

## TIMETABLE

26-03-27

| Time  | Discipline                        | Round Information |
|-------|-----------------------------------|-------------------|
| 08:30 | 400 m M35                         | 1st (4) 2Q 4q     |
| 08:54 | 400 m M40                         | 1st (5) 2Q 2q     |
| 09:00 | <b>High Jump W65</b>              | I                 |
| 09:00 | <b>Discus Throw W35 (1)</b>       | stadium           |
| 09:00 | <b>Long Jump W80+</b>             |                   |
| 09:00 | <b>Hammer Throw M35 (7.26)</b>    | stadium           |
| 09:00 | <b>High Jump W35</b>              | III               |
| 09:00 | <b>High Jump M60</b>              | II                |
| 09:30 | 400 m M45                         | 1st (5) 2Q 2q     |
| 10:00 | 400 m M50                         | 1st (4) 2Q 4q     |
| 10:00 | <b>Hammer Throw M40 (7.26)</b>    | stadium           |
| 10:05 | <b>High Jump M85+</b>             | III               |
| 10:10 | <b>Discus Throw W40 (1)</b>       | stadium           |
| 10:20 | 400 m M55                         | 1st (4) 2Q 4q     |
| 10:20 | <b>Long Jump W75</b>              |                   |
| 10:45 | <b>High Jump W60</b>              | I                 |
| 10:50 | 400 m M60                         | 1st (5) 2Q 2q     |
| 11:00 | <b>Javelin Throw M90 (400)</b>    | stadium           |
| 11:25 | <b>High Jump M80</b>              | III               |
| 11:26 | 400 m M65                         | 1st (4) 2Q 4q     |
| 11:30 | <b>High Jump M55</b>              | II                |
| 11:30 | <b>Long Jump W70</b>              |                   |
| 11:30 | <b>Weight Throw M45 (15.880)</b>  | stadium           |
| 11:45 | <b>Discus Throw W45 (1)</b>       | stadium           |
| 11:50 | 400 m M70                         | SF (3) 1Q 3q      |
| 11:50 | <b>Javelin Throw M80-85 (400)</b> | stadium           |
| 12:10 | 400 m M75                         | SF (3) 1Q 3q      |
| 12:30 | <b>High Jump W55</b>              | I                 |
| 12:34 | 400 m W35                         | 1st (4) 2Q 4q     |
| 12:40 | <b>High Jump M75</b>              | III               |
| 12:50 | <b>Weight Throw M50 (11.340)</b>  | stadium           |
| 12:58 | 400 m W40                         | 1st (4) 2Q 4q     |
| 13:00 | <b>Long Jump W65</b>              |                   |
| 13:05 | <b>Discus Throw W50 (1)</b>       | stadium           |
| 13:22 | <b>3000 m W65+</b>                | <b>Final</b>      |
| 13:30 | <b>Javelin Throw M75 (500)</b>    | stadium           |
| 13:30 | <b>High Jump M50</b>              | II                |
| 13:50 | <b>3000 m W60</b>                 | <b>Final</b>      |
| 14:00 | <b>High Jump W50</b>              | I                 |
| 14:13 | <b>3000 m W55</b>                 | <b>Final</b>      |
| 14:20 | <b>Discus Throw W55 (1)</b>       | stadium           |
| 14:20 | <b>Weight Throw M55 (11.340)</b>  | stadium           |
| 14:25 | <b>High Jump M70</b>              | III               |

|       |                          |         |         |
|-------|--------------------------|---------|---------|
| 14:35 | 3000 m W50               | Final   |         |
| 14:40 | Long Jump W60            |         |         |
| 14:45 | Javelin Throw M70 (500)  |         | stadium |
| 14:55 | 3000 m W45               | Final   |         |
| 15:10 | 3000 m W40               | Final   |         |
| 15:15 | High Jump M45            |         | II      |
| 15:25 | 3000 m W35               | Final   |         |
| 15:30 | High Jump W45            |         | I       |
| 15:40 | 3000 m M80+              | Final   |         |
| 15:50 | Discus Throw W60 (1)     |         | stadium |
| 16:00 | Weight Throw M60 (9.080) |         | stadium |
| 16:07 | 3000 m M75               | Final   |         |
| 16:20 | Javelin Throw M65 (600)  |         | stadium |
| 16:30 | High Jump M65            |         | III     |
| 16:32 | 3000 m M70               | Final   |         |
| 16:45 | High Jump M40            |         | II      |
| 16:56 | 3000 m M65               | Final   |         |
| 17:00 | High Jump W40            |         | I       |
| 17:18 | 3000 m M60               | Final   |         |
| 17:37 | 3000 m M55               | Final   |         |
| 17:54 | 3000 m M50               | Final A |         |
| 18:11 | 3000 m M50               | Final B |         |
| 18:27 | 3000 m M45               | Final A |         |
| 18:30 | High Jump M35            |         | II      |
| 18:43 | 3000 m M45               | Final B |         |
| 18:59 | 3000 m M40               | Final   |         |
| 19:14 | 3000 m M35               | Final A |         |
| 19:30 | 3000 m M35               | Final B |         |
| 19:45 | 3000 m Walk W70+         | Final   |         |
| 20:25 | 3000 m Walk W65          | Final   |         |
| 20:55 | 3000 m Walk M75          | Final   |         |
| 21:28 | 3000 m Walk M80+         | Final   |         |

## TIMETABLE

| 26-03-28 | Time  | Discipline                       | Round Information |
|----------|-------|----------------------------------|-------------------|
|          | 09:00 | 60 m Hurdles W35                 | 1st (2) 2Q 4q     |
|          | 09:00 | <b>Long Jump M40</b>             |                   |
|          | 09:00 | <b>Discus Throw W65 (1)</b>      | stadium           |
|          | 09:00 | <b>Shot Put M35 (7.26)</b>       |                   |
|          | 09:00 | <b>Weight Throw M75 (7.260)</b>  | stadium           |
|          | 09:11 | 60 m Hurdles W40                 | 1st (2) 2Q 4q     |
|          | 09:32 | 60 m Hurdles W50                 | 1st (2) 2Q 4q     |
|          | 09:47 | 60 m Hurdles W55                 | 1st (2) 2Q 4q     |
|          | 09:58 | 60 m Hurdles W60                 | 1st (2) 2Q 4q     |
|          | 10:15 | <b>Shot Put M40 (7.26)</b>       |                   |
|          | 10:20 | 400 m M35                        | SF (2) 2Q 2q      |
|          | 10:25 | <b>Weight Throw M80+ (5.450)</b> | stadium           |
|          | 10:32 | 400 m M40                        | SF (2) 2Q 2q      |
|          | 10:35 | <b>Discus Throw W70 (1)</b>      | stadium           |
|          | 10:44 | 400 m M45                        | SF (2) 2Q 2q      |
|          | 10:56 | 400 m M50                        | SF (2) 2Q 2q      |
|          | 11:00 | <b>Long Jump W35</b>             |                   |
|          | 11:08 | 400 m M55                        | SF (2) 2Q 2q      |
|          | 11:20 | 400 m M60                        | SF (2) 2Q 2q      |
|          | 11:32 | 400 m M65                        | SF (2) 2Q 2q      |
|          | 11:45 | <b>Shot Put M45 (7.26)</b>       |                   |
|          | 12:00 | <b>Discus Throw W75 (0.75)</b>   | stadium           |
|          | 12:00 | <b>High Jump W70</b>             |                   |
|          | 12:08 | 400 m M80                        | SF (2) 2Q 2q      |
|          | 12:10 | <b>Hammer Throw W35 (4)</b>      | stadium           |
|          | 12:20 | 400 m W35                        | SF (2) 2Q 2q      |
|          | 12:25 | <b>Long Jump W40</b>             |                   |
|          | 12:50 | 400 m W45                        | SF (2) 2Q 2q      |
|          | 13:08 | 400 m W50                        | SF (3) 1Q 3q      |
|          | 13:25 | <b>Shot Put M50 (6)</b>          |                   |
|          | 13:25 | <b>Hammer Throw W40 (4)</b>      | stadium           |
|          | 13:26 | 400 m W55                        | SF (2) 2Q 2q      |
|          | 13:30 | <b>Discus Throw W80+ (0.75)</b>  | stadium           |
|          | 13:44 | 400 m W60                        | SF (3) 1Q 3q      |
|          | 13:45 | <b>High Jump W75+</b>            |                   |
|          | 14:05 | <b>Long Jump W45</b>             |                   |
|          | 14:10 | 400 m W70                        | SF (2) 2Q 2q      |
|          | 14:25 | <b>3000 m Walk W35-40</b>        | <b>Final</b>      |
|          | 14:45 | <b>Hammer Throw W45 (4)</b>      | stadium           |
|          | 14:45 | <b>Javelin Throw W60 (500)</b>   | stadium           |
|          | 14:50 | <b>3000 m Walk W45-50</b>        | <b>Final</b>      |
|          | 15:00 | <b>Shot Put M55 (6)</b>          |                   |
|          | 15:15 | <b>3000 m Walk W55-60</b>        | <b>Final</b>      |

|       |                         |       |         |
|-------|-------------------------|-------|---------|
| 15:20 | Long Jump W50           |       |         |
| 15:45 | 3000 m Walk M35-40      | Final |         |
| 16:00 | Hammer Throw W50 (3)    |       | stadium |
| 16:10 | 3000 m Walk M45         | Final |         |
| 16:10 | Javelin Throw W55 (500) |       | stadium |
| 16:35 | 3000 m Walk M50         | Final |         |
| 16:35 | Shot Put M60 (5)        |       |         |
| 17:05 | 3000 m Walk M55-60      | Final |         |
| 17:05 | Long Jump W55           |       |         |
| 17:35 | 3000 m Walk M65         | Final |         |
| 18:05 | 3000 m Walk M70         | Final |         |
| 18:30 | Shot Put M65 (5)        |       |         |
| 18:35 | 60 m Hurdles W35        | Final |         |
| 18:40 | 60 m Hurdles W40        | Final |         |
| 18:40 | Long Jump M35           |       |         |
| 18:45 | 60 m Hurdles W45        | Final |         |
| 18:50 | 60 m Hurdles W50        | Final |         |
| 18:55 | 60 m Hurdles W55        | Final |         |
| 19:00 | 60 m Hurdles W60        | Final |         |
| 19:05 | 60 m Hurdles W65        | Final |         |
| 19:10 | 60 m Hurdles W70        | Final |         |
| 19:16 | 60 m Hurdles W75        | Final |         |
| 19:22 | 60 m Hurdles W80+       | Final |         |
| 20:00 | Shot Put M70 (4)        |       |         |

## TIMETABLE

| 26-03-29 | Time  | Discipline               | Round Information |
|----------|-------|--------------------------|-------------------|
|          | 08:00 | Long Jump M45            |                   |
|          | 08:00 | Shot Put W35 (4)         |                   |
|          | 08:30 | 60 m M35                 | 1st (6) 2Q 4q     |
|          | 09:00 | Weight Throw W65 (5.450) | stadium           |
|          | 09:00 | Discus Throw M35 (2)     | stadium           |
|          | 09:05 | 60 m M40                 | 1st (8) 2Q 8q     |
|          | 09:10 | Shot Put W40 (4)         |                   |
|          | 09:45 | Long Jump M50            |                   |
|          | 09:50 | 60 m M45                 | 1st (6) 2Q 4q     |
|          | 10:00 | Long Jump M75            | II                |
|          | 10:25 | 60 m M50                 | 1st (6) 2Q 4q     |
|          | 10:30 | Discus Throw M40 (2)     | stadium           |
|          | 10:40 | Shot Put W45 (4)         |                   |
|          | 10:45 | Weight Throw W70 (5.450) | stadium           |
|          | 11:00 | 60 m M55                 | 1st (5) 2Q 6q     |
|          | 11:00 | 5 km M35+                | Final             |
|          | 11:00 | 5 km TEAM M35            | Final             |
|          | 11:00 | 5 km TEAM M40            | Final             |
|          | 11:00 | 5 km TEAM M45            | Final             |
|          | 11:00 | 5 km TEAM M50            | Final             |
|          | 11:00 | 5 km TEAM M55            | Final             |
|          | 11:00 | 5 km TEAM M60            | Final             |
|          | 11:00 | 5 km TEAM M65            | Final             |
|          | 11:00 | 5 km TEAM M70            | Final             |
|          | 11:00 | 5 km TEAM M75            | Final             |
|          | 11:00 | 5 km TEAM M80            | Final             |
|          | 11:05 | 5 km W35+                | Final             |
|          | 11:05 | 5 km TEAM W35            | Final             |
|          | 11:05 | 5 km TEAM W40            | Final             |
|          | 11:05 | 5 km TEAM W45            | Final             |
|          | 11:05 | 5 km TEAM W50            | Final             |
|          | 11:05 | 5 km TEAM W55            | Final             |
|          | 11:05 | 5 km TEAM W60            | Final             |
|          | 11:05 | 5 km TEAM W65            | Final             |
|          | 11:05 | 5 km TEAM W70            | Final             |
|          | 11:05 | 5 km TEAM W75            | Final             |
|          | 11:25 | Long Jump M55            |                   |
|          | 11:30 | 60 m M60                 | 1st (5) 2Q 6q     |
|          | 11:30 | Long Jump M80            | II                |
|          | 12:00 | 60 m M65                 | 1st (4) 2Q 8q     |
|          | 12:00 | Javelin Throw M45 (800)  | stadium           |
|          | 12:05 | Weight Throw W75 (4)     | stadium           |
|          | 12:20 | Shot Put W50 (3)         |                   |

|       |                                 |               |         |
|-------|---------------------------------|---------------|---------|
| 12:25 | 60 m M75                        | SF (3) 2Q 2q  |         |
| 12:40 | <b>Long Jump M85+</b>           |               | II      |
| 12:45 | 60 m W35                        | SF (3) 2Q 2q  |         |
| 13:05 | 60 m W40                        | 1st (5) 2Q 6q |         |
| 13:20 | <b>Javelin Throw M50 (700)</b>  |               | stadium |
| 13:25 | <b>Long Jump M60</b>            |               |         |
| 13:30 | <b>Weight Throw W80+ (4)</b>    |               | stadium |
| 13:35 | 60 m W45                        | 1st (4) 2Q 8q |         |
| 13:40 | <b>Shot Put W55 (3)</b>         |               |         |
| 13:55 | 60 m W50                        | 1st (4) 2Q 8q |         |
| 14:25 | 60 m W55                        | SF (3) 2Q 2q  |         |
| 14:40 | <b>Weight Throw M65 (9.080)</b> |               | stadium |
| 14:45 | <b>Javelin Throw M55 (700)</b>  |               | stadium |
| 14:50 | 60 m W65                        | SF (3) 2Q 2q  |         |
| 15:00 | <b>Long Jump M65</b>            |               |         |
| 15:10 | <b>400 m M35</b>                | <b>Final</b>  |         |
| 15:16 | <b>400 m M40</b>                | <b>Final</b>  |         |
| 15:22 | <b>400 m M45</b>                | <b>Final</b>  |         |
| 15:28 | <b>400 m M50</b>                | <b>Final</b>  |         |
| 15:30 | <b>Shot Put W60 (3)</b>         |               |         |
| 15:34 | <b>400 m M55</b>                | <b>Final</b>  |         |
| 15:40 | <b>400 m M60</b>                | <b>Final</b>  |         |
| 15:46 | <b>400 m M65</b>                | <b>Final</b>  |         |
| 15:52 | <b>400 m M70</b>                | <b>Final</b>  |         |
| 15:58 | <b>400 m M75</b>                | <b>Final</b>  |         |
| 16:04 | <b>400 m M80</b>                | <b>Final</b>  |         |
| 16:10 | <b>400 m M85</b>                | <b>Final</b>  |         |
| 16:15 | <b>Javelin Throw M60 (600)</b>  |               | stadium |
| 16:16 | <b>400 m M90+</b>               | <b>Final</b>  |         |
| 16:22 | <b>400 m W80+</b>               | <b>Final</b>  |         |
| 16:25 | <b>Weight Throw M70 (7.260)</b> |               | stadium |
| 16:28 | <b>400 m W75</b>                | <b>Final</b>  |         |
| 16:34 | <b>400 m W70</b>                | <b>Final</b>  |         |
| 16:40 | <b>400 m W65</b>                | <b>Final</b>  |         |
| 16:46 | <b>400 m W60</b>                | <b>Final</b>  |         |
| 16:50 | <b>Long Jump M70</b>            |               |         |
| 16:52 | <b>400 m W55</b>                | <b>Final</b>  |         |
| 16:58 | <b>400 m W50</b>                | <b>Final</b>  |         |
| 17:04 | <b>400 m W45</b>                | <b>Final</b>  |         |
| 17:10 | <b>400 m W40</b>                | <b>Final</b>  |         |
| 17:10 | <b>Shot Put M75 (4)</b>         |               |         |
| 17:15 | <b>400 m W35</b>                | <b>Final</b>  |         |
| 17:25 | 60 m M35                        | SF (2) 2Q 4q  |         |
| 17:35 | 60 m M40                        | SF (3) 2Q 2q  |         |
| 17:50 | 60 m M45                        | SF (2) 2Q 2q  |         |
| 18:00 | 60 m M50                        | SF (2) 2Q 4q  |         |
| 18:10 | 60 m M55                        | SF (2) 2Q 4q  |         |
| 18:20 | 60 m M60                        | SF (2) 2Q 4q  |         |
| 18:20 | <b>Triple Jump W60</b>          |               |         |
| 18:30 | 60 m M65                        | SF (2) 2Q 4q  |         |
| 18:40 | 60 m M70                        | SF (3) 2Q 2q  |         |
| 18:50 | <b>Shot Put M80 (3)</b>         |               |         |
| 18:55 | 60 m M80                        | SF (2) 2Q 4q  |         |

|       |                          |              |
|-------|--------------------------|--------------|
| 19:05 | 60 m W80                 | SF (2) 2Q 4q |
| 19:15 | 60 m W75                 | SF (2) 2Q 4q |
| 19:25 | 60 m W70                 | SF (3) 2Q 2q |
| 19:40 | 60 m W60                 | SF (2) 2Q 2q |
| 19:40 | <b>Triple Jump W65</b>   |              |
| 19:50 | 60 m W50                 | SF (2) 2Q 4q |
| 20:00 | 60 m W45                 | SF (2) 2Q 4q |
| 20:10 | 60 m W40                 | SF (2) 2Q 4q |
| 20:15 | <b>Shot Put M85+ (3)</b> |              |
| 21:00 | <b>Triple Jump W70+</b>  |              |

## TIMETABLE

26-03-30

| Time  | Discipline                         | Round Information |
|-------|------------------------------------|-------------------|
| 08:00 | <b>Triple Jump M85+</b>            |                   |
| 08:30 | 60 m Hurdles M35 Pentathlon        | Heat 1            |
| 08:30 | <b>Weight Throw W35-40 (9.080)</b> | stadium           |
| 08:30 | <b>Discus Throw M60 (1)</b>        | stadium           |
| 09:00 | 60 m Hurdles M40 Pentathlon        | Heat 1            |
| 09:00 | <b>Shot Put W80+ (2)</b>           |                   |
| 09:00 | <b>Pole Vault W35-40</b>           |                   |
| 09:10 | Long Jump M35 Pentathlon           | Heat 1            |
| 09:15 | 800 m M35                          | 1st (4) 1Q 5q     |
| 09:47 | 800 m M40                          | 1st (3) 2Q 3q     |
| 10:10 | <b>Discus Throw M65 (1)</b>        | stadium           |
| 10:11 | 800 m M45                          | 1st (4) 1Q 5q     |
| 10:15 | Shot Put M35 (7.26) Pentathlon     | Heat 1            |
| 10:20 | <b>Weight Throw W45 (9.080)</b>    | stadium           |
| 10:25 | Long Jump M40 Pentathlon           | Heat 1            |
| 10:43 | 60 m Hurdles M45 Pentathlon        | Heat 1            |
| 11:00 | 800 m M50                          | 1st (4) 1Q 5q     |
| 11:30 | Long Jump M45 Pentathlon           | Heat 1            |
| 11:30 | Shot Put M40 (7.26) Pentathlon     | Heat 1            |
| 11:30 | High Jump M35 Pentathlon           | Heat 1            |
| 11:30 | <b>Weight Throw W50 (7.260)</b>    | I<br>stadium      |
| 11:30 | <b>Pole Vault W45-50</b>           |                   |
| 11:32 | 800 m M55                          | 1st (4) 1Q 5q     |
| 12:00 | <b>Discus Throw M70 (1)</b>        | stadium           |
| 12:02 | 60 m Hurdles M50 Pentathlon        | Heat 1            |
| 12:20 | 800 m M60                          | 1st (5) 1Q 4q     |
| 12:30 | Long Jump M50 Pentathlon           | Heat 1            |
| 12:45 | High Jump M40 Pentathlon           | Heat 1            |
| 12:55 | <b>Weight Throw W55 (7.260)</b>    | II<br>stadium     |
| 13:00 | 60 m Hurdles M55 Pentathlon        | Heat 1            |
| 13:05 | Shot Put M45 (7.26) Pentathlon     | Heat 1            |
| 13:25 | 800 m M65                          | 1st (3) 2Q 3q     |
| 13:35 | <b>Discus Throw M75 (1)</b>        | stadium           |
| 13:49 | 800 m M70                          | 1st (3) 2Q 3q     |
| 14:00 | Long Jump M55 Pentathlon           | Heat 1            |
| 14:00 | <b>Pole Vault W55-60</b>           |                   |
| 14:05 | Shot Put M50 (6) Pentathlon        | Heat 1            |
| 14:13 | 800 m M75                          | 1st (2) 2Q 5q     |
| 14:29 | 800 m M80                          | 1st (2) 2Q 5q     |
| 14:30 | High Jump M45 Pentathlon           | Heat 1            |
| 14:40 | <b>Weight Throw W60 (5.450)</b>    | I<br>stadium      |
| 14:45 | 800 m W60                          | 1st (2) 2Q 5q     |
| 15:00 | 1000 m M35 Pentathlon              | Heat 1            |

|       |                                |                    |                    |
|-------|--------------------------------|--------------------|--------------------|
| 15:00 | <b>Discus Throw M80 (1)</b>    |                    | stadium            |
| 15:10 | <b>Pentathlon M35</b>          | <b>Summary (3)</b> |                    |
| 15:15 | Shot Put M55 (6) Pentathlon    | Heat 1             |                    |
| 15:15 | 1000 m M40 Pentathlon          | Heat 1             |                    |
| 15:15 | Long Jump M55 Pentathlon       | Heat 2             |                    |
| 15:19 | <b>Pentathlon M40</b>          | <b>Summary (3)</b> |                    |
| 15:30 | 800 m W55                      | 1st (3) 2Q 3q      |                    |
| 15:40 | High Jump M50 Pentathlon       | Heat 1             | II                 |
| 15:54 | 800 m W50                      | 1st (2) 2Q 5q      |                    |
| 16:00 | <b>Javelin Throw M35 (800)</b> |                    | stadium            |
| 16:10 | 800 m W45                      | 1st (3) 2Q 3q      |                    |
| 16:10 | <b>Discus Throw M85+ (1)</b>   |                    | stadium            |
| 16:20 | <b>Hammer Throw M50 (6)</b>    |                    | stadium            |
| 16:20 | <b>Triple Jump M60</b>         |                    |                    |
| 16:30 | Shot Put M55 (6) Pentathlon    | Heat 2             |                    |
| 16:34 | 800 m W40                      | 1st (2) 2Q 5q      |                    |
| 17:00 | <b>Pole Vault W65+</b>         |                    |                    |
| 17:05 | <b>60 m W35</b>                | <b>Final</b>       |                    |
| 17:05 | <b>Javelin Throw M40 (800)</b> |                    | stadium            |
| 17:10 | <b>60 m W40</b>                | <b>Final</b>       |                    |
| 17:15 | <b>60 m W45</b>                | <b>Final</b>       |                    |
| 17:20 | <b>60 m W50</b>                | <b>Final</b>       |                    |
| 17:25 | <b>60 m W55</b>                | <b>Final</b>       |                    |
| 17:30 | <b>60 m W60</b>                | <b>Final</b>       |                    |
| 17:35 | <b>60 m W65</b>                | <b>Final</b>       |                    |
| 17:40 | <b>60 m W70</b>                | <b>Final</b>       |                    |
| 17:40 | <b>Hammer Throw M55 (6)</b>    |                    | stadium            |
| 17:45 | <b>60 m W75</b>                | <b>Final</b>       |                    |
| 17:45 | High Jump M55 Pentathlon       | Heat 2             | Gr.1 (I) Gr.2 (II) |
| 17:45 | <b>Shot Put W75 (2)</b>        |                    |                    |
| 17:50 | <b>60 m W80</b>                | <b>Final</b>       |                    |
| 17:50 | <b>Hammer Throw M45 (7.26)</b> |                    | stadium            |
| 17:55 | <b>60 m W85+</b>               | <b>Final</b>       |                    |
| 18:00 | 1000 m M45 Pentathlon          | Heat 1             |                    |
| 18:00 | <b>Triple Jump M65</b>         |                    |                    |
| 18:12 | <b>Pentathlon M45</b>          | <b>Summary (3)</b> |                    |
| 18:20 | 1000 m M50 Pentathlon          | Heat 1             |                    |
| 18:30 | High Jump M55 Pentathlon       | Heat 1             | Gr.1 (I) Gr.2 (II) |
| 18:32 | <b>Pentathlon M50</b>          | <b>Summary (3)</b> |                    |
| 18:40 | <b>60 m M90+</b>               | <b>Final</b>       |                    |
| 18:45 | <b>60 m M85</b>                | <b>Final</b>       |                    |
| 18:50 | <b>60 m M80</b>                | <b>Final</b>       |                    |
| 18:55 | <b>60 m M75</b>                | <b>Final</b>       |                    |
| 19:00 | <b>60 m M70</b>                | <b>Final</b>       |                    |
| 19:05 | <b>60 m M65</b>                | <b>Final</b>       |                    |
| 19:10 | <b>60 m M60</b>                | <b>Final</b>       |                    |
| 19:10 | <b>Shot Put W70 (3)</b>        |                    |                    |
| 19:15 | <b>60 m M55</b>                | <b>Final</b>       |                    |
| 19:20 | <b>60 m M50</b>                | <b>Final</b>       |                    |
| 19:25 | <b>60 m M45</b>                | <b>Final</b>       |                    |
| 19:30 | <b>60 m M40</b>                | <b>Final</b>       |                    |
| 19:35 | <b>60 m M35</b>                | <b>Final</b>       |                    |
| 19:45 | 1000 m M55 Pentathlon          | Heat 1             |                    |

19:55 Triple Jump M70  
19:57 Pentathlon M55  
20:30 Shot Put W65 (3)  
21:05 Triple Jump M75-80

Summary (3)

## TIMETABLE

| 26-03-31 | Time  | Discipline                          | Round Information |         |
|----------|-------|-------------------------------------|-------------------|---------|
|          | 08:00 | 200 m W35                           | 1st (4) 2Q 4q     |         |
|          | 08:20 | 60 m Hurdles M80-85 Pentathlon      | Heat 1 (1)        |         |
|          | 08:25 | 200 m W40                           | 1st (6) 2Q 6q     |         |
|          | 08:45 | Long Jump M80-85 Pentathlon         | GROUP 1 (1)       |         |
|          | 08:57 | <b>Javelin Throw W65 (500)</b>      |                   | stadium |
|          | 09:00 | 60 m Hurdles M75 Pentathlon         | Heat 1            |         |
|          | 09:00 | <b>Weight Throw M35-40 (15.880)</b> |                   | stadium |
|          | 09:00 | <b>Pole Vault M35</b>               |                   |         |
|          | 09:05 | 200 m W45                           | 1st (4) 2Q 4q     |         |
|          | 09:28 | Long Jump M75 Pentathlon            | Heat 1            |         |
|          | 09:29 | Shot Put M80-85 (3) Pentathlon      | GROUP 1 (1)       |         |
|          | 09:30 | 200 m W50                           | 1st (4) 2Q 4q     |         |
|          | 10:00 | 60 m Hurdles M70 Pentathlon         | Heat 1            |         |
|          | 10:00 | <b>5 km Race Walk W35-50</b>        | <b>Final</b>      |         |
|          | 10:00 | <b>5 km Walk TEAM W35</b>           | <b>Final</b>      |         |
|          | 10:00 | <b>5 km Walk TEAM W40</b>           | <b>Final</b>      |         |
|          | 10:00 | <b>5 km Walk TEAM W45</b>           | <b>Final</b>      |         |
|          | 10:00 | <b>5 km Walk TEAM W50</b>           | <b>Final</b>      |         |
|          | 10:15 | 200 m W55                           | 1st (5) 2Q 2q     |         |
|          | 10:15 | Shot Put M75 (4) Pentathlon         | Heat 1            |         |
|          | 10:18 | <b>Javelin Throw W70 (500)</b>      |                   | stadium |
|          | 10:30 | 200 m W60                           | SF (3) 1Q 3q      |         |
|          | 10:35 | Long Jump M70 Pentathlon            | Heat 1            |         |
|          | 10:35 | High Jump M80-85 Pentathlon         | GROUP 1 (1)       | I       |
|          | 10:40 | <b>5 km Race Walk W55+</b>          | <b>Final</b>      |         |
|          | 10:40 | <b>5 km Walk TEAM W55</b>           | <b>Final</b>      |         |
|          | 10:40 | <b>5 km Walk TEAM W60</b>           | <b>Final</b>      |         |
|          | 10:40 | <b>5 km Walk TEAM W65</b>           | <b>Final</b>      |         |
|          | 10:40 | <b>5 km Walk TEAM W70</b>           | <b>Final</b>      |         |
|          | 10:40 | <b>5 km Walk TEAM W75</b>           | <b>Final</b>      |         |
|          | 10:40 | <b>5 km Walk TEAM W80</b>           | <b>Final</b>      |         |
|          | 10:45 | <b>Hammer Throw M60 (5)</b>         |                   | stadium |
|          | 10:50 | 200 m M70                           | 1st (5) 2Q 2q     |         |
|          | 11:20 | 200 m M75                           | SF (3) 1Q 3q      |         |
|          | 11:30 | <b>Javelin Throw W75 (400)</b>      |                   | stadium |
|          | 11:35 | High Jump M75 Pentathlon            | Heat 1            | II      |
|          | 11:39 | Shot Put M70 (4) Pentathlon         | Heat 1            |         |
|          | 11:40 | 60 m Hurdles M65 Pentathlon         | Heat 1            |         |
|          | 11:40 | <b>5 km Race Walk M35-50</b>        | <b>Final</b>      |         |
|          | 11:40 | <b>5 km Walk TEAM M35</b>           | <b>Final</b>      |         |
|          | 11:40 | <b>5 km Walk TEAM M40</b>           | <b>Final</b>      |         |
|          | 11:40 | <b>5 km Walk TEAM M45</b>           | <b>Final</b>      |         |
|          | 11:40 | <b>5 km Walk TEAM M50</b>           | <b>Final</b>      |         |

|       |                                 |                    |                    |
|-------|---------------------------------|--------------------|--------------------|
| 11:53 | <b>Pole Vault M40</b>           |                    |                    |
| 12:00 | <b>Discus Throw M45 (2)</b>     |                    | stadium            |
| 12:05 | 200 m M65                       | 1st (7) 2Q 4q      |                    |
| 12:10 | Long Jump M65 Pentathlon        | Heat 1             |                    |
| 12:10 | <b>Hammer Throw M70 (4)</b>     |                    | stadium            |
| 12:15 | <b>5 km Race Walk M55-65</b>    | <b>Final</b>       |                    |
| 12:15 | <b>5 km Walk TEAM M55</b>       | <b>Final</b>       |                    |
| 12:15 | <b>5 km Walk TEAM M60</b>       | <b>Final</b>       |                    |
| 12:15 | <b>5 km Walk TEAM M65</b>       | <b>Final</b>       |                    |
| 12:26 | <b>Javelin Throw W80+ (400)</b> |                    | stadium            |
| 12:50 | 200 m M60                       | 1st (9) 1Q 9q      |                    |
| 12:56 | Shot Put M65 (5) Pentathlon     | Heat 1             |                    |
| 13:00 | <b>5 km Race Walk M70+</b>      | <b>Final</b>       |                    |
| 13:00 | <b>5 km Walk TEAM M70</b>       | <b>Final</b>       |                    |
| 13:00 | <b>5 km Walk TEAM M75</b>       | <b>Final</b>       |                    |
| 13:00 | <b>5 km Walk TEAM M80</b>       | <b>Final</b>       |                    |
| 13:10 | High Jump M70 Pentathlon        | Heat 1             | I                  |
| 13:18 | Long Jump M65 Pentathlon        | Heat 2             |                    |
| 13:35 | <b>Discus Throw M50 (1.5)</b>   |                    | stadium            |
| 13:40 | <b>Hammer Throw M65 (5)</b>     |                    | stadium            |
| 13:45 | 60 m Hurdles M60 Pentathlon     | Heat 1             |                    |
| 13:46 | <b>Pole Vault M45</b>           |                    |                    |
| 14:06 | Shot Put M65 (5) Pentathlon     | Heat 2             |                    |
| 14:10 | 1000 m M80-85 Pentathlon        | Heat 1 (1)         |                    |
| 14:15 | <b>Pentathlon M80-85</b>        | <b>Summary (3)</b> |                    |
| 14:20 | 1000 m M75 Pentathlon           | Heat 1             |                    |
| 14:22 | Long Jump M60 Pentathlon        | Heat 1             |                    |
| 14:24 | High Jump M65 Pentathlon        | Heat 1             | Gr.1 (II) Gr.2 (I) |
| 14:25 | <b>Pentathlon M75</b>           | <b>Summary (3)</b> |                    |
| 14:30 | 200 m M55                       | 1st (8) 2Q 2q      |                    |
| 15:15 | Long Jump M60 Pentathlon        | Heat 2             |                    |
| 15:16 | High Jump M65 Pentathlon        | Heat 2             | Gr.1 (II) Gr.2 (I) |
| 15:20 | 200 m M50                       | 1st (8) 2Q 2q      |                    |
| 15:23 | <b>Discus Throw M55 (1.5)</b>   |                    | stadium            |
| 15:24 | Shot Put M60 (5) Pentathlon     | Heat 1             |                    |
| 15:30 | <b>Hammer Throw M75 (4)</b>     |                    | stadium            |
| 16:05 | 200 m M45                       | 1st (7) 2Q 4q      |                    |
| 16:10 | <b>Pole Vault M50</b>           |                    |                    |
| 16:22 | <b>Triple Jump W35 W45</b>      |                    |                    |
| 16:28 | Shot Put M60 (5) Pentathlon     | Heat 2             |                    |
| 16:34 | High Jump M60 Pentathlon        | Heat 1             | Gr.1 (II) Gr.2 (I) |
| 16:50 | 1000 m M70 Pentathlon           | Heat 1             |                    |
| 16:57 | <b>Pentathlon M70</b>           | <b>Summary (3)</b> |                    |
| 17:00 | 200 m M40                       | 1st (8) 2Q 2q      |                    |
| 17:00 | <b>Hammer Throw M80 (3)</b>     |                    | stadium            |
| 17:07 | <b>Hammer Throw M85+ (3)</b>    |                    | stadium            |
| 17:45 | 1000 m M65 Pentathlon           | Heat 1             |                    |
| 17:45 | High Jump M60 Pentathlon        | Heat 2             | Gr.1 (II) Gr.2 (I) |
| 17:57 | <b>Pentathlon M65</b>           | <b>Summary (3)</b> |                    |
| 18:00 | 200 m M35                       | 1st (8) 2Q 2q      |                    |
| 18:00 | <b>Triple Jump W40</b>          |                    |                    |
| 18:45 | 200 m W35                       | SF (2) 2Q 2q       |                    |
| 18:55 | 200 m W40                       | SF (3) 1Q 3q       |                    |

|       |                           |                    |
|-------|---------------------------|--------------------|
| 19:10 | 200 m W45                 | SF (2) 2Q 2q       |
| 19:20 | 200 m W50                 | SF (2) 1Q 4q       |
| 19:30 | 200 m W55                 | SF (2) 2Q 2q       |
| 19:30 | <b>Triple Jump W50-55</b> |                    |
| 19:40 | 1000 m M60 Pentathlon     | Heat 1             |
| 19:52 | <b>Pentathlon M60</b>     | <b>Summary (3)</b> |
| 20:05 | 200 m W65                 | SF (3) 1Q 3q       |
| 20:20 | 200 m W70                 | SF (3) 1Q 3q       |
| 20:35 | 200 m W75                 | SF (2) 2Q 2q       |
| 20:45 | <b>800 m W80+</b>         | <b>Final</b>       |
| 20:52 | <b>800 m W75</b>          | <b>Final</b>       |
| 20:59 | <b>800 m W70</b>          | <b>Final</b>       |
| 21:06 | <b>800 m W65</b>          | <b>Final</b>       |
| 21:13 | <b>800 m W60</b>          | <b>Final</b>       |
| 21:20 | <b>800 m W55</b>          | <b>Final</b>       |
| 21:27 | <b>800 m W50</b>          | <b>Final</b>       |
| 21:34 | <b>800 m W45</b>          | <b>Final</b>       |
| 21:41 | <b>800 m W40</b>          | <b>Final</b>       |
| 21:48 | <b>800 m W35</b>          | <b>Final</b>       |
| 21:55 | <b>800 m M85+</b>         | <b>Final</b>       |
| 22:02 | <b>800 m M80</b>          | <b>Final</b>       |
| 22:09 | <b>800 m M75</b>          | <b>Final</b>       |
| 22:16 | <b>800 m M70</b>          | <b>Final</b>       |
| 22:23 | <b>800 m M65</b>          | <b>Final</b>       |
| 22:30 | <b>800 m M60</b>          | <b>Final</b>       |
| 22:37 | <b>800 m M55</b>          | <b>Final</b>       |
| 22:44 | <b>800 m M50</b>          | <b>Final</b>       |
| 22:51 | <b>800 m M45</b>          | <b>Final</b>       |
| 22:58 | <b>800 m M40</b>          | <b>Final</b>       |
| 23:05 | <b>800 m M35</b>          | <b>Final</b>       |

## TIMETABLE

| 26-04-01 | Time  | Discipline                        | Round Information |
|----------|-------|-----------------------------------|-------------------|
|          | 08:15 | 60 m Hurdles W70+ Pentathlon      | Heat 1 (2)        |
|          | 08:25 | 60 m Hurdles W60-65 Pentathlon    | Heat 1 (2)        |
|          | 08:36 | 60 m Hurdles M70                  | 1st (2) 2Q 4q     |
|          | 08:47 | 60 m Hurdles M65                  | 1st (2) 2Q 4q     |
|          | 08:50 | High Jump W70+ Pentathlon         | GROUP 1 (1) I     |
|          | 09:00 | <b>6 km Cross M/W 70+</b>         | <b>Final</b>      |
|          | 09:00 | High Jump W60-65 Pentathlon       | GROUP 1 (1) II    |
|          | 09:00 | <b>Hammer Throw W55 (3)</b>       | stadium           |
|          | 09:00 | <b>Javelin Throw W50 (500)</b>    | stadium           |
|          | 09:00 | <b>Triple Jump M45</b>            |                   |
|          | 09:00 | <b>Pole Vault M55</b>             |                   |
|          | 09:02 | 60 m Hurdles M60                  | 1st (2) 3Q 2q     |
|          | 09:18 | 60 m Hurdles M55                  | 1st (2) 3Q 2q     |
|          | 09:33 | 60 m Hurdles M50                  | 1st (2) 2Q 4q     |
|          | 09:43 | 60 m Hurdles M45                  | 1st (2) 2Q 4q     |
|          | 09:53 | 60 m Hurdles M40                  | 1st (2) 2Q 4q     |
|          | 10:10 | <b>8 km Cross W55-65</b>          | <b>Final</b>      |
|          | 10:14 | 60 m Hurdles W55 Pentathlon       | Heat 1            |
|          | 10:15 | <b>Triple Jump M40</b>            |                   |
|          | 10:20 | <b>Javelin Throw W45 (600)</b>    | stadium           |
|          | 10:24 | 200 m M85                         | SF (2) 2Q 2q      |
|          | 10:30 | Shot Put W70+ (3/2) Pentathlon    | GROUP 1 (1)       |
|          | 10:34 | 200 m M80                         | SF (2) 2Q 2q      |
|          | 10:44 | 60 m Hurdles W50 Pentathlon       | Heat 1 (2)        |
|          | 10:45 | High Jump W55 Pentathlon          | Heat 1 I          |
|          | 10:45 | <b>Hammer Throw W60 (3)</b>       | stadium           |
|          | 10:55 | <b>8 km Cross W35-50</b>          | <b>Final</b>      |
|          | 11:14 | 200 m M70                         | SF (2) 2Q 2q      |
|          | 11:20 | Shot Put W60-65 (3) Pentathlon    | GROUP 1 (1)       |
|          | 11:20 | High Jump W50 Pentathlon          | GROUP 1 (1) II    |
|          | 11:29 | 200 m M65                         | SF (3) 1Q 3q      |
|          | 11:40 | Long Jump W70+ Pentathlon         | GROUP 1 (1)       |
|          | 11:40 | <b>Javelin Throw W35-40 (600)</b> | stadium           |
|          | 11:44 | 60 m Hurdles W40-45 Pentathlon    | Heat 1 (2)        |
|          | 11:45 | <b>8 km Cross M60-65</b>          | <b>Final</b>      |
|          | 12:00 | 200 m M60                         | SF (3) 1Q 3q      |
|          | 12:00 | <b>Pole Vault M60</b>             |                   |
|          | 12:15 | 200 m M55                         | SF (3) 1Q 3q      |
|          | 12:20 | Shot Put W55 (3) Pentathlon       | Heat 1            |
|          | 12:30 | 200 m M50                         | SF (3) 1Q 3q      |
|          | 12:30 | High Jump W40-45 Pentathlon       | GROUP 1 (1) I     |
|          | 12:30 | <b>8 km Cross M50-55</b>          | <b>Final</b>      |
|          | 12:30 | <b>Hammer Throw W65 (3)</b>       | stadium           |

|       |                                |                    |         |
|-------|--------------------------------|--------------------|---------|
| 12:35 | Long Jump W60-65 Pentathlon    | GROUP 1 (1)        |         |
| 12:45 | 200 m M45                      | SF (3) 1Q 3q       |         |
| 13:00 | 200 m M40                      | SF (3) 1Q 3q       |         |
| 13:15 | 200 m M35                      | SF (3) 1Q 3q       |         |
| 13:15 | <b>8 km Cross M35-45</b>       | <b>Final</b>       |         |
| 13:30 | 800 m W70+ Pentathlon          | Heat 1 (1)         |         |
| 13:30 | Long Jump W55 Pentathlon       | Heat 1             |         |
| 13:34 | <b>Pentathlon W70+</b>         | <b>Summary (3)</b> |         |
| 13:38 | 800 m W60-65 Pentathlon        | Heat 1 (1)         |         |
| 13:40 | Shot Put W50 (3) Pentathlon    | GROUP 1 (1)        |         |
| 13:42 | <b>Pentathlon W60-65</b>       | <b>Summary (3)</b> |         |
| 13:46 | 1500 m M35                     | 1st (2) 2Q 8q      |         |
| 14:00 | <b>Pole Vault M65</b>          |                    |         |
| 14:10 | 1500 m M40                     | 1st (2) 2Q 8q      |         |
| 14:15 | <b>Hammer Throw W70 (3)</b>    |                    | stadium |
| 14:26 | 60 m Hurdles W35 Pentathlon    | Heat 1             |         |
| 14:36 | 800 m W55 Pentathlon           | Heat 1             |         |
| 14:40 | <b>Pentathlon W55</b>          | <b>Summary (3)</b> |         |
| 14:52 | 1500 m M45                     | 1st (2) 2Q 8q      |         |
| 15:00 | Shot Put W40-45 (4) Pentathlon | GROUP 1 (1)        |         |
| 15:00 | High Jump W35 Pentathlon       | Heat 1             | II      |
| 15:05 | Long Jump W50 Pentathlon       | GROUP 1 (1)        |         |
| 15:08 | 1500 m M50                     | 1st (2) 2Q 8q      |         |
| 15:32 | 1500 m M55                     | 1st (2) 2Q 8q      |         |
| 15:45 | <b>Hammer Throw W75 (2)</b>    |                    | stadium |
| 15:59 | 1500 m M60                     | 1st (2) 2Q 8q      |         |
| 16:25 | Long Jump W40-45 Pentathlon    | GROUP 1 (1)        |         |
| 16:26 | 1500 m M65                     | 1st (2) 2Q 8q      |         |
| 16:30 | Shot Put W35 (4) Pentathlon    | Heat 1             |         |
| 16:30 | <b>Pole Vault M70</b>          |                    |         |
| 17:00 | <b>60 m Hurdles M70</b>        | <b>Final</b>       |         |
| 17:10 | <b>60 m Hurdles M65</b>        | <b>Final</b>       |         |
| 17:10 | <b>Hammer Throw W80+ (2)</b>   |                    | stadium |
| 17:20 | <b>60 m Hurdles M60</b>        | <b>Final</b>       |         |
| 17:27 | 800 m W50 Pentathlon           | Heat 1 (1)         |         |
| 17:28 | <b>Pentathlon W50</b>          | <b>Summary (3)</b> |         |
| 17:30 | <b>60 m Hurdles M55</b>        | <b>Final</b>       |         |
| 17:40 | <b>60 m Hurdles M50</b>        | <b>Final</b>       |         |
| 17:50 | <b>60 m Hurdles M45</b>        | <b>Final</b>       |         |
| 18:00 | <b>60 m Hurdles M40</b>        | <b>Final</b>       |         |
| 18:10 | <b>60 m Hurdles M35</b>        | <b>Final</b>       |         |
| 18:15 | Long Jump W35 Pentathlon       | Heat 1             |         |
| 18:27 | 800 m W40-45 Pentathlon        | Heat 1 (2)         |         |
| 18:34 | <b>Pentathlon W40-45</b>       | <b>Summary (3)</b> |         |
| 18:43 | <b>200 m W35</b>               | <b>Final</b>       |         |
| 18:48 | <b>200 m W40</b>               | <b>Final</b>       |         |
| 18:53 | <b>200 m W45</b>               | <b>Final</b>       |         |
| 18:58 | <b>200 m W50</b>               | <b>Final</b>       |         |
| 19:03 | <b>200 m W55</b>               | <b>Final</b>       |         |
| 19:08 | <b>200 m W60</b>               | <b>Final</b>       |         |
| 19:13 | <b>200 m W65</b>               | <b>Final</b>       |         |
| 19:15 | <b>Triple Jump M35</b>         |                    |         |
| 19:18 | <b>200 m W70</b>               | <b>Final</b>       |         |

|       |                      |             |
|-------|----------------------|-------------|
| 19:23 | 200 m W75            | Final       |
| 19:28 | 200 m W80            | Final       |
| 19:33 | 200 m W85            | Final       |
| 19:38 | 800 m W35 Pentathlon | Heat 1      |
| 19:42 | Pentathlon W35       | Summary (3) |
| 19:46 | 200 m M95            | Final       |
| 19:51 | 200 m M90            | Final       |
| 19:56 | 200 m M85            | Final       |
| 20:01 | 200 m M80            | Final       |
| 20:06 | 200 m M75            | Final       |
| 20:11 | 200 m M70            | Final       |
| 20:16 | 200 m M65            | Final       |
| 20:21 | 200 m M60            | Final       |
| 20:26 | 200 m M55            | Final       |
| 20:31 | 200 m M50            | Final       |
| 20:36 | 200 m M45            | Final       |
| 20:41 | 200 m M40            | Final       |
| 20:46 | 200 m M35            | Final       |
| 20:51 | 60 m Hurdles M85+    | Final       |
| 20:56 | 60 m Hurdles M80     | Final       |
| 21:01 | 60 m Hurdles M75     | Final       |

## TIMETABLE

26-04-02

| Time  | Discipline             | Round Information |
|-------|------------------------|-------------------|
| 09:00 | 4x200 m Relay M80      | Heat 1 (1)        |
| 09:00 | <b>Triple Jump M50</b> |                   |
| 09:00 | <b>Pole Vault M75</b>  |                   |
| 09:20 | 4x200 m Relay M75      | Heat 1 (1)        |
| 09:30 | 4x200 m Relay W75      | Heat 1 (1)        |
| 09:40 | 4x200 m Relay M70      | Heat 1 (1)        |
| 09:50 | 4x200 m Relay W70      | Heat 1 (1)        |
| 10:00 | 4x200 m Relay M65      | Heat 1 (1)        |
| 10:10 | 4x200 m Relay W65      | Heat 1 (1)        |
| 10:20 | 4x200 m Relay M60      | Heat 1 (2)        |
| 10:30 | 4x200 m Relay W60      | Heat 1 (1)        |
| 10:30 | <b>Triple Jump M55</b> |                   |
| 10:40 | 4x200 m Relay M55      | Heat 1 (2)        |
| 10:50 | 4x200 m Relay W55      | Heat 1 (2)        |
| 11:00 | 4x200 m Relay M50      | Heat 1 (1)        |
| 11:00 | <b>Pole Vault M80+</b> |                   |
| 11:10 | 4x200 m Relay W50      | Heat 1 (2)        |
| 11:20 | 4x200 m Relay M45      | Heat 1 (1)        |
| 11:30 | 4x200 m Relay W45      | Heat 1 (1)        |
| 11:40 | 4x200 m Relay M40      | Heat 1 (2)        |
| 11:50 | 4x200 m Relay W40      | Heat 1 (2)        |
| 12:00 | 4x200 m Relay M35      | Heat 1 (2)        |
| 12:10 | 4x200 m Relay W35      | Heat 1 (1)        |
| 12:20 | <b>1500 m W70+</b>     | <b>Final</b>      |
| 12:30 | <b>1500 m W65</b>      | <b>Final</b>      |
| 12:40 | <b>1500 m W60</b>      | <b>Final</b>      |
| 12:50 | <b>1500 m W55</b>      | <b>Final</b>      |
| 13:00 | <b>1500 m W50</b>      | <b>Final</b>      |
| 13:10 | <b>1500 m W45</b>      | <b>Final</b>      |
| 13:19 | <b>1500 m W40</b>      | <b>Final</b>      |
| 13:28 | <b>1500 m W35</b>      | <b>Final</b>      |
| 13:37 | <b>1500 m M80+</b>     | <b>Final</b>      |
| 13:47 | <b>1500 m M75</b>      | <b>Final</b>      |
| 13:57 | <b>1500 m M70</b>      | <b>Final</b>      |
| 14:07 | <b>1500 m M65</b>      | <b>Final</b>      |
| 14:16 | <b>1500 m M60</b>      | <b>Final</b>      |
| 14:25 | <b>1500 m M55</b>      | <b>Final</b>      |
| 14:34 | <b>1500 m M50</b>      | <b>Final</b>      |
| 14:42 | <b>1500 m M45</b>      | <b>Final</b>      |
| 14:50 | <b>1500 m M40</b>      | <b>Final</b>      |
| 14:58 | <b>1500 m M35</b>      | <b>Final</b>      |
| 15:30 | 4x200 m MIX Relay X80  | Heat 1 (1)        |
| 15:40 | 4x200 m MIX Relay X75  | Heat 1 (1)        |

|       |                       |            |
|-------|-----------------------|------------|
| 15:50 | 4x200 m MIX Relay X70 | Heat 1 (1) |
| 16:00 | 4x200 m MIX Relay X65 | Heat 1 (1) |
| 16:10 | 4x200 m MIX Relay X60 | Heat 1 (2) |
| 16:20 | 4x200 m MIX Relay X55 | Heat 1 (2) |
| 16:30 | 4x200 m MIX Relay X50 | Heat 1 (2) |
| 16:40 | 4x200 m MIX Relay X45 | Heat 1 (2) |
| 16:49 | 4x200 m MIX Relay X40 | Heat 1 (2) |
| 16:58 | 4x200 m MIX Relay X35 | Heat 1 (2) |

# Campeonato de Europa de Short Track Master

Torun (POL) - 27 de marzo al 2 de abril de 2026

## Medallero

| Rk       | País   |              |  |  |  | Total      | Nº       |
|----------|--|--------------|---|---|---|------------|----------|
| 1        |  Alemania       | (GER)        | 119   | 91  | 86  | 296        | 1        |
| 2        |  Reino Unido    | (GBR)        | 80  | 54  | 55  | 189        | 3        |
| 3        |  Polonia        | (POL)        | 70  | 79  | 73  | 222        | 2        |
| 4        |  Suecia         | (SWE)        | 40  | 19  | 21  | 80         | 6        |
| 5        |  Francia        | (FRA)        | 36  | 31  | 27  | 94         | 5        |
| <b>6</b> |  <b>España</b>  | <b>(ESP)</b> | <b>32</b>   | <b>48</b>   | <b>41</b>   | <b>121</b> | <b>4</b> |
| 7        |  Irlanda        | (IRL)        | 22  | 33  | 22  | 77         | 8        |
| 8        |  Finlandia      | (FIN)        | 21  | 28  | 26  | 75         | 9        |
| 9        |  Italia        | (ITA)        | 21  | 24  | 33  | 78         | 7        |
| 10       |  Letonia      | (LAT)        | 19  | 10  | 9   | 38         | 11       |
| 11       |  Países Bajos | (NED)        | 15  | 8   | 11  | 34         | 12       |
| 12       |  Dinamarca    | (DEN)        | 13  | 11  | 10  | 34         | 12       |
| 13       |  Noruega      | (NOR)        | 12  | 12  | 8   | 32         | 14       |
| 14       |  Rep. Checa   | (CZE)        | 10  | 15  | 16  | 41         | 10       |
| 15       |  Estonia      | (EST)        | 10  | 6   | 3   | 19         | 17       |
| 16       |  Grecia       | (GRE)        | 9   | 2   | 2   | 13         | 20       |
| 17       |  Ucrania      | (UKR)        | 6   | 11  | 5   | 22         | 15       |
| 18       |  Austria      | (AUT)        | 6   | 7   | 5   | 18         | 18       |
| 19       |  Bélgica      | (BEL)        | 5   | 9   | 8   | 22         | 15       |
| 20       |  Lituania     | (LTU)        | 4   | 6   | 6   | 16         | 19       |
| 21       |  Rumanía      | (ROU)        | 4   | 3   | 2   | 9          | 24       |
| 22       |  Eslovaquia   | (SVK)        | 3   | 7   | 2   | 12         | 22       |
| 23       |  Portugal     | (POR)        | 3   | 4   | 3   | 10         | 23       |
| 24       |  Hungría      | (HUN)        | 3   | 2   | 3   | 8          | 25       |
| 25       |  Suiza        | (SUI)        | 2   | 2   | 4   | 8          | 25       |
| 26       |  Luxemburgo   | (LUX)        | 2   | 1   | 1   | 4          | 28       |
| 27       |  Eslovenia    | (SLO)        | 1   | 3   | 9   | 13         | 20       |
| 28       |  Bulgaria     | (BUL)        | 1   | 1   | 0   | 2          | 29       |
| 29       |  Serbia       | (SRB)        | 1   | 0   | 1   | 2          | 29       |
| 30       |  Israel       | (ISR)        | 1   | 0   | 0   | 1          | 32       |
| 31       |  Turquía      | (TUR)        | 0   | 4   | 2   | 6          | 27       |
| 32       |  Islandia     | (ISL)        | 0   | 1   | 1   | 2          | 29       |



# Campeonato de Europa de Short Track Master

Torun (POL) - 27 de marzo al 2 de abril de 2026

## MEDALLISTAS ESPAÑOLES

|    |          |     |          |                                  |            |            |                                  |            |    |
|----|----------|-----|----------|----------------------------------|------------|------------|----------------------------------|------------|----|
| 1ª | Triple   | F45 | 10,90    | BEATRIZ ARIAS PAZ                | 21/2/1980  | M639       | E.A. Majadahonda                 | 31/03/2026 |    |
| 1ª | Cross    | F45 | 31:12    | ELISA HERNANDEZ ASENSIO          | 23/5/1977  | SO3306     | Ibercaja Capiscol                | 01/04/2026 |    |
| 1ª | Cross    | F50 | 32:27    | ARANCHA TEJERO TEJADAS           | 1/6/1972   | AR5088     | Dawako Athletics C.D.            | 01/04/2026 |    |
| 1ª | 60 m v.  | F50 | 9.59     | ANGELA LOPEZ MARTI               | 14/10/1975 | IB14404    | Cecome Menorca Atletisme         | 28/03/2026 | RE |
| 1ª | 400 m    | F55 | 1:04.03  | ESTHER COLAS ROMAN               | 7/5/1967   | M1119      | Track Cross Road Team            | 29/03/2026 |    |
| 1ª | 200 m    | F60 | 28.79    | SILVIA CORTES TORRES             | 24/12/1962 | CAT3850572 | CA Badalona                      | 01/04/2026 |    |
| 1ª | 5 km     | F65 | 22:44    | JANE WICKHAM ESSERY              | 21/3/1961  | TF3887340  | CEA Tenerife 1984                | 29/03/2026 |    |
| 1º | 60 m v.  | M35 | 8.17     | MANUEL DIAZ BRITO                | 9/6/1988   | TF3852     | EAMJ Playas de Jandia            | 01/04/2026 |    |
| 1º | 1500 m   | M40 | 4:05.75  | PABLO MUÑOZ CABALLERO            | 23/10/1981 | M320       | Real Sociedad                    | 02/04/2026 |    |
| 1º | 800 m    | M45 | 1:58.45  | RAMON BORENTE GONZALEZ           | 9/8/1978   | CO2191     | Trotasierra Hornachuelos         | 31/03/2026 |    |
| 1º | 3000 m M | M45 | 12:19.12 | JUAN MANUEL MORALES DEL CASTILLO | 28/12/1979 | GA9245     | Marineda Atletico                | 28/03/2026 |    |
| 1º | 5 km M   | M45 | 21:50    | JUAN MANUEL MORALES DEL CASTILLO | 28/12/1979 | GA9245     | Marineda Atletico                | 31/03/2026 |    |
| 1º | 800 m    | M50 | 2:02.78  | ANTONIO FRANCO RAIMONDEZ         | 14/2/1974  | M2402      | Trueke Run                       | 31/03/2026 |    |
| 1º | 1500 m   | M50 | 4:11.38  | ANTONIO FRANCO RAIMONDEZ         | 14/2/1974  | M2402      | Trueke Run                       | 02/04/2026 |    |
| 1º | 60 m     | M50 | 7.29     | SERGIO MARQUETA IBISATE          | 10/11/1974 | BI3756682  | Atletico Getxo                   | 30/03/2026 |    |
| 1º | 60 m v.  | M50 | 8.76     | JUAN JOSE ROYO ESPALLARGAS       | 27/10/1973 | AR2118     | Atletismo Zuera                  | 01/04/2026 | RE |
| 1º | 3000 m   | M55 | 9:22.99  | MARC TORT MORENO                 | 11/3/1971  | CT21053    | CA Mollet                        | 27/03/2026 |    |
| 1º | 3000 m M | M60 | 14:37.06 | MIGUEL PERIAÑEZ GARCIA           | 2/11/1962  | EX5246     | CAPEX                            | 28/03/2026 |    |
| 1º | 5 km M   | M60 | 25:03    | MIGUEL PERIAÑEZ GARCIA           | 2/11/1962  | EX5246     | CAPEX                            | 31/03/2026 |    |
| 1º | 400 m    | M70 | 1:02.80  | JUAN MANUEL EXPOSITO SOLER       | 6/9/1954   | S8891      | Atlético Laredo - Camping Laredo | 29/03/2026 | RE |
| 1º | 200 m    | M70 | 27.03    | JUAN MANUEL EXPOSITO SOLER       | 6/9/1954   | S8891      | Atlético Laredo - Camping Laredo | 01/04/2026 |    |
| 1º | 60 m     | M70 | 8.30     | JUAN CARLOS RODRIGUEZ DIAZ       | 8/10/1954  | M418       | A. A. Moratalaz                  | 30/03/2026 |    |
| 1º | 800 m    | M90 | 3:34.22  | MANUEL ALONSO DOMINGO            | 21/3/1936  | M576       | Track Cross Road Team            | 31/03/2026 | WR |
| 1º | 1500 m   | M90 | 7:00.81  | MANUEL ALONSO DOMINGO            | 21/3/1936  | M576       | Track Cross Road Team            | 02/04/2026 | WR |
| 2ª | 1500 m   | F35 | 5:35.62  | RUTH LEON CASADO                 | 1/8/1987   | M20485     | Trueke Run                       | 02/04/2026 |    |
| 2ª | 800 m    | F40 | 2:19.14  | MARTA DIEZ MANZANO               | 4/5/1982   | AS3848982  | Ciudad de Lugones                | 31/03/2026 |    |
| 2ª | Longitud | F45 | 4,68     | SARA LAZARO ALONSO               | 1/10/1979  | M15843     | Track Cross Road Team            | 28/03/2026 |    |
| 2ª | Cross    | F45 | 31:27    | ANA BELEN BERNALTE INCERTIS      | 2/10/1978  | CR2031     | Union Atletica CUA               | 01/04/2026 |    |

|    |           |     |          |  |            |            |                          |            |    |
|----|-----------|-----|----------|--|------------|------------|--------------------------|------------|----|
| 2ª | Altura    | F50 | 1,40     | AIDA LOPEZ HERAS                       | 7/11/1974  | CU125      | Atletismo Cuenca         | 27/03/2026 |    |
| 2ª | 5 km      | F50 | 17:56    | ARANCHA TEJERO TEJADAS                 | 1/6/1972   | AR5088     | Dawako Athletics C.D.    | 29/03/2026 | RE |
| 2ª | 200 m     | F55 | 27.38    | SILVIA ISABEL VALLEJO JIMENEZ          | 8/2/1971   | M28056     | Track Cross Road Team    | 01/04/2026 |    |
| 2ª | 60 m      | F55 | 8.41     | SILVIA ISABEL VALLEJO JIMENEZ          | 8/2/1971   | M28056     | Track Cross Road Team    | 30/03/2026 |    |
| 2ª | 3000 m M  | F60 | 17:45.54 | ANTONIA ROYO FABREGAT                  | 9/9/1964   | CT27087    | CA Tarragona             | 28/03/2026 |    |
| 2ª | 60 m      | F60 | 8.99     | SILVIA CORTES TORRES                   | 24/12/1962 | CAT3850572 | CA Badalona              | 30/03/2026 |    |
| 2ª | Pentatlón | F65 | 3.923    | MARIA ROSA ESCRIBANO CHECA             | 29/12/1958 | CT465      | Dawako Athletics C.D.    | 01/04/2026 |    |
| 2ª | 800 m     | F65 | 2:50.40  | INMACULADA RUIZ TERAN                  | 14/12/1960 | BI52611    | Sopelanako Munarri       | 31/03/2026 |    |
| 2ª | 200 m     | F65 | 30.03    | VALVANERA GURIDI EZQUERRO              | 12/3/1959  | LO6434     | Durango Kirol Taldea     | 01/04/2026 | RE |
| 2ª | Cross     | F65 | 39:56    | JANE WICKHAM ESSERY                    | 21/3/1961  | TF3887340  | CEA Tenerife 1984        | 01/04/2026 |    |
| 2ª | 1500 m    | F65 | 5:33.23  | INMACULADA RUIZ TERAN                  | 14/12/1960 | BI52611    | Sopelanako Munarri       | 02/04/2026 | RE |
| 2ª | Disco     | F70 | 27,02    | MERCE RIBELLES BUXADERAS               | 16/5/1953  | CT1474     | CE Universitari          | 28/03/2026 |    |
| 2ª | 60 m      | F65 | 9.16     | CONCEPCIO MINGUELLA PLANAS             | 10/1/1961  | CAT3837611 | Barcelona At.            | 30/03/2026 |    |
| 2º | 5 km      | M35 | 15:11    | IGNACIO GARCIA RAMON                   | 4/3/1990   | LO6956     | ADAS CUPA                | 29/03/2026 |    |
| 2º | 200 m     | M35 | 21.95    | SERGIO RODRIGUEZ TEIXEIRA              | 16/9/1990  | GA19654    | S.G. Pontevedra          | 01/04/2026 |    |
| 2º | 60 m      | M35 | 7.10     | IMANOL GIL FERNANDEZ                   | 28/12/1988 | SS20694    | Super Amara BAT          | 30/03/2026 |    |
| 2º | Triple    | M40 | 13,69    | ALBERTO MUÑOZ PEÑAS                    | 27/4/1982  | M30212     | Cronos Villaviciosa      | 01/04/2026 |    |
| 2º | 800 m     | M40 | 1:56.25  | PABLO MUÑOZ CABALLERO                  | 23/10/1981 | M320       | Real Sociedad            | 31/03/2026 |    |
| 2º | 400 m     | M40 | 50.76    | UDOMSINACHI ONYEMACHI ERETE UMECHURUBA | 5/5/1985   | CAT3905231 | Atletico Getxo           | 29/03/2026 |    |
| 2º | 3000 m M  | M45 | 13:46.48 | VICTOR MANUEL CASTRO MATEO             | 7/12/1980  | BI508      | Atmo. Portugalete        | 28/03/2026 |    |
| 2º | 1500 m    | M45 | 4:08.36  | RAMON BORENTE GONZALEZ                 | 9/8/1978   | CO2191     | Trotasierra Hornachuelos | 02/04/2026 |    |
| 2º | 3000 m    | M45 | 9:01.15  | ROBERTO SOTOMAYOR MENENDEZ             | 16/12/1977 | M1179      | Canguro A.A.C.           | 27/03/2026 |    |
| 2º | 800 m     | M50 | 2:03.71  | FRANCISCO JAVIER ANDRADE CHACON        | 11/1/1975  | CR2081     | CA Saturno Daimiel       | 31/03/2026 |    |
| 2º | 200 m     | M50 | 23.29    | SERGIO MARQUETA IBISATE                | 10/11/1974 | BI3756682  | Atletico Getxo           | 01/04/2026 |    |
| 2º | 5 km M    | M50 | 23:33    | JUAN RUBEN PIÑERA ALVAREZ              | 25/7/1975  | O748       | Independiente            | 31/03/2026 |    |
| 2º | 60 m      | M50 | 7.30     | JONATAN OROZCO MORENO                  | 24/10/1975 | M551       | EAMJ Playas de Jandia    | 30/03/2026 |    |
| 2º | Longitud  | M55 | 5,83     | JAUME VILA MASSAGUE                    | 6/5/1969   | CT28387    | CA Granollers            | 29/03/2026 |    |
| 2º | 5 km      | M55 | 16:10    | MARC TORT MORENO                       | 11/3/1971  | CT21053    | CA Mollet                | 29/03/2026 |    |
| 2º | Cross     | M55 | 30:11    | JUAN PRIETO MARTIN                     | 21/1/1967  | M750       | Ajalkala                 | 01/04/2026 |    |
| 2º | 3000 m    | M55 | 9:24.03  | ALBERTO GARCIA FERNANDEZ               | 22/2/1971  | M3908889   | Track Cross Road Team    | 27/03/2026 |    |
| 2º | Pentatlón | M55 |          | DONATO RAMIREZ GARCIA                  | 9/5/1969   | M1569      | Canguro A.A.C.           | 30/03/2026 |    |
| 2º | Triple    | M60 | 11,42    | JUAN PALMA HERAS                       | 11/9/1964  | EX4290     | Atletismo Mitreo         | 30/03/2026 |    |
| 2º | Cross     | M60 | 30:51    | ANGEL LEBRERO SUAREZ                   | 28/2/1965  | M1223      | SS. Reyes - CC. Menorca  | 01/04/2026 |    |
| 2º | 60 m v.   | M70 | 10.92    | AGUSTIN MARTIN HERNÁNDEZ               | 27/3/1956  | AL5954     | UA Almeria               | 01/04/2026 | RE |
| 2º | 200 m     | M70 | 27.32    | JUAN CARLOS RODRIGUEZ DIAZ             | 8/10/1954  | M418       | A. A. Moratalaz          | 01/04/2026 |    |
| 2º | 5 km M    | M85 | 43:12    | FRANCISCO JAVIER GONZALEZ MARTIN       | 30/1/1937  | M1299      | Atletismo Artyneon       | 31/03/2026 |    |
| 3ª | 800 m     | F35 | 2:14.75  | RUTH LEON CASADO                       | 1/8/1987   | M20485     | Trueke Run               | 31/03/2026 |    |
| 3ª | Pesado    | F40 | 11,88    | VANESA PILAR GIL RESANO                | 28/8/1981  | AR430      | Alcampo Scorpio 71       | 30/03/2026 |    |
| 3ª | Martillo  | F40 | 41,49    | VANESA PILAR GIL RESANO                | 28/8/1981  | AR430      | Alcampo Scorpio 71       | 28/03/2026 |    |

|    |           |     |          |  |            |            |                               |            |    |
|----|-----------|-----|----------|--|------------|------------|-------------------------------|------------|----|
| 3ª | 3000 m    | F40 | 10:25.88 | LAURA CEBOLLADA MARTINEZ                 | 3/6/1982   | CAT3897227 | UA Barberà                    | 27/03/2026 |    |
| 3ª | Altura    | F45 | 1,35     | MONICA VICENTE DURAN                     | 21/6/1977  | CT1682     | Pratenc AA                    | 27/03/2026 |    |
| 3ª | Longitud  | F45 | 4,64     | MONICA VICENTE DURAN                     | 21/6/1977  | CT1682     | Pratenc AA                    | 28/03/2026 |    |
| 3ª | 3000 m    | F45 | 10:35.82 | ANA BELEN BERNALTE INCERTIS              | 2/10/1978  | CR2031     | Union Atletica CUA            | 27/03/2026 |    |
| 3ª | 200 m     | F45 | 28.14    | MARÍA MESÍAS VÁZQUEZ                     | 16/4/1977  | GA152      | Riazor Coruña                 | 01/04/2026 |    |
| 3ª | Altura    | F50 | 1,40     | PAT VIDAL MARTI                          | 26/5/1972  | CAT3701210 | Barcelona At.                 | 27/03/2026 |    |
| 3ª | Pentatlón | F50 | 3.562    | AIDA LOPEZ HERAS                         | 7/11/1974  | CU125      | Atletismo Cuenca              | 01/04/2026 |    |
| 3ª | 400 m     | F55 | 1:06.58  | MARIA DEL CARMEN PEREZ MUÑOZ             | 24/8/1968  | SE8761     | CD Hispanos Coria             | 29/03/2026 |    |
| 3ª | 5 km      | F55 | 19:03    | SONIA DE LA CALLE GOMEZ                  | 3/1/1971   | SG3929820  | C.A.J. Blume                  | 29/03/2026 |    |
| 3ª | 200 m     | F55 | 27.80    | ESTHER COLAS ROMAN                       | 7/5/1967   | M1119      | Track Cross Road Team         | 01/04/2026 |    |
| 3ª | Triple    | F65 | 8,69     | MARIA ROSA ESCRIBANO CHECA               | 29/12/1958 | CT465      | Dawako Athletics C.D.         | 29/03/2026 |    |
| 3ª | 1500 m    | F65 | 6:42.98  | AURORA PEREZ GUTIERREZ                   | 10/11/1957 | M1714      | Running Pinto Seoane - Pampin | 02/04/2026 |    |
| 3ª | 3000 m    | F70 | 13:30.64 | TERESA VEGAS VILARRUBIA                  | 29/8/1955  | CT20801    | JA Sabadell                   | 27/03/2026 |    |
| 3ª | 60 m      | F80 | 12.05    | BLANCA MIRET NAGORE                      | 1/1/1944   | M15046     | E.A. Majadahonda              | 30/03/2026 | RE |
| 3ª | Pentatlón | M40 | 3.253    | JORGE SANCHEZ SIMON                      | 13/1/1982  | A11385     | C.A.Puerto Torrevieja         | 30/03/2026 |    |
| 3º | Peso      | M35 | 14,68    | JORGE GRAS TIRADO                        | 28/2/1988  | M3239      | CAPEX                         | 28/03/2026 |    |
| 3º | 800 m     | M35 | 1:56.76  | DANIEL CANO LOPEZ                        | 20/12/1989 | V24746     | Atletisme Dianium             | 31/03/2026 |    |
| 3º | Cross     | M35 | 26:28    | IGNACIO GARCIA RAMON                     | 4/3/1990   | LO6956     | ADAS CUPA                     | 01/04/2026 |    |
| 3º | 800 m     | M40 | 1:57.54  | LUIS MIGUEL GARCIA ZARZA                 | 14/1/1986  | SE7609     | Trotasierra Hornachuelos      | 31/03/2026 |    |
| 3º | 5 km      | M40 | 15:16    | MARCOS PEON AZCANO                       | 11/1/1983  | AS3863002  | Universidad Oviedo            | 29/03/2026 |    |
| 3º | Pértiga   | M45 | 3,90     | GASPAR MATEU CARCELLER                   | 4/8/1977   | CS5351     | Dawako Athletics C.D.         | 31/03/2026 |    |
| 3º | Triple    | M45 | 13,75    | OVIDIU CIURILA                           | 7/4/1978   | AR255      | Alcampo Scorpio 71            | 01/04/2026 |    |
| 3º | 5 km M    | M45 | 23:55    | VICTOR MANUEL CASTRO MATEO               | 7/12/1980  | BI508      | Atmo. Portugalete             | 31/03/2026 |    |
| 3º | Peso      | M50 | 14,68    | ALFONSO ROMAN GOTA                       | 14/7/1972  | M3054      | Ajalkala                      | 28/03/2026 |    |
| 3º | 3000 m M  | M55 | 15:33.93 | ISMAEL MIRON GAMERO                      | 25/9/1968  | VA8364     | Racing Valladolid             | 28/03/2026 |    |
| 3º | 800 m     | M55 | 2:11.33  | MIGUEL ANGEL BALAGUE RUBIO               | 6/9/1970   | CAT3918961 | C.A.Puerto Torrevieja         | 31/03/2026 |    |
| 3º | 200 m     | M55 | 24.77    | LUIS MIGUEL ARROYO SANCHEZ               | 31/12/1970 | M487       | Track Cross Road Team         | 01/04/2026 |    |
| 3º | 5 km M    | M55 | 26:24    | ISMAEL MIRON GAMERO                      | 25/9/1968  | VA8364     | Racing Valladolid             | 31/03/2026 |    |
| 3º | 1500 m    | M55 | 4:18.69  | MARC TORT MORENO                         | 11/3/1971  | CT21053    | CA Mollet                     | 02/04/2026 | RE |
| 3º | 3000 m    | M55 | 9:28.16  | MIGUEL ANGEL BALAGUE RUBIO               | 6/9/1970   | CAT3918961 | C.A.Puerto Torrevieja         | 27/03/2026 |    |
| 3º | 3000 m    | M60 | 10:21.48 | ANGEL LEBRERO SUAREZ                     | 28/2/1965  | M1223      | SS. Reyes - CC. Menorca       | 27/03/2026 |    |
| 3º | 800 m     | M60 | 2:12.04  | JOSE ANTONIO MAYORAL LLORENTE            | 18/5/1965  | AR3551     | Atletismo Zuera               | 31/03/2026 |    |
| 1ª | Cross     | F45 |          | ESPAÑA (Hernández, Bernalte, Tejero)     |            |            |                               | 01/04/2026 |    |
| 1ª | Cross     | M55 |          | ESPAÑA (Prieto, De Torres, Merchán)      |            |            |                               | 01/04/2026 |    |
| 1º | 5 km      | M35 |          | ESPAÑA (Gª Ramón, Ben Dohhou, Araujo)    |            |            |                               | 29/03/2026 |    |
| 1º | 4x200 m   | M35 | 1:31.33  | ESPAÑA (Rodríguez, Carmona, Díaz, Gil)   |            |            |                               | 02/04/2026 |    |
| 1º | 4x200 m   | M40 | 1:32.84  | ESPAÑA (Gómez, Erete, Dali, Ballesteros) |            |            |                               | 02/04/2026 | RE |
| 1º | 5 km M    | M45 |          | ESPAÑA (Morales, Castro, Cervelló)       |            |            |                               | 31/03/2026 |    |
| 1º | 5 km      | M55 |          | ESPAÑA (Tort, De Torres, Prieto)         |            |            |                               | 29/03/2026 |    |

|    |         |     |         |   |            |    |
|----|---------|-----|---------|---|------------|----|
| 1º | 4x200 m | X55 | 1:46.08 | ESPAÑA (Vallejo, Colás, Míguez, Arroyo)         | 02/04/2026 | WR |
| 2ª | 5 km    | F35 |         | ESPAÑA (Tejero, Muñoz, Boullón)                 | 29/03/2026 |    |
| 2ª | 5 km    | F45 |         | ESPAÑA (Hernández, Bernalte, Borget)            | 29/03/2026 |    |
| 2ª | 4x200 m | F45 | 1:55.03 | ESPAÑA (López, Mesías, Ruz, Vázquez)            | 02/04/2026 |    |
| 2ª | 4x200 m | F55 | 1:55.23 | ESPAÑA (Vallejo, Pérez, Fernández, Colás)       | 02/04/2026 | RE |
| 2º | 4x200 m | M50 | 1:37.70 | ESPAÑA (Marqueta, Orozco, Castiella, Arroyo)    | 02/04/2026 |    |
| 2º | 5 km    | M60 |         | ESPAÑA (Lebrero, Ibáñez, Romera)                | 29/03/2026 |    |
| 2º | Cross   | M70 |         | ESPAÑA (Fervenza, Oltra, Fernández)             | 01/04/2026 |    |
| 2º | 5 km    | M70 |         | ESPAÑA (Fervenza, Oltra, Fernández)             | 29/03/2026 |    |
| 3ª | 5 km    | F50 |         | ESPAÑA (Wickham, Ruiz, Ordás)                   | 29/03/2026 |    |
| 3º | Cross   | F35 |         | ESPAÑA (Alcazar, Muñoz, Rodríguez)              | 01/04/2026 |    |
| 3º | Cross   | M40 |         | ESPAÑA (Allueva, Serra, Ruiz)                   | 01/04/2026 |    |
| 3º | 4x200 m | M55 | 1:43.30 | ESPAÑA (Míguez, Martínez, Jalón, Ramírez )      | 02/04/2026 | RE |
| 3º | 4x200 m | X60 | 1:57.23 | ESPAÑA (Cortés, Gibaja, Jaramillo, Santamaría)  | 02/04/2026 | RE |
| 3º | 4x200 m | X65 | 2:03.91 | ESPAÑA (Doncel, Minguella, Expósito, Rodríguez) | 02/04/2026 | RE |