate Times:</b>		1000m	2:48.16	3	OUTALHA Mohcin (Pacer) (MAR)		
		2000m	5:39.38	3	OUTALHA Mohcin (Pacer) (MAR)		
		3000m	8:29.21	3	OUTALHA Mohcin (Pacer) (MAR)		
		4000m	11:19.46	3	OUTALHA Mohcin (Pacer) (MAR)		
		5000m	14:08.65	3	OUTALHA Mohcin (Pacer) (MAR)		
		6000m	16:58.02	104	GRIMARD Guillaume (BEL)		
		7000m	19:49.75	104	GRIMARD Guillaume (BEL)		
		8000m	22:46.44	107	HASSAOUS Nassim (ESP)		
		9000m	25:42.99	107	HASSAOUS Nassim (ESP)		

<b>Legend:</b>	Guest	<b>DNF</b>	Did not Finish	<b>PB</b>	Personal Best	<b>SB</b>	Season Best
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SAT 24 MAY 2025  
20:05

**10000m Men**
**B-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**1 103 DEFLANDRE Clément** BEL 14 DEC 1997 **28:30.91** PB

34.35 (9)	1:08.71 (8)	1:42.67 (8)	2:16.38 (8)	2:50.05 (8)	3:25.22 (8)	3:59.76 (9)	4:33.93 (9)	5:07.47 (9)	5:41.21 (9)
	34.36	33.96	33.71	33.67	35.17	34.54	34.17	33.54	33.74
6:14.78 (9)	6:48.78 (8)	7:22.70 (8)	7:56.84 (8)	8:30.55 (8)	9:04.44 (6)	9:38.40 (6)	10:12.48 (6)	10:46.45 (6)	11:20.63 (6)
	33.57	34.00	33.92	34.14	33.71	33.89	34.08	33.97	34.18
11:54.68 (6)	12:28.41 (5)	13:02.58 (5)	13:36.82 (5)	14:10.34 (5)	14:45.20 (5)	15:20.31 (5)	15:55.47 (4)	16:29.69 (4)	17:04.71 (4)
	34.05	33.73	34.17	34.24	33.52	34.86	35.11	35.16	34.22
17:39.02 (4)	18:14.53 (4)	18:48.86 (4)	19:23.69 (4)	19:58.58 (4)	20:35.01 (4)	21:10.54 (4)	21:46.51 (5)	22:21.33 (5)	22:56.18 (5)
	34.31	35.51	34.33	34.83	34.89	36.43	35.53	35.97	34.82
23:30.39 (3)	24:04.77 (3)	24:39.04 (2)	25:14.04 (2)	25:48.45 (2)	26:22.88 (2)	26:57.08 (2)	27:30.39 (2)	28:00.93 (1)	28:30.91 (1)
	34.21	34.38	34.27	35.00	34.41	34.43	34.20	33.31	30.54

**2 107 HASSAOUS Nassim** ESP 23 MAR 1994 **28:32.79** 1.88 SB

32.57 (2)	1:05.02 (2)	1:39.20 (2)	2:13.36 (2)	2:48.31 (2)	3:23.67 (2)	3:58.45 (2)	4:32.18 (2)	5:05.89 (2)	5:39.58 (2)
	32.45	34.18	34.16	34.95	35.36	34.78	33.73	33.71	33.69
6:13.24 (2)	6:47.62 (2)	7:21.50 (2)	7:55.41 (2)	8:29.43 (2)	9:03.52 (2)	9:37.58 (2)	10:11.56 (2)	10:45.43 (2)	11:19.70 (2)
	33.66	34.38	33.88	33.91	34.02	34.09	34.06	33.98	33.87
11:53.60 (2)	12:27.70 (2)	13:01.86 (2)	13:36.06 (2)	14:08.74 (2)	14:42.56 (1)	15:16.24 (1)	15:50.32 (1)	16:24.48 (2)	16:58.24 (2)
	33.90	34.10	34.16	34.20	32.68	33.82	33.68	34.08	34.16
17:31.95 (1)	18:06.61 (1)	18:41.33 (2)	19:16.21 (2)	19:51.22 (2)	20:26.44 (2)	21:01.71 (2)	21:36.49 (1)	22:11.44 (1)	22:46.44 (1)
	33.71	34.66	34.72	34.88	35.01	35.22	35.27	34.78	34.95
23:21.52 (1)	23:56.84 (1)	24:31.75 (1)	25:07.19 (1)	25:42.99 (1)	26:18.94 (1)	26:53.86 (1)	27:28.23 (1)	28:01.24 (2)	28:32.79 (2)
	35.08	35.32	34.91	35.44	35.80	35.95	34.92	34.37	33.01

**3 130 URSANO Luca** ITA 26 APR 1999 **28:36.06** 5.16 SB

33.12 (3)	1:06.74 (4)	1:40.95 (4)	2:15.05 (4)	2:49.09 (4)	3:24.13 (4)	3:58.92 (4)	4:32.84 (4)	5:06.33 (4)	5:40.11 (4)
	33.62	34.21	34.10	34.04	35.04	34.79	33.92	33.49	33.78
6:13.84 (4)	6:48.19 (4)	7:22.03 (4)	7:56.00 (4)	8:29.94 (4)	9:04.05 (4)	9:38.23 (5)	10:12.11 (4)	10:45.97 (4)	11:20.36 (5)
	33.73	34.35	33.84	33.97	33.94	34.11	34.18	33.88	33.86
11:54.49 (5)	12:28.67 (6)	13:02.90 (6)	13:37.11 (6)	14:10.71 (6)	14:45.31 (6)	15:20.50 (7)	15:55.93 (6)	16:30.49 (6)	17:05.13 (6)
	34.13	34.18	34.23	34.21	33.60	34.60	35.19	35.43	34.56
17:39.83 (6)	18:15.23 (6)	18:49.62 (6)	19:24.25 (6)	19:59.29 (6)	20:35.20 (6)	21:10.81 (6)	21:46.32 (4)	22:20.84 (3)	22:55.71 (3)
	34.70	35.40	34.39	34.63	35.04	35.91	35.61	35.51	34.52
23:30.72 (5)	24:05.34 (5)	24:39.81 (4)	25:14.54 (4)	25:49.01 (4)	26:23.59 (4)	26:57.86 (4)	27:32.03 (3)	28:04.83 (3)	28:36.06 (3)
	35.01	34.62	34.47	34.73	34.47	34.58	34.27	34.17	32.80

**4 134 MARQUES Miguel** POR 10 JAN 1995 **28:39.22** 8.32 PB

34.09 (8)	1:09.24 (11)	1:43.63 (12)	2:17.53 (13)	2:51.53 (14)	3:26.62 (14)	4:01.55 (14)	4:35.40 (14)	5:08.91 (14)	5:42.91 (14)
	35.15	34.39	33.90	34.00	35.09	34.93	33.85	33.51	34.00
6:17.39 (14)	6:51.72 (14)	7:26.00 (14)	8:01.11 (13)	8:35.76 (13)	9:10.53 (13)	9:44.94 (13)	10:19.48 (13)	10:53.67 (13)	11:28.69 (13)
	34.48	34.33	34.28	35.11	34.65	34.77	34.41	34.54	34.19
12:03.76 (13)	12:38.51 (13)	13:13.11 (13)	13:47.99 (12)	14:22.69 (12)	14:57.34 (12)	15:31.67 (11)	16:06.33 (11)	16:40.77 (8)	17:15.69 (7)
	35.07	34.75	34.60	34.88	34.70	34.65	34.33	34.66	34.44
17:50.38 (7)	18:24.68 (7)	18:58.95 (7)	19:33.64 (7)	20:08.18 (7)	20:42.65 (7)	21:16.96 (7)	21:51.80 (7)	22:26.37 (7)	23:00.97 (7)
	34.69	34.30	34.27	34.69	34.54	34.47	34.31	34.84	34.57
23:35.67 (7)	24:10.34 (7)	24:44.80 (7)	25:19.05 (6)	25:53.66 (5)	26:28.44 (5)	27:03.09 (5)	27:36.71 (5)	28:08.75 (5)	28:39.22 (4)
	34.70	34.67	34.46	34.25	34.61	34.78	34.65	33.62	32.04

SAT 24 MAY 2025  
 20:05

**10000m Men**
**B-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

<b>5</b>	<b>120</b>	<b>EHRLE Lukas</b>	<b>GER</b>	<b>7 NOV 2004</b>	<b>28:40.22</b>	<b>9.32</b>	<b>PB</b>		
33.38 (5)	1:06.97 (5)	1:41.18 (5)	2:15.31 (5)	2:49.31 (5)	3:24.40 (5)	3:59.18 (5)	4:33.12 (5)	5:06.58 (5)	5:40.35 (5)
	33.59	34.21	34.13	34.00	35.09	34.78	33.94	33.46	33.77
6:13.99 (5)	6:48.36 (5)	7:22.24 (6)	7:56.25 (5)	8:30.37 (6)	9:04.52 (7)	9:38.45 (7)	10:12.65 (7)	10:46.69 (7)	11:20.92 (7)
33.64	34.37	33.88	34.01	34.12	34.15	33.93	34.20	34.04	34.23
11:54.85 (7)	12:28.93 (7)	13:03.07 (7)	13:37.38 (7)	14:11.07 (7)	14:45.56 (8)	15:20.43 (6)	15:55.72 (5)	16:30.06 (5)	17:04.89 (5)
33.93	34.08	34.14	34.31	33.69	34.49	34.87	35.29	34.34	34.83
17:39.42 (5)	18:14.87 (5)	18:49.22 (5)	19:23.91 (5)	19:58.81 (5)	20:35.10 (5)	21:10.69 (5)	21:46.58 (6)	22:21.06 (4)	22:55.93 (4)
34.53	35.45	34.35	34.69	34.90	36.29	35.59	35.89	34.48	34.87
23:30.50 (4)	24:04.97 (4)	24:39.35 (3)	25:14.29 (3)	25:48.71 (3)	26:23.28 (3)	26:57.79 (3)	27:32.46 (4)	28:06.65 (4)	28:40.22 (5)
34.57	34.47	34.38	34.94	34.42	34.57	34.51	34.67	34.19	33.57

<b>6</b>	<b>126</b>	<b>ALFIERI Luca</b>	<b>ITA</b>	<b>31 OCT 2000</b>	<b>28:46.67</b>	<b>15.76</b>	<b>SB</b>		
33.62 (6)	1:07.20 (6)	1:41.45 (6)	2:15.62 (6)	2:49.55 (6)	3:24.65 (6)	3:59.43 (6)	4:33.59 (7)	5:07.03 (7)	5:40.58 (6)
	33.58	34.25	34.17	33.93	35.10	34.78	34.16	33.44	33.55
6:14.06 (6)	6:48.45 (6)	7:22.19 (5)	7:56.40 (6)	8:30.16 (5)	9:04.79 (8)	9:38.63 (8)	10:12.73 (8)	10:46.93 (8)	11:21.39 (8)
33.48	34.39	33.74	34.21	33.76	34.63	33.84	34.10	34.20	34.46
11:55.16 (8)	12:29.12 (8)	13:03.31 (8)	13:37.65 (8)	14:11.45 (8)	14:45.47 (7)	15:19.93 (3)	15:55.23 (3)	16:29.60 (3)	17:04.49 (3)
33.77	33.96	34.19	34.34	33.80	34.02	34.46	35.30	34.37	34.89
17:38.99 (3)	18:14.30 (3)	18:48.75 (3)	19:23.51 (3)	19:58.54 (3)	20:34.85 (3)	21:10.51 (3)	21:46.27 (3)	22:22.13 (6)	22:57.71 (6)
34.50	35.31	34.45	34.76	35.03	36.31	35.66	35.76	35.86	35.58
23:32.54 (6)	24:08.30 (6)	24:43.78 (6)	25:19.82 (7)	25:54.84 (6)	26:30.18 (6)	27:05.45 (6)	27:40.78 (6)	28:14.62 (6)	28:46.67 (6)
34.83	35.76	35.48	36.04	35.02	35.34	35.27	35.33	33.84	32.05

<b>7</b>	<b>125</b>	<b>Ó GAILÍN Oisín</b>	<b>IRL</b>	<b>14 MAR 1997</b>	<b>29:02.05</b>	<b>31.15</b>	<b>SB</b>		
34.52 (12)	1:09.38 (13)	1:44.09 (14)	2:18.14 (15)	2:52.43 (15)	3:27.45 (15)	4:02.31 (15)	4:36.20 (15)	5:10.16 (15)	5:44.12 (15)
	34.86	34.71	34.05	34.29	35.02	34.86	33.89	33.96	33.96
6:18.19 (15)	6:52.77 (15)	7:27.24 (15)	8:01.96 (15)	8:36.75 (14)	9:11.62 (14)	9:46.35 (14)	10:21.27 (14)	10:56.01 (14)	11:31.01 (14)
34.07	34.58	34.47	34.72	34.79	34.87	34.73	34.92	34.74	35.00
12:05.32 (14)	12:40.07 (14)	13:14.44 (14)	13:49.48 (13)	14:24.70 (13)	15:00.07 (13)	15:34.78 (12)	16:10.19 (12)	16:45.49 (12)	17:20.77 (11)
34.31	34.75	34.37	35.04	35.22	35.37	34.71	35.41	35.30	35.28
17:55.97 (11)	18:31.35 (11)	19:06.37 (11)	19:41.21 (9)	20:16.31 (9)	20:52.01 (9)	21:28.08 (9)	22:04.19 (9)	22:39.88 (9)	23:15.47 (8)
35.20	35.38	35.02	34.84	35.10	35.70	36.07	36.11	35.69	35.59
23:50.94 (8)	24:26.83 (8)	25:01.79 (8)	25:36.37 (8)	26:10.93 (8)	26:45.68 (8)	27:20.10 (8)	27:54.76 (8)	28:28.73 (8)	29:02.05 (7)
35.47	35.89	34.96	34.58	34.56	34.75	34.42	34.66	33.97	33.32

<b>8</b>	<b>104</b>	<b>GRIMARD Guillaume</b>	<b>BEL</b>	<b>18 FEB 1999</b>	<b>29:03.25</b>	<b>32.34</b>	<b>SB</b>		
34.37 (10)	1:08.47 (7)	1:42.47 (7)	2:16.11 (7)	2:49.81 (7)	3:24.94 (7)	3:59.62 (8)	4:33.83 (8)	5:07.32 (8)	5:41.06 (8)
	34.10	34.00	33.64	33.70	35.13	34.68	34.21	33.49	33.74
6:14.49 (8)	6:48.61 (7)	7:22.44 (7)	7:56.58 (7)	8:30.37 (6)	9:04.33 (5)	9:38.18 (4)	10:12.33 (5)	10:46.12 (5)	11:20.22 (4)
33.43	34.12	33.83	34.14	33.79	33.96	33.85	34.15	33.79	34.10
11:54.14 (4)	12:28.20 (4)	13:02.34 (4)	13:36.58 (4)	14:09.38 (3)	14:42.89 (2)	15:16.44 (2)	15:50.60 (2)	16:24.25 (1)	16:58.02 (1)
33.92	34.06	34.14	34.24	32.80	33.51	33.55	34.16	33.65	33.77
17:32.21 (2)	18:06.88 (2)	18:41.03 (1)	19:15.40 (1)	19:49.75 (1)	20:24.98 (1)	21:00.35 (1)	21:36.55 (2)	22:12.06 (2)	22:48.85 (2)
34.19	34.67	34.15	34.37	34.35	35.23	35.37	36.20	35.51	36.79
23:25.94 (2)	24:03.47 (2)	24:40.56 (5)	25:18.66 (5)	25:56.14 (7)	26:34.73 (7)	27:12.39 (7)	27:50.55 (7)	28:27.60 (7)	29:03.25 (8)
37.09	37.53	37.09	38.10	37.48	38.59	37.66	38.16	37.05	35.65

SAT 24 MAY 2025  
20:05

**10000m Men**

**B-race**

**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**9 133 VESTERHAUG WARNES Vegard** NOR 16 MAY 2003 **29:11.45** 40.55 PB

34.51 (11)	1:09.57 (14)	1:43.88 (13)	2:17.43 (12)	2:51.03 (12)	3:25.62 (10)	3:59.44 (7)	4:33.37 (6)	5:06.88 (6)	5:40.78 (7)
	35.06	34.31	33.55	33.60	34.59	33.82	33.93	33.51	33.90
6:14.37 (7)	6:48.95 (9)	7:23.00 (9)	7:57.05 (9)	8:30.93 (9)	9:05.00 (9)	9:38.97 (9)	10:12.94 (9)	10:47.12 (9)	11:21.75 (9)
	33.59	34.58	34.05	34.05	34.07	33.97	33.97	34.18	34.63
11:55.78 (9)	12:30.87 (9)	13:06.46 (9)	13:42.84 (9)	14:18.43 (9)	14:54.15 (9)	15:29.99 (8)	16:05.75 (8)	16:41.29 (10)	17:16.79 (10)
	34.03	35.09	35.59	36.38	35.59	35.72	35.84	35.76	35.54
17:52.71 (10)	18:28.85 (9)	19:05.15 (9)	19:41.42 (10)	20:17.32 (10)	20:53.54 (10)	21:29.82 (10)	22:05.74 (10)	22:41.85 (10)	23:17.45 (10)
	35.92	36.14	36.30	36.27	35.90	36.22	36.28	35.92	36.11
23:52.54 (9)	24:28.08 (9)	25:04.02 (9)	25:40.31 (9)	26:16.60 (9)	26:52.68 (9)	27:28.16 (9)	28:03.92 (9)	28:38.69 (9)	29:11.45 (9)
	35.09	35.54	35.94	36.29	36.29	36.08	35.48	35.76	34.77

**10 105 BALABANOV Ivo** BUL 21 FEB 1997 **29:15.81** 44.90 SB

33.92 (7)	1:09.04 (9)	1:43.38 (11)	2:17.13 (11)	2:50.82 (11)	3:26.01 (12)	4:00.55 (12)	4:34.78 (12)	5:08.27 (12)	5:41.98 (12)
	35.12	34.34	33.75	33.69	35.19	34.54	34.23	33.49	33.71
6:15.65 (12)	6:49.68 (12)	7:23.81 (12)	7:57.89 (12)	8:31.83 (12)	9:05.85 (12)	9:39.79 (12)	10:13.86 (12)	10:48.05 (12)	11:23.61 (12)
	33.67	34.03	34.13	34.08	34.02	33.94	34.07	34.19	35.56
11:59.48 (12)	12:35.11 (11)	13:09.64 (11)	13:44.73 (11)	14:18.97 (11)	14:54.65 (11)	15:30.47 (10)	16:06.15 (10)	16:41.61 (11)	17:16.50 (9)
	35.87	35.63	34.53	35.09	34.24	35.68	35.82	35.68	34.89
17:52.48 (9)	18:29.12 (10)	19:05.47 (10)	19:41.66 (11)	20:17.63 (11)	20:53.83 (11)	21:30.09 (11)	22:06.04 (11)	22:42.21 (11)	23:17.73 (11)
	35.98	36.64	36.35	36.19	35.97	36.20	36.26	35.95	36.17
23:53.13 (11)	24:29.19 (11)	25:05.88 (11)	25:42.91 (11)	26:19.75 (11)	26:57.02 (10)	27:33.01 (10)	28:08.97 (10)	28:43.77 (10)	29:15.81 (10)
	35.40	36.06	36.69	37.03	36.84	37.27	35.99	35.96	34.80

**11 119 MANTHORPE Alfie** GBR 26 SEP 1999 **29:19.52** 48.61 PB

35.31 (16)	1:09.15 (10)	1:42.67 (8)	2:16.61 (9)	2:50.31 (9)	3:25.46 (9)	4:00.08 (10)	4:34.20 (10)	5:07.60 (10)	5:41.44 (10)
	33.84	33.52	33.94	33.70	35.15	34.62	34.12	33.40	33.84
6:15.08 (10)	6:49.14 (10)	7:23.24 (10)	7:57.27 (10)	8:31.17 (10)	9:05.26 (10)	9:39.12 (10)	10:13.20 (10)	10:47.40 (10)	11:22.01 (10)
	33.64	34.06	34.10	34.03	34.09	33.86	34.08	34.20	34.61
11:55.93 (10)	12:31.11 (10)	13:06.69 (10)	13:43.06 (10)	14:18.75 (10)	14:54.41 (10)	15:30.15 (9)	16:06.00 (9)	16:40.96 (9)	17:15.95 (8)
	33.92	35.18	35.58	36.37	35.69	35.66	35.74	35.85	34.99
17:50.42 (8)	18:24.93 (8)	18:59.79 (8)	19:35.98 (8)	20:12.11 (8)	20:49.04 (8)	21:26.05 (8)	22:03.00 (8)	22:39.61 (8)	23:16.30 (9)
	34.47	34.51	34.86	36.19	36.13	36.93	37.01	36.95	36.69
23:52.76 (10)	24:29.07 (10)	25:05.61 (10)	25:42.80 (10)	26:19.63 (10)	26:57.37 (11)	27:33.97 (11)	28:10.68 (11)	28:45.82 (11)	29:19.52 (11)
	36.46	36.31	36.54	37.19	36.83	37.74	36.60	36.71	35.14

**12 132 FUTSELAAR Frank** NED 16 JUL 1991 **29:24.20** 53.30 SB

35.82 (17)	1:10.42 (17)	1:45.00 (17)	2:19.05 (17)	2:53.62 (17)	3:28.34 (17)	4:03.21 (17)	4:38.38 (17)	5:13.27 (16)	5:48.00 (16)
	34.60	34.58	34.05	34.57	34.72	34.87	35.17	34.89	34.73
6:22.61 (16)	6:57.07 (16)	7:32.05 (16)	8:06.55 (16)	8:41.20 (16)	9:16.04 (16)	9:51.19 (16)	10:26.20 (16)	11:00.86 (16)	11:35.87 (16)
	34.61	34.46	34.98	34.50	34.65	34.84	35.15	35.01	34.66
12:10.86 (16)	12:46.99 (16)	13:22.17 (15)	13:57.45 (15)	14:32.45 (15)	15:07.93 (15)	15:42.97 (14)	16:18.60 (13)	16:53.82 (13)	17:29.11 (12)
	34.99	36.13	35.18	35.28	35.00	35.48	35.04	35.63	35.22
18:04.76 (12)	18:40.61 (12)	19:15.97 (12)	19:51.94 (12)	20:27.30 (12)	21:03.29 (12)	21:38.92 (12)	22:14.40 (12)	22:50.10 (12)	23:26.15 (12)
	35.65	35.85	35.36	35.97	35.36	35.99	35.63	35.48	36.05
24:02.10 (12)	24:38.14 (12)	25:14.26 (12)	25:50.61 (12)	26:26.44 (12)	27:02.47 (12)	27:38.63 (12)	28:14.65 (12)	28:49.77 (12)	29:24.20 (12)
	35.95	36.04	36.12	36.35	35.83	36.03	36.16	36.02	35.12

**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**13 123 KARSAI Gábor** HUN 4 MAR 2004 **29:32.89** 1:01.99 **SB**

35.03 (15)	1:09.83 (16) 34.80	1:44.61 (16) 34.78	2:18.49 (16) 33.88	2:52.79 (16) 34.30	3:27.69 (16) 34.90	4:02.76 (16) 35.07	4:38.14 (16) 35.38	5:13.66 (17) 35.52	5:48.95 (17) 35.29
6:24.73 (17) 35.78	7:00.75 (17) 36.02	7:36.37 (17) 35.62	8:12.32 (17) 35.95	8:47.90 (17) 35.58	9:23.42 (17) 35.52	9:59.00 (17) 35.58	10:34.90 (17) 35.90	11:10.20 (17) 35.30	11:45.90 (17) 35.70
12:21.73 (17) 35.83	12:57.77 (17) 36.04	13:32.78 (17) 35.01	14:08.83 (17) 36.05	14:44.81 (17) 35.98	15:20.71 (17) 35.90	15:55.85 (16) 35.14	16:31.59 (16) 35.74	17:07.21 (16) 35.62	17:43.01 (15) 35.80
18:18.62 (15) 35.61	18:54.31 (15) 35.69	19:29.63 (15) 35.32	20:04.68 (14) 35.05	20:40.46 (13) 35.78	21:15.71 (13) 35.25	21:51.31 (13) 35.60	22:26.83 (13) 35.52	23:02.77 (13) 35.94	23:38.03 (13) 35.26
24:13.77 (13) 35.74	24:50.27 (13) 36.50	25:26.43 (13) 36.16	26:02.44 (13) 36.01	26:38.67 (13) 36.23	27:14.69 (13) 36.02	27:50.39 (13) 35.70	28:25.51 (13) 35.12	29:00.06 (13) 34.55	29:32.89 (13) 32.83

**14 131 JOCIS Ugis** LAT 13 SEP 1993 **29:48.48** 1:17.57 **SB**

35.02 (14)	1:09.71 (15) 34.69	1:44.35 (15) 34.64	2:17.89 (14) 33.54	2:51.29 (13) 33.40	3:26.28 (13) 34.99	4:00.86 (13) 34.58	4:35.09 (13) 34.23	5:08.54 (13) 33.45	5:42.17 (13) 33.63
6:16.22 (13) 34.05	6:50.77 (13) 34.55	7:25.80 (13) 35.03	8:01.39 (14) 35.59	8:37.07 (15) 35.68	9:12.09 (15) 35.02	9:47.44 (15) 35.35	10:23.40 (15) 35.96	10:58.79 (15) 35.39	11:34.84 (15) 36.05
12:10.74 (15) 35.90	12:46.76 (15) 36.02	13:22.75 (16) 35.99	13:59.03 (16) 36.28	14:34.59 (16) 35.56	15:10.98 (16) 36.39	15:46.36 (15) 35.38	16:22.62 (15) 36.26	16:59.11 (15) 36.49	17:36.60 (14) 37.49
18:12.83 (13) 36.23	18:49.90 (13) 37.07	19:26.64 (13) 36.74	20:04.26 (13) 37.62	20:41.14 (14) 36.88	21:18.09 (14) 36.95	21:55.06 (14) 36.97	22:31.47 (14) 36.41	23:08.47 (14) 37.00	23:45.58 (14) 37.11
24:21.91 (14) 36.33	24:58.97 (14) 37.06	25:35.88 (14) 36.91	26:13.32 (14) 37.44	26:50.87 (14) 37.55	27:27.14 (14) 36.27	28:04.72 (14) 37.58	28:41.80 (14) 37.08	29:17.00 (14) 35.20	29:48.48 (14) 31.48

**100 HINTERDORFER Timo** AUT 7 JUL 2004 **DNF**

34.56 (13)	1:09.35 (12) 34.79	1:43.09 (10) 33.74	2:16.86 (10) 33.77	2:50.59 (10) 33.73	3:25.70 (11) 35.11	4:00.37 (11) 34.67	4:34.43 (11) 34.06	5:08.02 (11) 33.59	5:41.73 (11) 33.71
6:15.32 (11) 33.59	6:49.34 (11) 34.02	7:23.66 (11) 34.32	7:57.54 (11) 33.88	8:31.51 (11) 33.97	9:05.53 (11) 34.02	9:39.48 (11) 33.95	10:13.57 (11) 34.09	10:47.77 (11) 34.20	11:23.29 (11) 35.52
11:59.35 (11) 36.06	12:35.91 (12) 36.56	13:12.82 (12) 36.91	13:49.98 (14) 37.16	14:26.84 (14) 36.86	15:04.76 (14) 37.92	15:41.91 (13) 37.15	16:19.46 (14) 37.55	16:56.88 (14) 37.42	17:35.54 (13) 38.66
18:13.06 (14) 37.52	18:51.00 (14) 37.94	19:28.74 (14) 37.74	20:05.43 (15) 36.69	20:43.73 (15) 38.30	21:22.10 (15) 38.37	22:00.14 (15) 38.04	DNF		

**129 OUHDA Ahmed** ITA 10 MAR 1997 **DNF**

33.34 (4)	1:06.44 (3) 33.10	1:39.64 (3) 33.20	2:13.67 (3) 34.03	2:48.62 (3) 34.95	3:23.92 (3) 35.30	3:58.73 (3) 34.81	4:32.46 (3) 33.73	5:06.11 (3) 33.65	5:39.90 (3) 33.79
6:13.51 (3) 33.61	6:47.90 (3) 34.39	7:21.79 (3) 33.89	7:55.69 (3) 33.90	8:29.67 (3) 33.98	9:03.76 (3) 34.09	9:37.82 (3) 34.06	10:11.82 (3) 34.00	10:45.70 (3) 33.88	11:19.93 (3) 34.23
11:53.86 (3) 33.93	12:27.96 (3) 34.10	13:02.08 (3) 34.12	13:36.36 (3) 34.28	14:10.08 (4) 33.72	14:45.00 (4) 34.92	15:20.10 (4) 35.10	15:56.50 (7) 36.40	16:33.36 (7) 36.86	DNF

SAT 24 MAY 2025  
 20:05

**10000m Men**
**B-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

3 OUTALHA Mohcin (Pacer) (g)			MAR			DNF			
32.41 (1)	1:04.78 (1)	1:39.08 (1)	2:13.16 (1)	2:48.16 (1)	3:23.43 (1)	3:58.24 (1)	4:31.96 (1)	5:05.68 (1)	5:39.38 (1)
	32.37	34.30	34.08	35.00	35.27	34.81	33.72	33.72	33.70
6:13.06 (1)	6:47.38 (1)	7:21.26 (1)	7:55.17 (1)	8:29.21 (1)	9:03.26 (1)	9:37.38 (1)	10:11.31 (1)	10:45.25 (1)	11:19.46 (1)
33.68	34.32	33.88	33.91	34.04	34.05	34.12	33.93	33.94	34.21
11:53.41 (1)	12:27.48 (1)	13:01.63 (1)	13:35.81 (1)	14:08.65 (1)	14:43.25 (3)	DNF			
33.95	34.07	34.15	34.18	32.84	34.60				

<b>Legend:</b>	Guest	<b>DNF</b>	Did not Finish	<b>PB</b>	Personal Best	<b>SB</b>	Season Best
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SAT 24 MAY 2025  
 21:30

**10000m Men**
**A-race**
**Results**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result	
1	124	<b>GIDEY Efre</b> Ireland	IRL	3 SEP 2000	15	<b>27:40.47</b>	
2	115	<b>GONDOUIN Valentin</b> France	FRA	4 MAR 1999	11	<b>27:41.95</b>	SB
3	114	<b>BOUR Felix</b> France	FRA	25 MAR 1994	9	<b>27:42.00</b>	SB
4	102	<b>DEBOGNIES Simon</b> Belgium	BEL	16 JUL 1996	2	<b>27:48.40</b>	PB
5	109	<b>MENACHO Eduardo</b> Spain	ESP	25 NOV 1999	3	<b>28:05.33</b>	PB
6	113	<b>BEDARD Simon</b> France	FRA	3 JAN 1997	12	<b>28:06.72</b>	SB
7	116	<b>GUYON Baptiste</b> France	FRA	17 JAN 2001	10	<b>28:09.13</b>	SB
8	128	<b>GUERRA Francesco</b> Italy	ITA	17 JUL 2001	16	<b>28:23.59</b>	SB
9	122	<b>VOIGT Nils</b> Germany	GER	2 MAY 1997	13	<b>28:25.33</b>	
10	110	<b>PÉREZ Juan Antonio</b> Spain	ESP	6 NOV 1988	6	<b>28:26.39</b>	SB
11	111	<b>RAMOS Jesús</b> Spain	ESP	29 APR 1996	7	<b>28:26.89</b>	SB
12	108	<b>LAS HERAS Aarón</b> Spain	ESP	22 JUN 2000	4	<b>28:31.43</b>	
13	101	<b>BOULVIN Dorian</b> Belgium	BEL	5 JUN 1997	1	<b>28:32.04</b>	PB
14	127	<b>CHIAPPINELLI Yohanes</b> Italy	ITA	18 AUG 1997	17	<b>28:32.67</b>	SB
15	117	<b>LE PALLEC Florian</b> France	FRA	31 MAY 1999	8	<b>29:00.69</b>	
	106	<b>FIFA Ilias</b> Spain	ESP	16 MAY 1989	5	<b>DNF</b>	
	2	<b>KIPROTICH Martin (Pacer) (g)</b> Uganda	UGA		19	<b>DNF</b>	
	121	<b>FÖRSTER Tom</b> Germany	GER	2 FEB 2002	14	<b>DNF</b>	
	1	<b>EL GOUMRI Othmane (Pacer) (g)</b> Morocco	MAR		18	<b>DNF</b>	
<b>Intermediate Times:</b>		1000m	2:45.60	2	KIPROTICH Martin (Pacer) (UGA)		
		2000m	5:30.46	2	KIPROTICH Martin (Pacer) (UGA)		
		3000m	8:15.27	2	KIPROTICH Martin (Pacer) (UGA)		
		4000m	11:00.29	2	KIPROTICH Martin (Pacer) (UGA)		
		5000m	13:46.22	2	KIPROTICH Martin (Pacer) (UGA)		
		6000m	16:36.10	2	KIPROTICH Martin (Pacer) (UGA)		
		7000m	19:27.67	114	BOUR Felix (FRA)		
		8000m	22:16.13	114	BOUR Felix (FRA)		
		9000m	25:03.82	102	DEBOGNIES Simon (BEL)		

SAT 24 MAY 2025  
 21:30

**10000m Men**
**A-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

<b>1</b>	<b>124</b>	<b>GIDEY Efre</b>	<b>IRL</b>	<b>3 SEP 2000</b>	<b>27:40.47</b>				
34.42 (4)	1:07.06 (4)	1:40.21 (4)	2:13.16 (4)	2:46.36 (4)	3:19.13 (4)	3:52.24 (4)	4:25.06 (4)	4:58.51 (4)	5:31.95 (4)
	32.64	33.15	32.95	33.20	32.77	33.11	32.82	33.45	33.44
6:05.14 (3)	6:37.27 (3)	7:09.91 (3)	7:42.86 (3)	8:15.81 (3)	8:48.82 (3)	9:22.04 (2)	9:54.81 (2)	10:27.49 (2)	11:00.55 (2)
33.19	32.13	32.64	32.95	32.95	33.01	33.22	32.77	32.68	33.06
11:33.58 (2)	12:06.70 (2)	12:39.84 (2)	13:12.90 (2)	13:46.60 (2)	14:20.60 (2)	14:54.79 (2)	15:28.83 (2)	16:02.62 (2)	16:36.37 (2)
33.03	33.12	33.14	33.06	33.70	34.00	34.19	34.04	33.79	33.75
17:09.28 (2)	17:42.93 (2)	18:19.43 (1)	18:54.48 (1)	19:28.15 (3)	20:02.24 (3)	20:35.23 (3)	21:09.74 (3)	21:42.93 (3)	22:16.48 (4)
32.91	33.65	36.50	35.05	33.67	34.09	32.99	34.51	33.19	33.55
22:50.12 (2)	23:23.76 (2)	23:57.16 (2)	24:30.71 (2)	25:04.04 (2)	25:38.39 (2)	26:10.02 (1)	26:39.97 (1)	27:09.33 (1)	27:40.47 (1)
33.64	33.64	33.40	33.55	33.33	34.35	31.63	29.95	29.36	31.14

<b>2</b>	<b>115</b>	<b>GONDOUIN Valentin</b>	<b>FRA</b>	<b>4 MAR 1999</b>	<b>27:41.95</b>	<b>1.49</b>			<b>SB</b>
34.15 (3)	1:06.81 (3)	1:39.89 (3)	2:12.93 (3)	2:46.09 (3)	3:18.86 (3)	3:51.99 (3)	4:24.82 (3)	4:58.15 (3)	5:31.68 (3)
	32.66	33.08	33.04	33.16	32.77	33.13	32.83	33.33	33.53
6:05.56 (4)	6:38.07 (5)	7:10.33 (5)	7:43.35 (5)	8:16.42 (5)	8:49.49 (5)	9:23.00 (4)	9:56.33 (4)	10:29.93 (5)	11:03.15 (5)
33.88	32.51	32.26	33.02	33.07	33.07	33.51	33.33	33.60	33.22
11:36.30 (5)	12:09.90 (5)	12:43.27 (5)	13:16.62 (5)	13:50.13 (4)	14:24.43 (5)	14:57.68 (5)	15:30.95 (5)	16:04.08 (5)	16:37.23 (5)
33.15	33.60	33.37	33.35	33.51	34.30	33.25	33.27	33.13	33.15
17:10.09 (4)	17:43.37 (4)	18:19.80 (4)	18:55.04 (5)	19:28.40 (4)	20:02.47 (4)	20:35.26 (4)	21:09.99 (4)	21:43.09 (4)	22:16.45 (3)
32.86	33.28	36.43	35.24	33.36	34.07	32.79	34.73	33.10	33.36
22:50.54 (4)	23:24.19 (4)	23:57.57 (4)	24:31.23 (4)	25:04.48 (4)	25:38.85 (4)	26:11.06 (2)	26:42.58 (2)	27:13.79 (3)	27:41.95 (2)
34.09	33.65	33.38	33.66	33.25	34.37	32.21	31.52	31.21	28.16

<b>3</b>	<b>114</b>	<b>BOUR Felix</b>	<b>FRA</b>	<b>25 MAR 1994</b>	<b>27:42.00</b>	<b>1.54</b>			<b>SB</b>
35.03 (10)	1:08.81 (12)	1:41.04 (8)	2:14.07 (8)	2:47.17 (8)	3:20.14 (8)	3:52.97 (8)	4:26.07 (8)	4:59.30 (8)	5:32.92 (8)
	33.78	32.23	33.03	33.10	32.97	32.83	33.10	33.23	33.62
6:06.58 (8)	6:37.70 (4)	7:09.99 (4)	7:43.13 (4)	8:16.02 (4)	8:49.06 (4)	9:22.28 (3)	9:55.04 (3)	10:27.65 (3)	11:00.80 (3)
33.66	31.12	32.29	33.14	32.89	33.04	33.22	32.76	32.61	33.15
11:33.80 (3)	12:06.97 (3)	12:40.09 (3)	13:13.18 (3)	13:46.73 (3)	14:20.84 (3)	14:54.91 (3)	15:29.07 (3)	16:02.75 (3)	16:36.56 (3)
33.00	33.17	33.12	33.09	33.55	34.11	34.07	34.16	33.68	33.81
17:09.09 (1)	17:42.71 (1)	18:19.53 (2)	18:54.73 (2)	19:27.67 (1)	20:01.97 (2)	20:34.74 (1)	21:09.47 (2)	21:42.63 (2)	22:16.13 (1)
32.53	33.62	36.82	35.20	32.94	34.30	32.77	34.73	33.16	33.50
22:50.34 (3)	23:23.93 (3)	23:57.36 (3)	24:30.98 (3)	25:04.26 (3)	25:38.65 (3)	26:11.34 (4)	26:42.81 (3)	27:13.39 (2)	27:42.00 (3)
34.21	33.59	33.43	33.62	33.28	34.39	32.69	31.47	30.58	28.61

<b>4</b>	<b>102</b>	<b>DEBOGNIES Simon</b>	<b>BEL</b>	<b>16 JUL 1996</b>	<b>27:48.40</b>	<b>7.94</b>			<b>PB</b>
34.83 (6)	1:08.31 (9)	1:41.50 (11)	2:14.83 (12)	2:48.23 (12)	3:20.51 (10)	3:53.19 (9)	4:26.30 (9)	4:59.50 (9)	5:33.15 (9)
	33.48	33.19	33.33	33.40	32.28	32.68	33.11	33.20	33.65
6:06.78 (9)	6:38.96 (6)	7:10.58 (6)	7:43.55 (6)	8:16.56 (6)	8:49.71 (6)	9:23.14 (5)	9:56.52 (5)	10:29.61 (4)	11:02.89 (4)
33.63	32.18	31.62	32.97	33.01	33.15	33.43	33.38	33.09	33.28
11:35.95 (4)	12:09.52 (4)	12:42.93 (4)	13:16.52 (4)	13:50.30 (5)	14:24.29 (4)	14:57.38 (4)	15:30.39 (4)	16:03.04 (4)	16:36.81 (4)
33.06	33.57	33.41	33.59	33.78	33.99	33.09	33.01	32.65	33.77
17:09.38 (3)	17:43.15 (3)	18:19.64 (3)	18:54.97 (3)	19:27.87 (2)	20:01.73 (1)	20:34.76 (2)	21:09.26 (1)	21:42.39 (1)	22:16.35 (2)
32.57	33.77	36.49	35.33	32.90	33.86	33.03	34.50	33.13	33.96
22:49.91 (1)	23:23.63 (1)	23:56.80 (1)	24:30.42 (1)	25:03.82 (1)	25:38.10 (1)	26:11.24 (3)	26:43.13 (4)	27:16.66 (4)	27:48.40 (4)
33.56	33.72	33.17	33.62	33.40	34.28	33.14	31.89	33.53	31.74



SAT 24 MAY 2025  
 21:30

**10000m Men**
**A-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

<b>5</b>	<b>109</b>	<b>MENACHO Eduardo</b>	<b>ESP</b>	<b>25 NOV 1999</b>	<b>28:05.33</b>	<b>24.87</b>	<b>PB</b>		
34.66 (5)	1:07.59 (6)	1:40.65 (6)	2:13.64 (6)	2:46.80 (6)	3:19.64 (6)	3:52.65 (6)	4:25.60 (6)	4:58.82 (6)	5:32.42 (6)
	32.93	33.06	32.99	33.16	32.84	33.01	32.95	33.22	33.60
6:06.10 (6)	6:39.34 (8)	7:11.14 (7)	7:43.84 (7)	8:16.82 (7)	8:49.94 (7)	9:23.36 (6)	9:56.72 (6)	10:30.13 (6)	11:03.38 (6)
	33.68	31.80	32.70	32.98	33.12	33.42	33.36	33.41	33.25
11:36.53 (6)	12:10.14 (6)	12:43.49 (6)	13:17.00 (6)	13:50.92 (7)	14:24.87 (7)	14:58.69 (7)	15:33.44 (7)	16:08.02 (7)	16:43.24 (7)
	33.15	33.61	33.35	33.51	33.92	33.95	33.82	34.75	34.58
17:17.77 (6)	17:53.18 (6)	18:27.73 (6)	19:02.46 (6)	19:36.81 (6)	20:11.96 (6)	20:47.37 (6)	21:23.22 (6)	21:58.33 (5)	22:33.26 (5)
	34.53	35.41	34.55	34.73	34.35	35.15	35.41	35.85	35.11
23:08.16 (6)	23:41.94 (6)	24:16.88 (7)	24:50.96 (7)	25:25.79 (7)	26:00.63 (7)	26:34.42 (6)	27:07.22 (6)	27:36.48 (5)	28:05.33 (5)
	34.90	33.78	34.94	34.83	34.84	33.79	32.80	29.26	28.85

<b>6</b>	<b>113</b>	<b>BEDARD Simon</b>	<b>FRA</b>	<b>3 JAN 1997</b>	<b>28:06.72</b>	<b>26.26</b>	<b>SB</b>		
34.98 (8)	1:08.62 (11)	1:41.69 (12)	2:14.26 (9)	2:47.51 (9)	3:20.40 (9)	3:53.41 (11)	4:26.78 (11)	5:00.06 (11)	5:33.64 (11)
	33.64	33.07	32.57	33.25	32.89	33.01	33.37	33.28	33.58
6:07.29 (11)	6:40.20 (11)	7:12.74 (11)	7:45.62 (11)	8:18.44 (11)	8:51.13 (11)	9:24.45 (10)	9:58.34 (10)	10:32.46 (10)	11:06.76 (10)
	33.65	32.91	32.54	32.88	32.69	33.32	33.89	34.12	34.30
11:41.86 (10)	12:17.22 (10)	12:52.56 (10)	13:28.34 (10)	14:03.48 (11)	14:36.69 (11)	15:09.98 (10)	15:44.18 (10)	16:18.32 (11)	16:51.77 (11)
	35.10	35.36	35.34	35.78	35.14	33.21	33.29	34.20	34.14
17:25.01 (9)	17:59.49 (9)	18:34.21 (9)	19:07.86 (8)	19:41.55 (8)	20:15.92 (7)	20:50.68 (8)	21:23.97 (8)	21:58.83 (7)	22:33.70 (7)
	33.24	34.48	34.72	33.65	33.69	34.37	34.76	33.29	34.86
23:08.43 (7)	23:42.20 (7)	24:16.41 (6)	24:50.75 (6)	25:25.72 (6)	26:00.47 (6)	26:34.61 (7)	27:07.42 (7)	27:38.02 (6)	28:06.72 (6)
	34.73	33.77	34.21	34.34	34.97	34.75	34.14	32.81	30.60

<b>7</b>	<b>116</b>	<b>GUYON Baptiste</b>	<b>FRA</b>	<b>17 JAN 2001</b>	<b>28:09.13</b>	<b>28.67</b>	<b>SB</b>		
35.44 (17)	1:09.82 (19)	1:42.47 (18)	2:16.31 (19)	2:49.87 (19)	3:23.04 (19)	3:55.50 (19)	4:29.01 (19)	5:02.48 (19)	5:35.77 (18)
	34.38	32.65	33.84	33.56	33.17	32.46	33.51	33.47	33.29
6:09.24 (18)	6:42.93 (18)	7:16.60 (18)	7:51.08 (18)	8:25.54 (19)	9:00.53 (18)	9:34.77 (15)	10:08.08 (15)	10:40.59 (15)	11:13.75 (15)
	33.47	33.69	33.67	34.48	34.46	34.24	33.31	32.51	33.16
11:48.26 (15)	12:22.76 (12)	12:56.96 (11)	13:29.77 (11)	14:03.18 (10)	14:36.46 (10)	15:10.17 (11)	15:44.42 (11)	16:18.03 (10)	16:51.52 (10)
	34.51	34.50	34.20	32.81	33.41	33.28	33.71	34.25	33.61
17:25.17 (10)	17:59.73 (10)	18:34.39 (10)	19:07.59 (7)	19:41.28 (7)	20:16.04 (8)	20:50.43 (7)	21:23.61 (7)	21:58.58 (6)	22:33.43 (6)
	33.65	34.56	34.66	33.20	33.69	34.76	34.39	33.18	34.97
23:07.94 (5)	23:41.01 (5)	24:15.18 (5)	24:50.29 (5)	25:25.43 (5)	26:00.10 (5)	26:34.20 (5)	27:07.04 (5)	27:38.50 (7)	28:09.13 (7)
	34.51	33.07	34.17	35.11	35.14	34.67	34.10	32.84	31.46

<b>8</b>	<b>128</b>	<b>GUERRA Francesco</b>	<b>ITA</b>	<b>17 JUL 2001</b>	<b>28:23.59</b>	<b>43.13</b>	<b>SB</b>		
35.43 (16)	1:09.49 (17)	1:42.36 (16)	2:15.80 (17)	2:49.45 (17)	3:22.54 (17)	3:54.74 (16)	4:28.16 (16)	5:01.39 (15)	5:34.80 (15)
	34.06	32.87	33.44	33.65	33.09	32.20	33.42	33.23	33.41
6:08.25 (15)	6:41.48 (15)	7:14.45 (15)	7:48.44 (15)	8:22.22 (15)	8:56.19 (15)	9:30.13 (14)	10:04.56 (14)	10:38.84 (14)	11:13.71 (14)
	33.45	33.23	32.97	33.99	33.78	33.97	33.94	34.43	34.28
11:48.08 (14)	12:23.13 (15)	12:57.62 (13)	13:31.85 (13)	14:06.06 (12)	14:40.28 (12)	15:14.30 (12)	15:48.86 (12)	16:23.19 (12)	16:57.69 (12)
	34.37	35.05	34.49	34.23	34.21	34.22	34.02	34.56	34.33
17:31.57 (11)	18:05.71 (11)	18:39.73 (11)	19:13.92 (11)	19:48.17 (11)	20:22.99 (11)	20:57.92 (11)	21:33.66 (11)	22:08.66 (11)	22:44.65 (11)
	33.88	34.14	34.02	34.19	34.25	34.82	34.93	35.74	35.99
23:19.49 (11)	23:54.60 (11)	24:29.99 (11)	25:05.51 (11)	25:40.38 (11)	26:15.43 (10)	26:48.91 (10)	27:22.64 (9)	27:54.11 (8)	28:23.59 (8)
	34.84	35.11	35.39	35.52	34.87	35.05	33.48	33.73	31.47

SAT 24 MAY 2025  
21:30

**10000m Men**

**A-race**

**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**9 122 VOIGT Nils** GER 2 MAY 1997 **28:25.33** 44.87

35.37 (14)	1:08.15 (8) 32.78	1:41.05 (9) 32.90	2:14.41 (10) 33.36	2:48.00 (11) 33.59	3:21.01 (12) 33.01	3:53.73 (12) 32.72	4:27.12 (12) 33.39	5:00.33 (12) 33.21	5:34.02 (12) 33.69
6:07.53 (12) 33.51	6:40.72 (12) 33.19	7:13.82 (12) 33.10	7:47.69 (12) 33.87	8:21.28 (12) 33.59	8:55.49 (12) 34.21	9:29.27 (11) 33.78	10:03.76 (11) 34.49	10:38.10 (11) 34.34	11:12.90 (11) 34.80
11:47.28 (11) 34.38	12:22.55 (11) 35.27	12:57.01 (12) 34.46	13:31.57 (12) 34.56	14:06.34 (14) 34.77	14:40.78 (14) 34.44	15:14.67 (14) 33.89	15:49.34 (14) 34.67	16:23.65 (14) 34.31	16:58.26 (14) 34.61
17:32.06 (12) 33.80	18:06.69 (12) 34.63	18:41.46 (13) 34.77	19:16.66 (13) 35.20	19:51.19 (13) 34.53	20:25.74 (12) 34.55	21:00.42 (12) 34.68	21:35.18 (12) 34.76	22:09.78 (12) 34.60	22:44.32 (9) 34.54
23:19.01 (9) 34.69	23:54.12 (8) 35.11	24:29.30 (8) 35.18	25:04.81 (8) 35.51	25:39.69 (8) 34.88	26:15.15 (9) 35.46	26:49.13 (11) 33.98	27:22.87 (10) 33.74	27:54.38 (9) 31.51	28:25.33 (9) 30.95

**10 110 PÉREZ Juan Antonio** ESP 6 NOV 1988 **28:26.39** 45.93 SB

35.25 (13)	1:09.66 (18) 34.41	1:42.55 (19) 32.89	2:15.03 (13) 32.48	2:48.42 (13) 33.39	3:21.25 (13) 32.83	3:53.97 (13) 32.72	4:27.36 (13) 33.39	5:00.47 (13) 33.11	5:34.24 (13) 33.77
6:07.75 (13) 33.51	6:40.99 (13) 33.24	7:14.26 (14) 33.27	7:48.18 (14) 33.92	8:21.88 (14) 33.70	8:55.96 (14) 34.08	9:29.89 (13) 33.93	10:04.28 (13) 34.39	10:38.60 (13) 34.32	11:13.42 (13) 34.82
11:47.81 (13) 34.39	12:23.09 (14) 35.28	12:57.79 (15) 34.70	13:32.06 (14) 34.27	14:06.31 (13) 34.25	14:40.51 (13) 34.20	15:14.44 (13) 33.93	15:49.08 (13) 34.64	16:23.45 (13) 34.37	16:57.92 (13) 34.47
17:32.28 (13) 34.36	18:06.89 (13) 34.61	18:41.37 (12) 34.48	19:16.38 (12) 35.01	19:51.01 (12) 34.63	20:25.96 (13) 34.95	21:00.64 (13) 34.68	21:35.42 (13) 34.78	22:10.03 (13) 34.61	22:44.56 (10) 34.53
23:19.22 (10) 34.66	23:54.34 (10) 35.12	24:29.49 (9) 35.15	25:05.02 (9) 35.53	25:39.85 (9) 34.83	26:14.41 (8) 34.56	26:47.82 (8) 33.41	27:22.36 (8) 34.54	27:55.06 (10) 32.70	28:26.39 (10) 31.33

**11 111 RAMOS Jesús** ESP 29 APR 1996 **28:26.89** 46.43 SB

34.88 (7)	1:07.33 (5) 32.45	1:40.38 (5) 33.05	2:13.42 (5) 33.04	2:46.55 (5) 33.13	3:19.41 (5) 32.86	3:52.44 (5) 33.03	4:25.38 (5) 32.94	4:58.68 (5) 33.30	5:32.14 (5) 33.46
6:05.92 (5) 33.78	6:39.06 (7) 33.14	7:11.38 (8) 32.32	7:44.12 (8) 32.74	8:17.06 (8) 32.94	8:50.28 (8) 33.22	9:23.59 (7) 33.31	9:57.26 (8) 33.67	10:30.77 (8) 33.51	11:04.17 (8) 33.40
11:37.82 (9) 33.65	12:11.58 (9) 33.76	12:45.43 (9) 33.85	13:19.67 (9) 34.24	13:53.95 (9) 34.28	14:28.03 (8) 34.08	15:02.46 (8) 34.43	15:37.01 (8) 34.55	16:11.72 (8) 34.71	16:47.12 (8) 35.40
17:22.46 (7) 35.34	17:58.22 (7) 35.76	18:33.93 (8) 35.71	19:09.38 (10) 35.45	19:44.48 (9) 35.10	20:20.02 (9) 35.54	20:54.58 (9) 34.56	21:29.52 (9) 34.94	22:04.82 (9) 35.30	22:41.18 (8) 36.36
23:17.25 (8) 36.07	23:54.18 (9) 36.93	24:29.73 (10) 35.55	25:05.24 (10) 35.51	25:40.11 (10) 34.87	26:15.65 (11) 35.54	26:48.67 (9) 33.02	27:22.94 (11) 34.27	27:55.46 (11) 32.52	28:26.89 (11) 31.43

**12 108 LAS HERAS Aarón** ESP 22 JUN 2000 **28:31.43** 50.97

35.01 (9)	1:08.00 (7) 32.99	1:41.24 (10) 33.24	2:14.46 (11) 33.22	2:47.74 (10) 33.28	3:20.54 (11) 32.80	3:53.28 (10) 32.74	4:26.51 (10) 33.23	4:59.98 (10) 33.47	5:33.35 (10) 33.37
6:07.09 (10) 33.74	6:39.91 (10) 32.82	7:12.44 (10) 32.53	7:45.30 (10) 32.86	8:17.58 (10) 32.28	8:50.83 (10) 33.25	9:23.99 (9) 33.16	9:57.56 (9) 33.57	10:31.16 (9) 33.60	11:04.51 (9) 33.35
11:37.62 (8) 33.11	12:11.25 (8) 33.63	12:44.80 (8) 33.55	13:18.79 (8) 33.99	13:53.44 (8) 34.65	14:28.39 (9) 34.95	15:02.75 (9) 34.36	15:37.48 (9) 34.73	16:12.73 (9) 35.25	16:47.90 (9) 35.17
17:22.99 (8) 35.09	17:58.51 (8) 35.52	18:33.63 (7) 35.12	19:09.13 (9) 35.50	19:44.72 (10) 35.59	20:20.31 (10) 35.59	20:55.73 (10) 35.42	21:31.62 (10) 35.89	22:08.15 (10) 36.53	22:44.89 (12) 36.74
23:19.88 (12) 34.99	23:55.25 (12) 35.37	24:30.43 (12) 35.18	25:05.74 (12) 35.31	25:40.54 (12) 34.80	26:15.90 (12) 35.36	26:50.63 (12) 34.73	27:26.54 (12) 35.91	27:59.88 (12) 33.34	28:31.43 (12) 31.55

SAT 24 MAY 2025  
 21:30

**10000m Men**
**A-race**
**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

**13 101 BOULVIN Dorian** BEL 5 JUN 1997 **28:32.04** 51.58 PB

35.08 (11)	1:08.97 (13) 33.89	1:41.87 (13) 32.90	2:15.46 (15) 33.59	2:48.86 (15) 33.40	3:21.77 (15) 32.91	3:54.53 (15) 32.76	4:27.90 (15) 33.37	5:01.44 (16) 33.54	5:35.30 (16) 33.86
6:09.00 (17) 33.70	6:42.60 (17) 33.60	7:16.36 (17) 33.76	7:50.85 (17) 34.49	8:25.22 (16) 34.37	9:00.15 (16) 34.93	9:35.32 (18) 35.17	10:08.70 (17) 33.38	10:42.36 (17) 33.66	11:16.25 (16) 33.89
11:50.55 (16) 34.30	12:25.42 (17) 34.87	12:59.51 (17) 34.09	13:33.59 (17) 34.08	14:07.75 (17) 34.16	14:42.27 (17) 34.52	15:16.65 (16) 34.38	15:51.39 (15) 34.74	16:26.05 (15) 34.66	17:01.17 (16) 35.12
17:35.62 (15) 34.45	18:10.41 (15) 34.79	18:45.25 (15) 34.84	19:20.08 (15) 34.83	19:54.80 (14) 34.72	20:30.39 (14) 35.59	21:04.52 (14) 34.13	21:39.96 (15) 35.44	22:14.29 (15) 34.33	22:49.18 (14) 34.89
23:23.94 (14) 34.76	23:58.96 (14) 35.02	24:33.66 (14) 34.70	25:09.11 (14) 35.45	25:43.74 (14) 34.63	26:18.30 (14) 34.56	26:52.52 (13) 34.22	27:27.05 (13) 34.53	28:00.25 (13) 33.20	28:32.04 (13) 31.79

**14 127 CHIAPPINELLI Yohanes** ITA 18 AUG 1997 **28:32.67** 52.20 SB

35.69 (18)	1:09.22 (15) 33.53	1:42.15 (15) 32.93	2:15.68 (16) 33.53	2:49.16 (16) 33.48	3:22.33 (16) 33.17	3:55.34 (18) 33.01	4:28.75 (18) 33.41	5:02.16 (18) 33.41	5:36.09 (19) 33.93
6:09.62 (19) 33.53	6:43.31 (19) 33.69	7:17.02 (19) 33.71	7:51.22 (19) 34.20	8:25.53 (18) 34.31	9:00.84 (19) 35.31	9:35.00 (16) 34.16	10:08.39 (16) 33.39	10:42.07 (16) 33.68	11:16.36 (17) 34.29
11:50.77 (17) 34.41	12:25.27 (16) 34.50	12:59.16 (16) 33.89	13:33.30 (16) 34.14	14:07.47 (16) 34.17	14:42.15 (16) 34.68	15:16.49 (15) 34.34	15:51.65 (16) 35.16	16:26.23 (16) 34.58	17:00.93 (15) 34.70
17:35.42 (14) 34.49	18:10.16 (14) 34.74	18:45.01 (14) 34.85	19:19.83 (14) 34.82	19:54.82 (15) 34.99	20:30.55 (15) 35.73	21:04.79 (15) 34.24	21:39.72 (14) 34.93	22:14.09 (14) 34.37	22:48.93 (13) 34.84
23:23.80 (13) 34.87	23:58.68 (13) 34.88	24:33.51 (13) 34.83	25:08.84 (13) 35.33	25:43.47 (13) 34.63	26:18.07 (13) 34.60	26:52.60 (14) 34.53	27:27.36 (14) 34.76	28:00.62 (14) 33.26	28:32.67 (14) 32.05

**15 117 LE PALLEC Florian** FRA 31 MAY 1999 **29:00.69** 1:20.23

35.15 (12)	1:09.39 (16) 34.24	1:42.44 (17) 33.05	2:16.07 (18) 33.63	2:49.63 (18) 33.56	3:22.76 (18) 33.13	3:54.97 (17) 32.21	4:28.40 (17) 33.43	5:01.78 (17) 33.38	5:35.53 (17) 33.75
6:08.78 (16) 33.25	6:42.39 (16) 33.61	7:16.15 (16) 33.76	7:50.64 (16) 34.49	8:25.39 (17) 34.75	9:00.41 (17) 35.02	9:35.24 (17) 34.83	10:08.94 (18) 33.70	10:42.65 (18) 33.71	11:16.68 (18) 34.03
11:51.27 (18) 34.59	12:26.04 (18) 34.77	13:00.77 (18) 34.73	13:35.76 (18) 34.99	14:10.86 (18) 35.10	14:46.19 (18) 35.33	15:21.63 (18) 35.44	15:57.54 (18) 35.91	16:33.02 (18) 35.48	17:08.58 (17) 35.56
17:43.85 (16) 35.27	18:19.40 (16) 35.55	18:55.12 (16) 35.72	19:31.23 (16) 36.11	20:07.29 (16) 36.06	20:43.31 (16) 36.02	21:19.18 (16) 35.87	21:55.34 (16) 36.16	22:31.38 (16) 36.04	23:07.87 (15) 36.49
23:43.74 (15) 35.87	24:20.20 (15) 36.46	24:56.22 (15) 36.02	25:32.89 (15) 36.67	26:09.07 (15) 36.18	26:45.69 (15) 36.62	27:20.92 (15) 35.23	27:55.77 (15) 34.85	28:28.33 (15) 32.56	29:00.69 (15) 32.36

**106 FIFA Ilias** ESP 16 MAY 1989 **DNF**

35.41 (15)	1:08.41 (10) 33.00	1:40.81 (7) 32.40	2:13.85 (7) 33.04	2:46.92 (7) 33.07	3:19.89 (7) 32.97	3:52.68 (7) 32.79	4:25.84 (7) 33.16	4:59.07 (7) 33.23	5:32.61 (7) 33.54
6:06.30 (7) 33.69	6:39.51 (9) 33.21	7:11.60 (9) 32.09	7:44.30 (9) 32.70	8:17.21 (9) 32.91	8:50.48 (9) 33.27	9:23.65 (8) 33.17	9:56.95 (7) 33.30	10:30.40 (7) 33.45	11:03.55 (7) 33.15
11:36.68 (7) 33.13	12:10.33 (7) 33.65	12:43.63 (7) 33.30	13:17.17 (7) 33.54	13:50.54 (6) 33.37	14:24.63 (6) 34.09	14:57.89 (6) 33.26	15:31.18 (6) 33.29	16:04.48 (6) 33.30	16:38.10 (6) 33.62
17:11.72 (5) 33.62	17:46.48 (5) 34.76	18:20.36 (5) 33.88	18:55.00 (4) 34.64	19:28.56 (5) 33.56	20:02.72 (5) 34.16	20:37.05 (5) 34.33	21:12.11 (5) 35.06	22:03.92 (8) 51.81	DNF (16) 3:08.42

SAT 24 MAY 2025  
21:30

**10000m Men**

**A-race**

**Race Analysis**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Date of Birth	Result	Time Behind
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200m	400m	600m	800m	1000m	1200m	1400m	1600m	1800m	2000m
2200m	2400m	2600m	2800m	3000m	3200m	3400m	3600m	3800m	4000m
4200m	4400m	4600m	4800m	5000m	5200m	5400m	5600m	5800m	6000m
6200m	6400m	6600m	6800m	7000m	7200m	7400m	7600m	7800m	8000m
8200m	8400m	8600m	8800m	9000m	9200m	9400m	9600m	9800m	10000m

2 KIPROTICH Martin (Pacer) (g)				UGA			DNF		
33.29 (1)	1:06.40 (1)	1:39.40 (1)	2:12.47 (1)	2:45.60 (1)	3:18.38 (1)	3:50.75 (1)	4:24.03 (1)	4:57.59 (1)	5:30.46 (1)
	33.11	33.00	33.07	33.13	32.78	32.37	33.28	33.56	32.87
6:03.39 (1)	6:36.54 (1)	7:09.33 (1)	7:42.42 (1)	8:15.27 (1)	8:48.28 (1)	9:21.55 (1)	9:54.47 (1)	10:27.17 (1)	11:00.29 (1)
32.93	33.15	32.79	33.09	32.85	33.01	33.27	32.92	32.70	33.12
11:33.26 (1)	12:06.44 (1)	12:39.55 (1)	13:12.68 (1)	13:46.22 (1)	14:20.34 (1)	14:54.43 (1)	15:28.66 (1)	16:02.49 (1)	16:36.10 (1)
32.97	33.18	33.11	33.13	33.54	34.12	34.09	34.23	33.83	33.61
DNF									

121 FÖRSTER Tom				GER			2 FEB 2002			DNF
35.80 (19)	1:09.04 (14)	1:41.95 (14)	2:15.27 (14)	2:48.74 (14)	3:21.50 (14)	3:54.14 (14)	4:27.61 (14)	5:00.66 (14)	5:34.49 (14)	
	33.24	32.91	33.32	33.47	32.76	32.64	33.47	33.05	33.83	
6:08.07 (14)	6:41.23 (14)	7:14.06 (13)	7:47.93 (13)	8:21.62 (13)	8:55.75 (13)	9:29.57 (12)	10:04.07 (12)	10:38.32 (12)	11:13.15 (12)	
33.58	33.16	32.83	33.87	33.69	34.13	33.82	34.50	34.25	34.83	
11:47.63 (12)	12:22.78 (13)	12:57.74 (14)	13:32.35 (15)	14:06.84 (15)	14:41.86 (15)	15:17.26 (17)	15:53.66 (17)	16:29.79 (17)	DNF (18)	
34.48	35.15	34.96	34.61	34.49	35.02	35.40	36.40	36.13	8:58.05	

1 EL GOURMI Othmane (Pacer) (g)				MAR			DNF		
33.41 (2)	1:06.60 (2)	1:39.72 (2)	2:12.70 (2)	2:45.87 (2)	3:18.62 (2)	3:51.27 (2)	4:24.46 (2)	4:57.69 (2)	5:30.86 (2)
	33.19	33.12	32.98	33.17	32.75	32.65	33.19	33.23	33.17
6:04.13 (2)	6:37.00 (2)	7:09.59 (2)	7:42.65 (2)	8:15.56 (2)	8:48.48 (2)	9:46.50 (19)	DNF		
33.27	32.87	32.59	33.06	32.91	32.92	58.02			

<b>Legend:</b>	Guest	<b>DNF</b>	Did not Finish	<b>PB</b>	Personal Best	<b>SB</b>	Season Best
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**Results Summary**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Hayward Filed, Eugene (USA)	3 MAY 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabian</b>	ESP Lisboa (POR)	4 APR 1998

Rank	Bib	Name	Ctry Code	Heat	Order	Position	Time	
1	124	GIDEY Efrem	IRL	A-race	15	1	27:40.47	
2	115	GONDOUIN Valentin	FRA	A-race	11	2	27:41.95	SB
3	114	BOUR Felix	FRA	A-race	9	3	27:42.00	SB
4	102	DEBOGNIES Simon	BEL	A-race	2	4	27:48.40	PB
5	109	MENACHO Eduardo	ESP	A-race	3	5	28:05.33	PB
6	113	BEDARD Simon	FRA	A-race	12	6	28:06.72	SB
7	116	GUYON Baptiste	FRA	A-race	10	7	28:09.13	SB
8	128	GUERRA Francesco	ITA	A-race	16	8	28:23.59	SB
9	122	VOIGT Nils	GER	A-race	13	9	28:25.33	
10	110	PÉREZ Juan Antonio	ESP	A-race	6	10	28:26.39	SB
11	111	RAMOS Jesús	ESP	A-race	7	11	28:26.89	SB
12	103	DEFLANDRE Clément	BEL	B-race	2	1	28:30.91	PB
13	108	LAS HERAS Aarón	ESP	A-race	4	12	28:31.43	
14	101	BOULVIN Dorian	BEL	A-race	1	13	28:32.04	PB
15	127	CHIAPPINELLI Yohanes	ITA	A-race	17	14	28:32.67	SB
16	107	HASSAOUS Nassim	ESP	B-race	5	2	28:32.79	SB
17	130	URSANO Luca	ITA	B-race	10	3	28:36.06	SB
18	134	MARQUES Miguel	POR	B-race	16	4	28:39.22	PB
19	120	EHRLE Lukas	GER	B-race	7	5	28:40.22	PB
20	126	ALFIERI Luca	ITA	B-race	11	6	28:46.67	SB
21	117	LE PALLEC Florian	FRA	A-race	8	15	29:00.69	
22	125	Ó GAILÍN Oisín	IRL	B-race	9	7	29:02.05	SB
23	104	GRIMARD Guillaume	BEL	B-race	3	8	29:03.25	SB
24	133	VESTERHAUG WARNES Vegard	NOR	B-race	15	9	29:11.45	PB
25	105	BALABANOV Ivo	BUL	B-race	4	10	29:15.81	SB
26	119	MANTHORPE Alfie	GBR	B-race	6	11	29:19.52	PB
27	132	FUTSELAAR Frank	NED	B-race	14	12	29:24.20	SB
28	123	KARSAI Gábor	HUN	B-race	8	13	29:32.89	SB
29	131	JOCIS Ugis	LAT	B-race	13	14	29:48.48	SB
	106	FIFA Ilias	ESP	A-race	5		DNF	
	100	HINTERNDORFER Timo	AUT	B-race	1		DNF	
	2	KIPROTICH Martin (Pacer) (g)	UGA	A-race	19		DNF	
	129	OUHDA Ahmed	ITA	B-race	12		DNF	
	121	FÖRSTER Tom	GER	A-race	14		DNF	
	3	OUTALHA Mohcin (Pacer) (g)	MAR	B-race	17		DNF	
	1	EL GOMRI Othmane (Pacer) (g)	MAR	A-race	18		DNF	

<b>Legend:</b>	Guest	<b>DNF</b>	Did not Finish	<b>PB</b>	Personal Best	<b>SB</b>	Season Best
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**Results**
**Athletes: 23**
**Countries: 5**
**Distance: 10000 m**

Rank	Ctry	Bib	Name	Time	Position	Result
<b>1</b>	<b>France (FRA)</b>	115	GONDOUIN Valentin	<b>27:41.95</b>	<b>2</b>	<b>1:23:30.67</b>
		114	BOUR Felix	<b>27:42.00</b>	<b>3</b>	
		113	BEDARD Simon	<b>28:06.72</b>	<b>6</b>	
		116	GUYON Baptiste	28:09.13	7	
		117	LE PALLEC Florian	29:00.69	21	
<b>2</b>	<b>Belgium (BEL)</b>	102	DEBOGNIES Simon	<b>27:48.40</b>	<b>4</b>	<b>1:24:51.35</b>
		103	DEFLANDRE Clément	<b>28:30.91</b>	<b>12</b>	
		101	BOULVIN Dorian	<b>28:32.04</b>	<b>14</b>	
		104	GRIMARD Guillaume	29:03.25	23	
<b>3</b>	<b>Spain (ESP)</b>	109	MENACHO Eduardo	<b>28:05.33</b>	<b>5</b>	<b>1:24:58.61</b>
		110	PÉREZ Juan Antonio	<b>28:26.39</b>	<b>10</b>	
		111	RAMOS Jesús	<b>28:26.89</b>	<b>11</b>	
		108	LAS HERAS Aarón	28:31.43	13	
		107	HASSAOUS Nassim	28:32.79	16	
		106	FIFA Ilias	DNF		
<b>4</b>	<b>Italy (ITA)</b>	128	GUERRA Francesco	<b>28:23.59</b>	<b>8</b>	<b>1:25:32.32</b>
		127	CHIAPPINELLI Yohanes	<b>28:32.67</b>	<b>15</b>	
		130	URSANO Luca	<b>28:36.06</b>	<b>17</b>	
		126	ALFIERI Luca	28:46.67	20	
		129	OUHDA Ahmed	DNF		
	<b>Germany (GER)</b>	122	VOIGT Nils	28:25.33	9	<b>NM</b>
		120	EHRLE Lukas	28:40.22	19	
		121	FÖRSTER Tom	DNF		